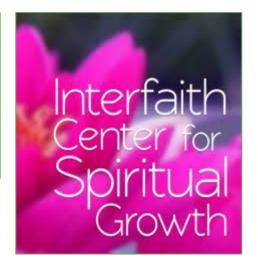


INTERFAITH INSPIRER WE SHALL SURVIVE EDITION #11 JULY 2022



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PLEASE NOTE: YOUTH ED WILL NOW BE HYBRID! HEIDE WILL BE AT THE CENTER, WHILE KELLIE WILL BE ON ZOOM. CHILDREN CAN JOIN ON ZOOM OR IN PERSON. WE HAVE CUTE MASKS FOR THEM!

STILL A PANDEMIC VETZSION ...

MINISTERIAL MISCELLANEOUS BY ANNIE KOPKO

Just For Today

Today I have been reading through and recycling copies of my seminary studies and other papers from the past: From Deepak Chopra comes a book, "Seven Spiritual Laws for Parents". Number 4 "Don't say no - go with the flow" Today is the day of Least Effort" This idea is a good one for me, at any time, but especially now with all the extra stuff to get rid of around my house, and trying to find the time to do it and take care of my work and my sanity at the same time. I think I get on a seriously narrow path of what I will do and what I won't do, and forget to relax and make a game of life tasks, like watering my little garden and caring for my cats, finding wild herbs to add to my salad and doing some laundry. That should be fun, right?

So, for today let's remember we are living fairly peacefully on a big watery blue ball spinning through endless space faster than we can imagine, and we are not even at risk of falling off. There will always be very difficult things happening and there will always be ways that our infinite creativity can solve problems, but mostly there are always ways to keep a balance in our minds and hearts. It takes willingness, imagination, and awareness. And this is what I choose for today.

Please join us for an exciting Cafe 704 with David Moser on July 9th at 7PM-9PM. Be sure to sign up on the website, if attending in person (and pay at the door), or purchase your ticket on line if you plan to join on Zoom.

Sending Blessings and Wishes for Peaceful Choices, Annie



SUNDAY CELEBRATION SERVICES FOR JULY 2022



July 3

Service Leader:

OPEN MIC - Topic-"Freedom" "

Music: David Mosher (Café 704 Promo)

Reader: TBA Meditation: TBA

<u>July 10</u>

Service Leader:

Speaker Speaker Rev. Holly Makimaa - "Embodied

Spirituality"

Music: Dan Bilich

Reader: TBA
Meditation: TBA

J<u>une 17</u>

Service leader:

Speaker Rev. Michael Dowd - Topic TBA

Music: TBA Reader: TBA Meditation:TBA

July 24

Service leader:

Speaker Rev. David Bell -"From Prison to Palace, the Magic of Spiritual

Surrender"

Music: Jeanne Adwani (Poetry)

Reading: TBA
Meditation: TBA

July 31

Service Leader:

Speaker: Rev. Annie Kopko - Topic TBA Music: Huron Valley Harmonics-HVH

Reader: TBA

Meditation: TBA

PEGGY'S COLUMN

AUTHOR BIO

Peggy River Singer is a Lightworker, animal communicator, medium, faerie ally, Reiki practitioner, and lifelong writer. She combines her gifts to help create harmonious relationships among all who share the Earth. Connect by phone at **734-548-0194**; and by email at *newbluecanoe@aol.com*. Articles about her experiences and insights are posted on her blog, *angelsfairiesandlife.wordpress.com*.

"ELDER" TALKS ABOUT THE LIVES OF WORM-KIND By Peggy River Singer

Elder: I am here. How may I be of service?

Peggy: Humans have been fascinated with your people since the beginning. Even though you seem so common and familiar, I feel that we could learn a great deal from you. So, today I ask if you will share some of your history and wisdom that we probably DON'T know about, to the greater good of all. At the very least, I hope that those who read our words will feel more respect and compassion for your folk.

Elder: [approval] This is worthy, and I/We shall share. We were among the first groups of beings to be called to this planet by Creator. We had many forms and abilities that helped us to form soil, you see. We are capable of mutating quickly in order to address specific needs, and we are also capable of reproducing quickly. These qualities allowed us to do our work of soil-building very efficiently. Understand, please, that many millions of years passed as we worked faithfully at our initial task.

We are capable of very long lives. However, since we were also created to serve as food for others, many of us die before reaching "old age". To us, the body is a convenient form that allows us to express ourselves physically as Worm-kind. When we are about to be killed, we slip out of the body in such a way that we feel no pain or harm. It is an easy matter to find another suitable body to inhabit, if we wish to.

We share with humans – and many other species – an eternal identity of selfness; not quite what you humans call a soul, which has spiritual connotations which do not apply to us. Because of this arrangement, we can experience billions of lifetimes without diminishing our memories and learnings. I could, for example, tell you how it felt to dwell in the soil under the inconceivable weight of a glacier; and how joyous my people were when that heaviness melted away and we could move upward as the soils warmed.

You are wondering whether we know in advance what natural events will take place on this world. Because of our intimate connections with the planet, we ARE aware of the building of energies that precedes an earthquake or hurricane, as examples. We can also connect with Worm-kind in other parts of the world, a network of consciousness that reaches other locations instantly.

PEGGY'S COLUMN CONTINUED

You would like to ask about our emotional lives. I would describe them as a steady, constant state of "feeling positive" most of the time. We do not normally feel anger, hatred or negativity in any of its forms.

As for our society, we live in a communal structure of shared equality, where each has a voice. There is very little strife of any kind.

Many of us spend time in contemplation, deep in the quiet sacredness of the earth we serve.

Like all living things, we sing to the earth, the sky, the stars, and each other. Our songs can be heard by those who are sensitive to such high frequencies.

We honor humankind's presence, without judgement.

We continue to evolve to meet the constant changes around this planet.

It is time to let go of [end] this talking.

Peggy: Thank you, I'm very grateful.

EXCITING CARING COMMITTEE ANNOUNCEMENT

ANNOUNCING A NEW SERVICE FROM THE CARING COMMITTEE!

The ICSG Caring Committee is excited to announce a new "sub-committee" called **Reaching Out with Reiki**! At our April meeting, Peggy Lubahn suggested offering distant Reiki to ICSG members in need, and approval was unanimous! A team of Interfaith members who are certified Reiki practitioners is now available to help support this new venture.

What is Reiki?

Reiki (Ray-Kee) is a Japanese technique for stress reduction and relaxation that also promotes healing. Reiki energy is **soothing and supportive.** It encourages you to let go of tension, anxiety, fear, and other not-helpful feelings.

What conditions can be treated with Reiki?

Reiki has a **positive effect** on all kinds of ailments and negative conditions and can also help with major life changes, illness, injury, grief and more.

What about Covid concerns?
There's no need for in-person visits! Reiki has been proven to be equally effective when it's sent remotely -- this is called "distant Reiki"

What will a Reiki treatment cost?

There will be no charge for treatments. Donations to the Caring Committee will be appreciated, but are not required.

Who do I call if I have more questions, or to set up a session?

Peggy will be our coordinator; her phone number is 734-548-0294.

Board of Trustees

Board meetings are held on **Zoom** the **3rd Sunday** of each month from 1:00 to 3:00 p.m. unless otherwise announced. The meetings are open for all to attend and community input is greatly appreciated. You may communicate with the board by email at board@interfaithspirit.org.

Marice Clark and John Lang, co-chairs

Vicki Davinich, secretary

Claire Groshens

Laurie Knerr

Janet Somaliog

Paulette Stenzel

DRUMROLL, PLEASE....



Anywhere, USA: An Adventure Away from Reality

Magic, myths, and monstrous creatures: what more could you want during these troubling times? Take a break from real life and escape to *Anywhere, USA*, a town of dark secrets, rural charm, and a history cloaked in mystery. Join along with Jules and Elliot Paige as they dive headfirst and blindfolded into a world they never knew existed, where fairytale creatures—both good and bad—roam the Earth (or at least roam this one national park in Washington State). There, they will fight for their lives and for the town they've come to call their home, not only discovering the great evil that lurks beneath, but also a little something about themselves as well. Available on Amazon. Suitable for ages 13+.

Type: <u>Thomas A T Kaminski Anywhere</u>, <u>USA</u> into the Amazon books search bar, free delivery for prime members :-)