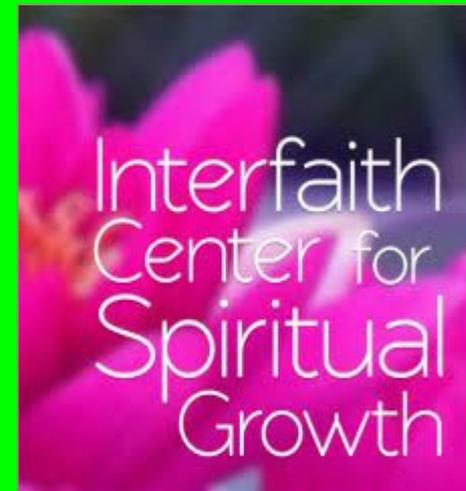




INTERFAITH INSPIRER
WE SHALL SURVIVE EDITION #12
AUGUST 2022



Contents:

Page two: Ministerial Miscellaneous

Page three: Order of services

Page four and five: Peggy's column

Page six: :Caring Committee announcement

Page seven: Board

Page eight: Youthful Spirits page

PLEASE NOTE: YOUTH ED WILL NOW BE HYBRID! HEIDE WILL BE AT THE CENTER, WHILE KELLIE WILL BE ON ZOOM. CHILDREN CAN JOIN ON ZOOM OR IN PERSON. WE HAVE CUTE MASKS FOR THEM!

NO LONGER A PANDEMIC VERSION, BUT HEY, IT WORKS!

MINISTERIAL MISCELLANEOUS BY ANNIE KOPKO

Please just listen.

We are all full of wisdom. How do we get access to our brilliant deeper mind? How do we learn everything from this wisdom to bring ourselves to a place of peace and satisfaction? How can we use our wisdom to create our best health?

Actually, it is very simple, not easy, but simple. Sit and listen. We might be amazed. We may not choose to take many opportunities to do this in our busy days, so we end up snatching a few moments here and there. But, really, don't you think it is a good idea to listen when God talks to us? When we intend to listen with awareness, all kinds of ideas will open up from that Higher Self within who loves us so deeply and who really never stops talking to us. So, whenever we listen, there is the voice, full of love and blessings. It comes to us and through us in many forms: our work, our play, & our communication with others.

Can we listen to our inner being and speak at the same time? Yes, of course. Actually, we do this all the time without being aware of it.

My intention, for this month, will be to listen for "that still small voice from within" and watch how life can open up in interesting ways.

Speaking of interesting ways of being, join us for the next Cafe 704 on August 13th, 2022, 7-9pm with singer and songwriter Matt Watroba. If attending in person please sign up at <https://rsvp.church/r/pl4u8kl2> and pay at the door; if attending via the Zoom livestream purchase your ticket at <https://interfaithspirit.org/events/cafe-704-coffeehouse/>. Tickets are \$10. More details are on the website.

Many Blessings, Annie



SUNDAY CELEBRATION SERVICES FOR AUGUST 2022



August 8

Service Leader: Annie Kopko

Speaker: Janet Somalinog, "Going Back In"

Meditation: TBA

Reader: Peggy Lubahn

Music: Matt Watroba (Café 704 Promo)

August 14

Service Leader: Janet Somalinog

Speaker: Imam Kanau Ajubbi: "The Light Embedded in Sacrifice"

Meditation: Bob Hopkins

Reader: Randall Counts

Music: Craig Brann

August 21

Service Leader: Dave Bell

Speaker: Brett Koon: "Healing Through Adversity"

Meditation: Janet Fry

Reader TBA

Music: Katie Geddes

August 28

Service Leader: Delyth Balmer

Speaker: Rev. Dwight Wilson: "The Way Home"

Meditation: TBA

Reader: TBA

Music: Julie Beutel

PEGGY'S COLUMN

AUTHOR BIO

Peggy River Singer is a Lightworker, animal communicator, medium, faerie ally, Reiki practitioner, and lifelong writer. She combines her gifts to help create harmonious relationships among all who share the Earth. Connect by phone at **734-548-0194**; and by email at newbluecanoe@aol.com. Articles about her experiences and insights are posted on her blog, angelsfairiesandlife.wordpress.com.

STEEL STALLIONS: JETS OVERHEAD and in my heart!

Remember the chariot race in Ben Hur? The part where Hur's white stallions and Messala's black stallions are pounding down the track at full speed, holding nothing back? All the laps they've already run have been a warm-up; and now neither of those teams cares about the director or the heat or the noise or the camera trucks any more, this is THEIR moment and THEIR race and by god they're going to WIN and no power on earth can stop them until they reach that finish line ahead of the other team. Got it? Okay, keep reading.

This experience took place in 2017. The Blue Angels arrived at Willow Run Airport on Wednesday afternoon (August 30), and had time to make some practice runs getting ready for the Thunder Over Michigan show that weekend. The surrounding trees usually blocked me and my neighbors from seeing the jets, but we sure knew where they were!

On Thursday they started practicing in the morning and flew until late afternoon. They need to fly low for many of their routines, and one of their flight paths takes them across Ford Lake (and my apartment), and back again. Every single thunderous passage, of every single jet, SOUNDED like it was RIGHT OVERHEAD, and FELT like an earthquake. At least, that's what it was like for my very sensitive system.

When I got up Friday morning, my nerves were already stretched tight. Once the flights started, my whole body twanged and reverberated to the pressure of the noise and vibrations. Now, I've lived in this area for over twenty years, so Air Shows are nothing new; but I've never FELT so overpowered by these crushingly relentless energies.

Anyway, by 10 am I decided to get away from it all and go to some yard sales. But the jets and other aircraft fly such extensive patterns that everywhere I went, I saw and heard and FELT them pass by. By 4 p.m. I was a wreck! I actually thought about going out of town for the rest of the long weekend to get some peace and quiet; but my stubborn side refused to be driven out of my own home.

So I took several flower essences. Gradually started to feel better. Did some Reiki. Got an idea. I'd had a nice conversation with the plane that carried me to Florida a few years ago; so why not talk to the jets about my situation?

PEGGY'S COLUMN CONTINUED

Here's where the chariot race comes in: the Blue Angel aircraft are like those stallions: bred to perform and to WANT to win. Even though the jets aren't running a race, they care deeply about what they do, and how well they do it.

The next time they roared overhead, I stretched out my arms and called out to them...

"My friends, I feel your pride, your fierce joy as you gallop across the skies and perform amazing routines. I love what you do, and what you represent, and the important job you are responsible for.

"So, I am asking you for some help. If there is any way you can safely reduce the amount of noise and vibration we experience here on the ground, thousands of us would be grateful!

"From my heart to your hearts, to all the instruments and nuts and bolts and other elements that make up your physical selves, and to your human partners --- I send great love and thanks for considering this request."

I also asked a Most Benevolent Outcome for my intention to help my body systems adjust to the noise and commotion and vibrations, so that I would merely hear the fly-overs. By dinner time, I felt calmer and more myself.

The next day was Saturday and as I headed out to an estate sale, the Angels flew right over my car in formation (what a coincidence!), and I cheered them on. Later, back at home, I realized that I was barely noticing the jets or the other aircraft that were performing (using the same flight paths over Ford Lake, of course). What a wonderful difference!

Sunday was the last day of the air show, and we could hear the jets all around. I sat on a picnic table and thanked them for being so gallant and kind. I said I would miss them and their fiery energy, and hoped we would meet again. Five minutes later, the whole team flew low toward Ford Lake in exactly the one bit of open sky where I would see them clearly for about 7 seconds.

PRICELESS!!!

Note: The Most Benevolent Outcomes system was developed by Tom T. Moore and empowers individuals to easily make positive changes in their lives and the world around them. For details, visit his website: thegentlewaybook.com.

EXCITING CARING COMMITTEE ANNOUNCEMENT

ANNOUNCING A NEW SERVICE FROM THE CARING COMMITTEE!

The ICSG Caring Committee is excited to announce a new “sub-committee” called **Reaching Out with Reiki!** At our April meeting, Peggy Lubahn suggested offering distant Reiki to ICSG members in need, and approval was unanimous! A team of Interfaith members who are certified Reiki practitioners is now available to help support this new venture.

What is Reiki?

Reiki (Ray-Kee) is a Japanese technique for stress reduction and relaxation that also promotes healing. Reiki energy is **soothing and supportive**. It encourages you to let go of tension, anxiety, fear, and other not-helpful feelings.

What conditions can be treated with Reiki?

Reiki has a **positive effect** on all kinds of ailments and negative conditions and can also help with major life changes, illness, injury, grief and more.

What about Covid concerns?

There's no need for in-person visits! Reiki has been proven to be equally effective when it's sent remotely -- this is called “distant Reiki”.

What will a Reiki treatment cost?

There will be no charge for treatments. Donations to the Caring Committee will be appreciated, but are not required.

Who do I call if I have more questions, or to set up a session?

Peggy will be our coordinator; her phone number is **734-548-0294**.

Board of Trustees

Board meetings are held on **Zoom** the **3rd Sunday** of each month from 1:00 to 3:00 p.m. unless otherwise announced. The meetings are open for all to attend and community input is greatly appreciated.. You may communicate with the board by email at board@interfaithspirit.org .

Marice Clark and Claire Groshens, co-chairs

Vicki Davinich, secretary

John Lang

Laurie Knerr

Janet Somaliog

Paulette Stenzel

Youthful Spirits

We are so excited to be able to meet in person again! To make it easier for those who cannot make it to the Center, we are doing our get-togethers hybrid-style, however, the hands-on activities and togetherness are so much more wonderful when we are gathered in the same room vs on a screen!

Lyric and Marius were the first ones to return in person, it was wonderful to hug them!!! They helped put the 20 backpacks together for the AlphaHouse kids. We would really like to have a group of kids help with the delivery 2nd or 3rd Sunday in August!

Be sure to check out, like, and follow our new facebook page! Thank you, Kellie, for creating it!

<https://www.facebook.com/Interfaith-Youthful-Spirits-112206131542010>

