



## BASIC INFORMATION

One-day AWAKE meditation retreat on Saturday, Nov. 10, 2018  
with Zen Master Thich Dieu Thien

*Welcome to Awake World!*

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- Location:** Interfaith Center for Spiritual Growth  
704 Airport Blvd., Ann Arbor, MI 48108  
(Plenty of parking available at the facility)
- Time:** Please arrive between 8:15 – 8:30am to sign in and get settled. We will start at 9:00am. The retreat will have a 45 min. lunch break around noon. **Please bring your lunch.** The retreat is scheduled to end at 4:00pm.
- Clothing:** Dress comfortably for sitting meditation
- Provided:** Coffee, tea, and bottled water  
Meditation cushions (feel free to bring your own)  
Plenty of chairs available
- Format:** The day will be a combination of warm up introduction, sitting meditation (with instructions), Dharma talk from Zen Master Thich Dieu Thien, discussion, Q & A, and more.
- Cost:** \$40 for Early bird registration and students  
\$50 after Nov. 1  
Payment can be made by:  
- Zelle (send to 281-565-9718)  
- Paypal or credit card (via our website – [www.universaldoor.org](http://www.universaldoor.org) – click on the GIVING tab on the left side) Please add \$2 to cover their fees to us.  
- cash  
- checks payable to Universal Door Meditation Center
- Donation:** The retreat fee covers only expenses: facility rental, beverages, advertising, supply purchase, etc. and allows us to open the retreat for people to come. There will be a separate donation box that gives us the chance to connect with the Awake teacher and the Awake energy, especially with gratitude after the teacher opens our minds and hearts to many things and we feel that benefit. This donation is not only for our spiritual investment and builds merit, but most importantly helps us to cultivate the Awake goal and build the connection with the Awake teacher who helps us to Wake Up and live truly happy.
- Contact:** Pho Chon  
713-530-2262