



Interfaith Inspirer

An Interfaith Center for Spiritual Growth News Publication
VOL. XI, NO. 10 October 2015



What Difference Does Reincarnation Make?

By Dawn Swartz

On a beautiful summer day, Carol Bowman tells the story of her five-year-old son, Chase, who was enjoying a family picnic for the fourth of July which ended in a spectacular fireworks display. The whole family and several other families joined them each year on cue for a memorable holiday in Ashville NC. But this year was different. Instead of them all oohing and ahing together, their small son erupted in screams and sobs that would not be soothed. Only one thing was clear: he needed to get out of there right away! So hysterical was Chase that he was unable to walk and she had to carry him all the way home. Carol wanted to let the others enjoy their time, but she was really struck by the energy behind his trauma and the lack of any visible reason.

But one month later it happened again. They were at a pool party when loud noises in an enclosed space tripped his "switch" again. Screaming, crying, and pulling on her to take him away gave Carol still greater cause for concern. When he had calmed down, however, he absolutely would not go back into the poolroom. Once again he was unable to tell his mother why he was upset, and in both cases, all she could get out of him was that he was frightened by the sounds. So she puzzled; this had never been a problem for him in the past. She had virtually been with him all of his five short years. And she could think of no possible reason at all.

It may have remained a mystery, except that it had already been planned that as part of a workshop series in Ashville the very next month, they were to be the host family for one visiting lecturer, Norman Inge, a skilled hypnotherapist. On one afternoon of his stay, Carol shared with him these unexplained episodes of her son and he made a suggestion. "Would you like to try an experiment," Norman asked Chase. "Yes," Chase replied. "Sit on your mother's lap, close your eyes and tell me what you see when you hear the loud noises that scare you."

The boy immediately began describing himself as an adult soldier who carried a gun. "I'm behind a rock. I don't want to look but I have to when I shoot. Smoke and flashes everywhere. And loud noises: yelling, screaming, loud booms. I'm not sure who I'm shooting at—there's so much smoke, so much going on. . . I really don't want to be here and shoot other people." Chase went on for twenty minutes telling about his life and death in another time. "I'm hit in

the right wrist by a bullet someone shot from above the valley... It's bleeding-- I feel dizzy."

When he stopped talking it really was over! Chase never again had trauma over loud noises. And the most surprising thing is this: he had struggled with eczema on his right wrist for years exactly where he described being wounded in that war. The eczema went away by itself after his memory was brought out, when previous diet change, allergy testing, creams and ointments never helped. *

Whether or not you have read a story like this before, please know that it is a very common one in circles of believers in reincarnation. Normal, average people in every country have these memories or their family does, and they are suppressed because of fear. Sadly, it's fear of those who fear. Fear multiplies once it finds willing accomplices and fear is always ready to show up in the ego of us all.

The fear, as I see it, is because somehow we know in our whole being that if we surrender to the truth of reincarnation, that will necessitate huge changes in how we live. Life has enough challenge without changing the underpinnings of civilization. And just how much would it change?

In a word; vastly. Come, let's imagine together. If pain in this life can bring memories of pain so excruciating that they show up in phobias and physical disease two or three or more lifetimes later would we be more careful not to cause harm? If we accepted that leaving relationships unresolved, we WILL MEET again to work to find peace in those relationships, would we work harder at that resolution here and now in this lifetime?

If we knew that dying a horrible death would cause intractable nightmares in future lives, would we execute people? Would anyone commit murder? If we believed that waging war would leave scars on everyone who participated in that war for generations into the future, could we find a way to live without war? What changes would we make in our societies if we believed that killing someone would not kill the person but only the body and that the person would be back in another body?

May I suggest that these and similar questions could be discussed in our community of Interfaith? Can we handle the wide variety of beliefs which could surface? Can we try?

Believing in reincarnation would necessitate change. But this is a necessary part of evolving into a world that is sustainable.

** Taken from "Children's Past Lives" by Carol Bowman Chapter 1*



Ministerial Miscellany

By Dave Bell



Dear Friends,

It's fall, my favorite season. I love the colors, the crisp apples, burning leaves, football games and the nip of coolness in the air. Back-to-school time always seems to signal a new year, new beginnings, and the inexorable change of seasons. It seems that these time markers have shorter and shorter intervals between them. I am told that this is a sign of aging. I prefer not to think in that fashion. Perhaps I will just see them as "a wrinkle in time." My apologies to Madeleine L'Engle.

This summer we held three amazing and wonderful fund raisers. The annual yard sale was in July. July and August brought ticket sales for the service raffle, culminating in the big drawing on August 9th. And, finally, a benefit concert organized and championed by Alaura Massaro, our beloved Music Director. Kudos and deep gratitude to the multitudes of people who made all of this happen. Names are too numerous to mention, and not wanting to leave someone out, I will just issue a blanket thank you and expression of deep gratitude. The total income generated was just a whisker less than \$4000. Hooray for us!

On October 4th at 4:00pm, Norma Gentile will be offering another in her candle-light concerts, this time with a twist. She will be teaching those present, two songs of Hildegard von Bingen. This is an opportunity to limber up your vocal cords and learn wonderful songs written by a spiritual master who lived many hundreds of years ago.

Beginning on October 25th, we will be setting up an altar under the lotus window, for folks to bring photos and memories of departed loved ones, in celebration of the Day of the Dead on Sunday, November 1. This celebration is also known as Dia de los Muertos in the Latino culture. Candles, photos or other memories are appropriate. You need not be Latino to take part in this honoring of ancestors.

Have a great fall!

Blessings,

*Community
Member
of the Month*



Delightful Dawn

The lovely and talented Dawn is our Community Member of the Month.

Dawn generously shares her gifts of music by being our Choral leader. She brings together the best of our singers to perform at the Center several times during the year. As a teacher of music and musical theory, she also offers, at various times, to teach her wisdom to those of us that desire to improve our relationship with music. You just might ask her if she can help you in anyway that you might feel musically challenged in.

She passed her great love for music onto her son, Max, who is now sharing his talent with a wider audience. She is a very proud Mama.

Dawn also gives of her time in volunteering for events that happen at the Center; in particular she gives her all to the summer community picnic. She finds the best picnic spot, then gets busy rabble rousing us for some summer fun.

One of my favorite inspirations of the 'Reverend Dawn' is when she shares her sacred wisdom during one of our meetings, passing along a message that always seems perfect for what we all might need to hear in that moment.

If you haven't yet had the opportunity to chat with Dawn, take some time to get to know her after one of our Sunday Meetings.

Thanks Dawn for all that you inspire us to do, and all the gifts you share with us.

We love you.

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My Morning Prayer

By Bob Hopkins

My final contribution of my prayer understanding will be to briefly explain and then share the prayer that I have been making for almost twenty years each morning. This prayer took some time to construct and it is rather long. It seems it will take me three installments of this column to complete it in its entirety. It was designed to be comprehensive and took almost two years of tweaking it before I got it to where I wanted it.

Then, daily repetition of it committed it to my memory. The hardest part of writing this down will be to slow down my memorized repetition of it in order to write each word. I will offer some reflections as they come to mind once I have completed the writing of it. Perhaps the only other introductory comment I will make is to note that as I constructed this prayer, it was designed to be the only regular prayer in my life. There was no bedtime prayer, no prayer before or after meals, no special prayer on Sunday or any other day of the week. There was just this one:

It is not I, but the Christ within who does the work. Our Father who art in heaven. Hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our debts as we forgive our debtors. Leave us not in temptation. But, deliver us from evil. For Thine is the kingdom, the power and the glory now and forever. I pray for peace. I pray for guidance. I pray for health and healing. I pray for prosperity. The light of the Source within surrounds me. The love of the Source within enfolds me. The power of the Source within protects me. The presence of the Source within me watches over me. Wherever I am the Source is within. I pray for peace and harmony, humility (which is to say teachability), serenity, sobriety, an attitude of gratitude, love (that I may be loving as well as loved), forgiveness (that I may be forgiving of myself and others as well as forgiven). I seek the Serenity to accept the things I cannot change, the Courage to change the things I can and the Wisdom to know the difference.

(To be continued)



Mark your calendars!

CAFE 704 CONCERT SERIES Saturdays

Oct. 10: Laszlo Slomovits
Nov 14: Four Shillings Short
Dec. 12: Bliss

2016



Jan. 9: Madcat Ruth
Feb. 13: Spirit Singing Band
March 12: Harmony Bones
April 9: TBA
May 14: TBA
June 11: Hold
July: NONE (Top of the Park conflict)
August 13: TBA
September 10: Hold

PEACE GENERATOR September 18



Upcoming:

QCC
October 11

The Service begins at 10:45 a.m.	Mon	Tue	Wed	Thu	Fri	Sat
The speaker/ topic are in bold/ italic R indicates the reader M indicates the meditator MU indicates the musician.	<div>The newsletter submission deadline is October 18</div>	<div>Birthdays are indicated in bold/italic Happy Birthday!</div>	<div>Board meeting this month is on October 18</div>	1 Noon—1:30 p.m. ACIM 6:30—8:30 p.m. Science of mind	2	3 8:30 a.m. AA 7:30 p.m. Drum and Dance Jam
				8 Noon—1:30 p.m. ACIM	9	10 8:30 a.m. AA 8 p.m. Café 704
11 Rev. Dave: Em- bracing Change R: Esther R. M: MU: Laz Slomovits and Friends Potluck	5 6:45 p.m. ACIM 7 p.m. Great Bal- anced View Video Meeting	6 10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Commu- nity Gathering 7—8:30 p.m. Reiki	7 1 to 2:30 p.m. and from 7 to 8:30p.m Metaphysics Class	8 Noon—1:30 p.m. ACIM 6 p.m. Leadership Team Meeting 6:30—8:30 p.m. Science of mind Judy Bell	9 7 p.m. Peace Genera- tor	10 8:30 a.m. AA 8 p.m. Spiritual Cin- ema
18 Rev. Dave: Courage to be Compassionate R: Marilyn A. M: Joy P. MU: Dancers for Life Board Meeting	19 6:45 p.m. ACIM 7 p.m. Great Bal- anced View Video Meeting	20 10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Commu- nity Gathering 7—8:30 p.m. Reiki	21 1 to 2:30 p.m. and from 7 to 8:30p.m Metaphysics Class 1:30 a.m. Healing Circle 7-9 p.m. Shamanic Journey Lorri Coburn	22 Noon—1:30 p.m. ACIM	23 7 p.m. Sufi Prayer Service	24 8:30 a.m. AA
25 Rev. Delyth: R: Mary P. M: Janet F. MU: Bob Songer CC Meeting	26 6:45 p.m. ACIM 7 p.m. Great Bal- anced View Video Meeting	27 10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Commu- nity Gathering 7—8:30 p.m. Reiki	28 1 to 2:30 p.m. and from 7 to 8:30p.m Metaphysics Class 7:30 p.m. Urantia Book Study	29 Noon—1:30 p.m. ACIM	30 	31 8:30 a.m. AA 
				Craig Harvey	Brad Nelson	

MEETING MISS ISIS

By Peggy Lubahn

I was sitting in my doctor's waiting room when a young girl bounced in like a whirlwind of joy, and plopped down on a seat across from me. I told her I loved her sparkly hair ornament, and she giggled! She asked if I'd like to see her drawings of dragons: Of course! She pulled page after page out of her workbook, explaining each picture. This girl can DRAW!

What's your name? "Isis!" How old are you? "Eleven!"

For the next fifteen minutes Isis sang favorite songs from Prince of Egypt and other Disney movies (she has a lovely voice but does not feel confident about it) and talked about dragons. She taught herself to speak the Viking language used in How to Train Your Dragon, and can write and read runes as quickly as she can Eng-

lish. I told her that I used to read and write runes, too. "Cool!"

How about Egyptian hieroglyphs? "Oh I love those! They're so tricky to draw, though." As a kid I had taught myself to read and write hieroglyphs, and the first report I ever wrote in school was about King Tut's tomb. So we talked about Egypt for a few minutes. And then it was time for my appointment, so we said goodbye.

I looked for Isis when I came back out, but she had gone. I wanted to tell her...

Believe in yourself, and believe that you can do and BE anything you want.

Keep singing; your voice is much more beautiful than you think it is.

Dragons and fairies are real, but some people don't understand. Be patient with them.

But, I think this Bright Spirit already knows all that stuff!

Interfaith Pop

As recommended by Heide Kaminski

So one of these nights and about twelve o'clock

This old world's going to reel and rock
Saints will tremble and cry for pain
For the Lord's gonna come in his heavenly airplane

If God had a name, what would it be?
And would you call it to his face,
If you were faced with Him in all His glory?

What would you ask if you had just one question?

*And yeah, yeah, God is great
Yeah, yeah, God is good
Yeah, yeah, yeah, yeah, yeah*

What if God was one of us?
Just a slob like one of us?
Just a stranger on the bus

Trying to make His way home?

If God had a face, what would it look like?

And would you want to see
If seeing meant that you would have to believe

In things like Heaven and in Jesus and the saints

And all the prophets? And...

*Yeah, yeah, God is great
Yeah, yeah, God is good
Yeah, yeah, yeah, yeah, yeah*

What if God was one of us
Just a slob like one of us
Just a stranger on the bus
Trying to make His way home?
(Just?) tryin' to make His way home
Back up to Heaven all alone
Nobody callin' on the phone
'Cept for the Pope, maybe, in Rome

*Yeah, yeah, God is great
Yeah, yeah, God is good
Yeah, yeah, yeah, yeah, yeah*

What if God was one of us
Just a slob like one of us
Just a stranger on the bus
Trying to make His way home?

Just tryin' to make His way home
Like a holy rolling stone
Back up to Heaven all alone
Just tryin' to make His way home
Nobody callin' on the phone
'Cept for the Pope, maybe, in Rome

*Yeah, yeah, God is great
Yeah, yeah, God is good
Yeah, yeah, yeah, yeah, yeah*



Caring Committee Contact List

Image from
[peaceseeds](http://peaceseeds.com)

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The Inter- faith Round Table of Washtenaw County

will host another series of visits and conversations in its "Places of Faith" program. This October begins with three visits to Beth Israel Congregation giving others in our community the opportunity to deepen understandings for other faith traditions.

- Wednesday, 10/14, 7:30 p.m.

Participants will meet at Beth Israel with a small group from the congregation. The conversation will center around "what it is like to practice Judaism in Ann Arbor and Washtenaw County."

- Saturday, 10/24, 10 a.m.

Participants will meet at Beth Israel to experience a Sabbath service with the synagogue community.

- Tuesday, 10/27, 6:30 p.m.

Participants and the small group of Beth Israel congregants will share a meal together. Conversations around the table will include follow-up from the first meeting, questions arising from the Sabbath service and additional issues that are appropriate in fostering understanding and mutual respect.

Cost: \$35 per person

Register:

soon to be online (www.irtwc.org) OR via email gbrides@umich.edu

Questions:

call George Lambrides at 734-649-0107



September Board Meeting Highlights

The ICSG Board of Trustees met on September 20, 2015.

Dave's Metaphysics class has 23 people enrolled [two classes after-noon (13) and evening (10)]. Comments indicate that people are enjoying the class. Delyth is planning to offer a class, between November and December, on the theme of "helping". Annie's Speaking Circle is going well: 6-8 people are participating.

Delyth reported that rather than redoing the songbooks, the Interfaith Center might use a projector to put lyrics on the wall. She is investigating the cost of projectors, where it would hang, etc. Estimated cost is \$1000. Delyth noted that we already have one projector and she intends to find out what it can do.

Our July and August net income reflects the fundraisers so far this year. The total revenue for concert, auction, and yard sale is \$3951. The hope was that this money would not be needed to cover operations, but this year, without other revenue to cover operating expenses, the fundraiser proceeds are being used to close the gap between income and expenses. Average attendance was up for August (69 people per Sunday).

The new Growing Membership Committee consists of Jeff Alden,

Bonnie Dede, Robert Fagerlund, and Diane Gledhill. The purpose of the committee is to "Develop recommendations to increase and retain membership. Understand reasons to come, join, stay and participate." They recommended the following statement be used in our marketing ads: We support each other in a spiritual growth with a welcoming community atmosphere open to all lifestyles. Service includes a weekly message, meditation, music, community building and individual sharing.

On behalf of the Leadership Team, Diane Gledhill reported that Dave Bell has put a window in the Teen room. A Halloween talent show party and a Day of Dead altar on Nov. 1 are planned. Community members might be asked to bring the favorite food of a departed relative to the potluck.

The Ministerial Search Committee is chaired by Pat Root and Lindsay Passmore. The search team will be capped at seven or eight people. The current goal is to present a slate at the QCC and ask the community to ratify it. Information about the process will be shared at the October 4 Sunday Service and the October 11 QCC.

The next board meeting is scheduled for Sunday, October 18 after the service. Board meetings are open to members of the Interfaith Center for Spiritual Growth.

Sunday Celebration Services are held at 10:45 a.m. at 704 Airport Blvd., (off S. State Street) near I 94



MISSION STATEMENT

Spiritual seekers joining in community to attract others of like mind, creating an atmosphere and structure to foster and stimulate our individual and collective spiritual growth.

CONTRIBUTORS WANTED!

We would love to have your input in the newsletter: spiritual moments, movie/book reviews, exciting announcements, poems, etc.

We try to have the newsletter ready for final editing by the third Sunday of each month. Please send contributions to Heide at momnyk@tc3net.com with "Interfaith submission" in the subject line. If you do not mention Interfaith, your email might get kicked right into the recycle bin by my spam filter.

If you cannot email your contribution, you may give it to Heide on Sunday.

To receive the online newsletter, go to <http://lists.interfaithspirit.org/listinfo.cgi/interfaithinspiner-interfaithinspiner.org> to subscribe.

Want to hear from us throughout the week? Receive or send email through Interfaith Yahoo by going to <http://groups.yahoo.com/group/InterfaithSpirit/>

Namaste from your newsletter team: Heide, Esther, Deane and Steve.

BOARD OF TRUSTEES

Pat Root, Chair
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Lindsay Passmore, member
Jeff Alden, member
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Board email address is board@interfaithspirit.org

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Tommy Kaminski, Alex West, Nursery

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Heide Kaminski, Editor-in-Chief
Esther Reilly and Deane Erts, Proofreaders
Steve Lyskawa, Webmaster
NEWSLETTER ADDRESS
Heide AW Kaminski
heide.kaminski@interfaithspirit.org



Café 704

A Benefit Concert in Honor of Helen's Memory at Café 704

Saturday, October 10 8:00 p.m. - 10:00 p.m. Doors open at 7:30 p.m.
704 Airport Blvd., Ann Arbor, MI 48108



Laz played a number of acoustic folk concerts at Cafe 704 over the years, always with his wife Helen, until she passed away in July 2012. To honor her memory, and celebrate her life, Laz is dedicating this yearly concert to her. Proceeds from the evening will be donated to two organizations: one that supports nature preservation, and another, an emergency shelter for homeless children and their

families, both causes close to Helen's heart. Laz will be joined by a number of guest musicians, most of whom performed and recorded with Helen over the years.

Admission by donation: \$8/person or \$15/couple

Refreshments for sale



Café 704 is live music performance series in a smoke- and alcohol-free venue with free parking held monthly at the Interfaith Center for Spiritual Growth.

www.interfaithspirit.org/cafe704.html

(734) 327-0270



Youthful Spirits



Hello all!

Happy Fall to you!

We had a super September, We explored the virtues of enthusiasm and cleanliness (Don't forget about our Spiritual bath salts for a suggested \$2.00 donation). We had fun participating in the water ceremony too. Gentleness and Reliability were the other virtues we enjoyed practicing.

October will be an outstanding month exploring the following virtues and of course celebrating one of our favorite holidays, Halloween! Be sure to dress up on 11/1, when we will have our Halloween party.

On 10/4, we plan to talk about the virtue of cooperation and how it can help us to embrace change.

On 10/11, we will talk about how the virtue of patience helps us to forgive others and heal any resentment.

Compassion will be our theme on 10/18 and how it takes courage to be compassionate.

In preparation for Halloween treats, on 10/24, we will practice the virtue of moderation.

We are excited for the progress made for our teen room. We are looking for volunteers to help clean up the back room, so we can continue converting it into a space for the teens! We are excited with the progress so far! Kellie, Tommy, and I are planning on the 10th of October, afternoon.

Please let us know if you can help!

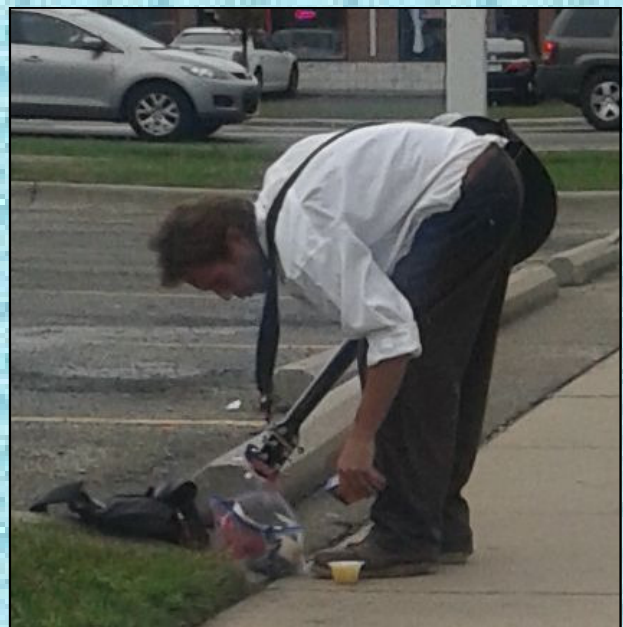


Photo submitted by Jennifer Dunlap. This was taken right after her kids and Jennifer gave a Blessing Bag (created by the Youthful Spirits and filled with your help) to the man. He was ever so grateful, especially for the hand warmers!

*Love, Light, and
Laughter
Heide, Kellie, Tommy, and
Alex*



The Caring Committee



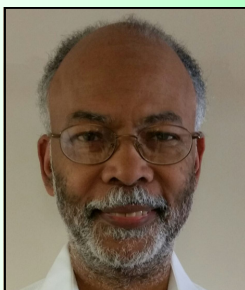
*Marilyn,
Chair*



*Heide and Kellie,
Co-chairs*



Judy



Mike



Malcolm



*Annie,
Liaison*



Diane



Idgie



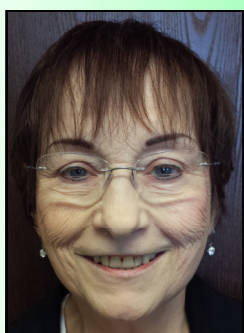
*Tommy,
Youth Ed rep*



Jack



*Delyth,
Liaison*



Beth



Jan

*If you have a service to offer,
please contact [Marilyn](#)*



Interfaith Caring Committee Survey

We are looking for your participation and support of fellow Interfaith members in crisis in any way that is appropriate for you. If you are called on by a caring committee member to support a particular need, you always have the opportunity to decline if it doesn't work for you at that time. Please fill out this survey as completely as you are able. All gifts, skills, and talents are appreciated. Thank you for taking the time!

Name: _____ City/Part of town you live or work in: _____

Phone: _____ e-mail: _____

Best way to contact you: _____ Best times to contact you: _____

Check all areas that you are willing to participate in and specify any limitations...

___ Driver (Interfaith/appointments) ___ Craft Teaching (type) ___ Counseling (type)

___ Medical Equipment loan (type) ___ Meal Prep ___ Consulting (type)

___ Child Care ___ Errands ___ Cleaning ___ Yardwork ___ Snow Shoveling

___ Healing/energy work ___ Household Donations ___ Clothing Donations

___ Caregiver Break ___ Send Cards ___ Computer Help ___ Healing Music

___ Fun Companionship ___ Pet Care ___ Massage ___ Money Donation

___ Listening ___ Prayers ___ Respite Care ___ Join Caring Committee

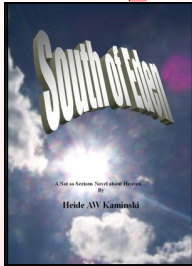
Other _____

Limitations and additional information:

I currently have need of (be specific):



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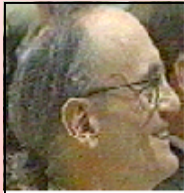
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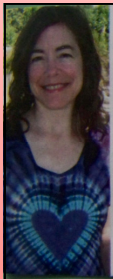
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Residential and Commercial Cleaning



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for your peace of
mind and easy living

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we'll organize it!"

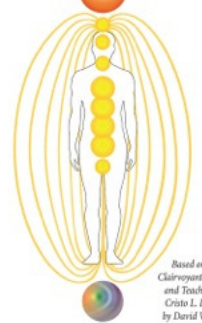
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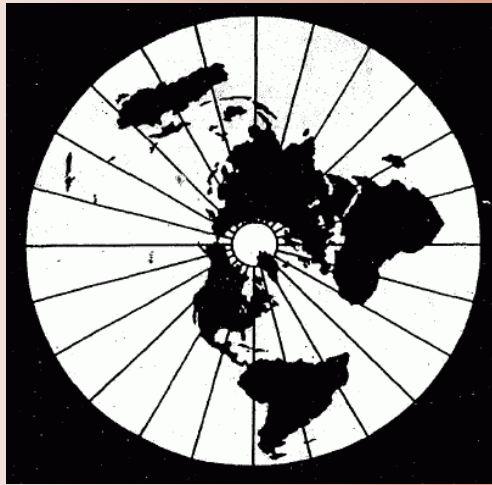
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EVERY DAY AT 12 NOON FOR ONE FULL MINUTE

THE GOAL: To have EVERY PERSON ON EARTH performing this event

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 - Acquire the active participation of your company, your school, community, city, state and nation.
- Involve radio and television - have them broadcast the PEACE CLOCK name, slogan and logo accompanied by one minute of silence every day.
 - Above all - approach all interactions with others in peaceful, constructive and creative ways.
 - Copy and share this information with as many people as you can.

PDF Fliers:

- Arabic: ساعة السلام Chinese: 和平默禱 Dutch: VREDESKLOK
- English: PEACE CLOCK French: UNE HORLOGE POUR LA PAIX
- German: FRIEDENS UHR Hebrew: שעון השלום
- Hungarian: BÉKEÓRA Italian: OROLOGIO DI PACE
- Japanese: ピース クロック Korean: 우리의 삶에 평화가 깃들길
- Pharsee: زمان نماي صلح Polish: ZEGAR POKOJU
- Portuguese: Hora da Paz Romanian: CEASUL PĂCII
- Russian: ЧАСЫ МИРА Spanish: UN RELOJ POR LA PAZ
- Swahili: SAA YA AMANI <http://peaceclock.org/>

