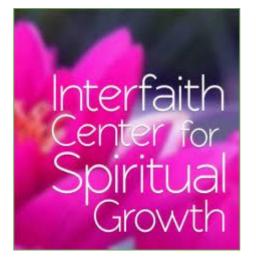


INTERFAITH INSPIRER WE SHALL SURVIVE EDITION #11 NOVEMBER 2021



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SHOTZTENED VETZSION DUTZING THE PANDEMIC

MINISTERIAL MISCELLANEOUS BY ANNIE KOPKO

I have been thinking about compassion lately. I read the writings of several spiritual teachers, but I think it is Aaron, (coming through Barbara Brodsky) who says: "if you have compassion, forgiveness is not needed." Others think of compassion as the step beyond forgiveness, and we must take one step at a time. But I think these ideas are intertwined and complementary. Forgiveness can come through more easily and spiritually if we can "step into another's shoes", if we can be aware of the pain of another that creates a situation necessary to forgive. Sometimes it may not even be the pain, but just pure lack of awareness of our common humanity. We are less likely to create a difficult situation if we are aware of how deeply connected we are to each other, every one of us, those we like and those we do not. You may hear me say on a Sunday morning "Each one of us is part of, and necessary for, the healing of the world".

At the same time, one true gift is one we give ourselves, forgiving ourselves when we know that we have done something that may have hurt someone. We are less likely to forgive another if we have not forgiven ourselves. Let's decide now: We shall forgive ourselves for not being the ones we thought we should be. We shall forgive, let go, and move forward. That attitude and intention helps us create a great life for ourselves and each other.

Finding a good life at Interfaith is totally possible. All our events have their links on the Welcome page of our website: interfaithspirit.org. Some events meet in person, but not all. This month a few special events are coming up:

Nov. 13th, Cafe 704 with Eric and Mary Fithian and some of their many musical friends. 7-9PM. Come sing and dance (and wear masks for safety) Nov. 27th, 1-3PM, We will be stuffing Holiday Gift Mugs for sale on Dec. 11 & 12. (at Cafe 704 and the next day after Sunday Service.) Finally: Keep an eye out for our end of year letter in which you will see all the good stuff we have accomplished at Interfaith this year and which includes an opportunity for a special donation.

Blessings to all, Annie



SUNDAY CELEBRATION SERVICES FOR NOVEMBER 2021



November 7

Message: Claire Groshans "Meet your Unmet Friends and Family"

Meditation: TBA Reading: TBA

Music: Eric and Mary Wilson (Vocals/guitar)

November 14

Message: TBA

Meditation: TBA

Reading: TBA

Music: Abby Alwin (Cello)

November 21

Message: Laurie Knerr "Gratitude and Grace"

Meditation:TBA Reading: TBA

Music: Craig Brann (Vocals/Guitar)

November 28

Message: TBA Meditation: TBA Reading: TBA

Music: Julie Beutel (Vocals/Guitar)

PEGGY'S COLUMN

AUTHOR BIO

Peggy River Singer is a Lightworker, animal communicator, medium, faerie ally, Reiki practitioner, and lifelong writer. She combines her gifts to help create harmonious relationships among all who share the Earth. Connect by phone at **734-548-0194**; and by email at *newbluecanoe@aol.com*. Articles about her experiences and insights are posted on her blog, *angelsfairiesandlife.wordpress.com*.

Reiki and Not-humans

NOTE: Reiki is a Japanese energy healing technique that promotes stress reduction, relaxation and healing.

I've been reading science fiction and fantasy since I was a kid; and like many of you, I've been enjoying the Avenger and Thor movies of the last several years. I've been particularly intrigued by Loki, Thor's adopted brother; who is not human at all but a Frost Giant, and whose backstory is filled with conflict and emotional trauma.

As a Reiki practitioner, I began to wonder whether Reiki could help someone like Loki (if he were a real living being) with all his issues, even though he's not human. Then I wondered whether Reiki might be helpful for other not-human sentients. And that naturally led to wondering whether off-worlders might come here to Earth specifically to experience, learn or practice Reiki.

So, I decided to ask the Oversoul of Reiki...

Reiki: Reiki was never intended to be confined to Earth. It was **developed** here (over millions of years) because the energies are ideal.

Peggy: Ideal, in what sense?

Reiki: Earth has a reputation for being a planet with a high level of negativity, which creates imbalances that can lead to war, illness and so forth. There has always been a strong presence of Lightworkers here, who work continuously to help balance the negative energies.

Learning to co-create BALANCE in one's life and health is a key aspect of Reiki practice. The constant process of energy balancing on Earth is what makes it an ideal environment for the development of Reiki.



Now you wish to ask, have off-worlders also been coming here for Reiki treatments, to learn and teach Reiki, and perhaps take that knowledge back to their homeworlds? Again, the answer is Yes.

Peggy: And how long has this been going on?

Reiki: Billions of years. There are those who wish to experience the Reiki energy at certain points in its development, you see, and those wishes can be accommodated here.

Peggy: Is there some kind of organization that oversees this project?

Reiki: One could call it that, though its objective is to guide and support in the cause of All-Healing, rather than to <u>control</u> in any sense.

Peggy: Can you give me an idea how many Reiki practitioners here are from offworld?

Reiki: We have no wish to contribute to doubts or fears in those who will read these words. Let each person search their own Knowing to find authentic answers to this inquiry. And remember, always, that REIKI CAN DO.

NO HARM. Reiki cannot be USED to do harm. Therefore, Reiki practitioners of ANY species can do no harm while using Reiki.

Peggy: With all the universes to consider, there must be billions of healing systems, and some of them must be similar to Reiki.

Reiki: Yes, indeed. However, Earth-based Reiki has been shown to be one of the most beneficial and effective modalities, applicable to countless species, which is why it is so popular.

Peggy: Dr. Mikao Usui of Japan is considered to be the developer of what we think of as modern Reiki (starting in the 1920's). I see now that his lineage of teachers must extend much farther into the past than I used to think.

Reiki: And into the future, and all the space-time continuums, and so forth. The balancing and healing energy of Reiki is integral to the workings of many universes as well as this one.

Peggy: Was Dr. Usui aware of all this?

Reiki: Not consciously, no. Now, of course, from the other side of the Veil, he is delighted to observe and encourage the growth of Reiki on your world and elsewhere.

Peggy: Is Dr. Usui working directly with any not-human individuals or groups at this time?

Reiki: Only occasionally. He is enjoying his freedom to pursue his own interests and spiritual development, you see.

Peggy: Is there anything else you'd like to add, for those who will read these words?

Reiki: There are many paths to healing. Find the path that FEELS right, and it will ring through your soul in a clear, pure tone that is unmistakable. Thank you for this sharing.

Board of Trustees

Board meetings are held on **Zoom** the **3rd Sunday** of each month from 1:00 to 3:00 p.m. unless otherwise announced. The meetings are open for all to attend and community input is greatly appreciated.. You may communicate with the board by email at board@interfaithspirit.org.

Marice Clark

Vicki Davinich

John Lang

Donald Prevost-Hart

Pat Root

Paulette Stenzel

Mary Alice Truitt

DRUMROLL, PLEASE....



Anywhere, USA: An Adventure Away from Reality

Magic, myths, and monstrous creatures: what more could you want during these troubling times? Take a break from real life and escape to *Anywhere, USA*, a town of dark secrets, rural charm, and a history cloaked in mystery. Join along with Jules and Elliot Paige as they dive headfirst and blindfolded into a world they never knew existed, where fairytale creatures—both good and bad—roam the Earth (or at least roam this one national park in Washington State). There, they will fight for their lives and for the town they've come to call their home, not only discovering the great evil that lurks beneath, but also a little something about themselves as well. Available on Amazon. Suitable for ages 13+.

Type: <u>Thomas A T Kaminski Anywhere</u>, <u>USA</u> into the Amazon books search bar, free delivery for prime members :-)