



# Interfaith Inspirer

An Interfaith Center for Spiritual Growth News Publication

VOL. XIII, NO. 10, October 2017



## *Spiritual Play*

*By Annie Kopko*

You may have the feeling that summer brings some moments and opportunities for care freeness (as Depac Chopra puts it). You may remember what it was like to be a child.

It is very hard if your habit is to get up in the morning and see and think of all the things that you have to do.

It is very hard if you get out of bed and disparage the condition of your body, too sick, too achy, too fat, whatever you perceive as a problem.

It is very hard if your eyes see all the things that are wrong around you. If you were aware of how critical and judgmental you are of what is going on in the world around you, would you stop? Maybe, and maybe not.

You and I will always have hundreds of things to do. And the

world will always have many serious problems, but it is not helpful to anyone to focus much of our energy on these things.

We tend to equate exuberant self expression with irresponsibility. That is so not true.

Play helps us live with absurdity, paradox and contrast if we should decide to play

George Bernard Shaw says “we don’t stop playing because we grow old, we grow old because we stop playing.”

How can we re-embody the best of what it means to be young again??

Stop and smell the flowers.  
Listen to the birds, even if you have no idea what bird it is.

Really feel what it is like to wonder about yourself and about the other things you see in your world. Respect the mystery itself, the one that keeps us going.

What was it like before we named everything in our existence? Since everything has a name, sometimes we think in terms of identity rather than the spiritual essence of a thing, or especially of a person.

Get together with friends, share your stories, speak and especially listen. Allow the exchange of energy to lift your heart and mind.

Dance or move your body with awareness that expresses your freedom.

Think simple  
Listen to the rain, the wind, and the ocean when you can.  
Feel the sun on your face. Feel the rain on your face.  
Definitely walk on the grass in your bare feet, during the summer and as late in the fall and as early in the spring as you can stand it. This is so healthy for you.

Every bit of our awareness can carry us to the Spirit that is the ground of all being. Spirit is the basis, nothing would exist without spirit, spirit is the essence of all that is.

Delight in small things, like insects, like colors of plants. The natural world around you is remarkably diverse.

Explore the world with a sense of wonder about everything.  
Express your Inate curiosity  
Quickly forgiving and overlooking most problems  
Letting go easily is key to freedom of consciousness.

Be spontaneous  
Make laughter a spiritual practice  
SARK(Sara Ariel Rachel Kennedy) writes about pleasure and play

## Ministerial Miscellany

By Lauren Tatarsky

Hello Interfaith Family!

We've had a busy couple of months at ICSG, with many exciting and interesting events going on. I've really enjoyed seeing everyone at services, vigils, workshops, and classes. Stay tuned because more great experiences are on their way! Check out the calendar online and visit the flyer table next to the welcome table for more information on upcoming opportunities.

One thing in particular I would like to call your attention to: on Sunday, October 15<sup>th</sup>, the topic of our service will be Wisdom of the Elders. If you consider yourself to be an elder, meaning someone who has wisdom gained from many years of experience, I encourage you to think about a message you would like to share with the younger generation. If you had to pick one thing, one message, thought, or experience that you would want to pass on to your children, grandchildren, to all of the young people in our world, what would it be? There will be an opportunity for many to share during the service. I very much look forward to hearing your messages.

I will be out of town from Oct. 5-12<sup>th</sup>, headed back to Colorado for the first time since I moved to Michigan over a year ago. I will be officiating a wedding for some good friends of mine and visiting family, friends, and old stomping grounds. I am really looking forward to it. I feel like I have grown and changed so much since I left, it will be interesting to experience an old place through new eyes. Though Ram Dass once said, "if you think you're enlightened, go home for thanksgiving," so I'll be keeping that humble attitude in mind as I venture back into old territory J.

Going "back home" makes me think of one of my favorite quotes, which was actually by Steve Jobs who shared some really inspiring words of wisdom before his premature death from cancer. "You can't connect the dots looking forward; you can only connect them looking backwards. So you have to trust that the dots will somehow connect in your future. You have to trust in something – your gut, destiny, life, karma, whatever. Because believing that the dots will connect down the road will give you the confidence to follow your heart even when it leads you off the well-worn path; and that will make all the difference." There were times when I first got to Michigan that I felt like the dots were just splattered all over the place, but it has become so clear to me now that the dots really do connect, in very meaningful ways, and every experience has led me here and everything was necessary. So I will leave you with that thought.

Much Love,  
*Lauren*



*Community  
Member  
of the Month*



## Remarkable Randall

By Johanna Nader

When I sat down with Randall last Sunday, he excused himself several times during our conversation to say hello and give a hug to someone walking in. It was obvious that Randall believes that greeting folks warmly with a hug when they enter the Center is an essential part of who we are as a community. Indeed, when Tony and I first walked in the door, Randall was there to greet us. At that moment, we knew this was the place for us. Thus, in his role as "Greeter Czar," Randall emphasizes that the greeters communicate to everyone who comes here that they are not only welcome, but seen, heard and loved.

Some of us are also aware of the other vital services Randall performs for the Center. From managing and organizing the annual carpet cleaning "party," to using his creative eye in setting up the yard sale, Randall plays many crucial roles in the operation of the Center. As of September 28 he and Linda McDonough will be co-facilitating the Thursday ACIM class.

Randall has spent the majority of his time this summer preparing his house for a new roof. It has been a long and arduous task and he is grateful for the help he's received from the community. Despite many setbacks, he remains undaunted. One thing I have come to appreciate about Randall is his commitment; to the Center and to his family. Randall often drives to Rochester to visit and help his 94-year-old father; even though dad still mows the lawn, rakes and bags leaves and weeds the garden.

When Randall first came to the Center, he began getting involved right away. "The more you do, the more connected you are. Spirituality is about oneness," he says. He posits that it is essential for us to apply our spiritual principles to the work we do. This, to Randall, is where "the rubber meets the road." He believes that physical activities, when performed with others, is a "dance" that brings us together in care and thoughtfulness.

Receiving that special greeting on Sunday morning allows us to leave our stuff outside and enter into a place of love and holiness. We have Randall and our fabulous greeters to thank for this.

|                                    |              |                                 |               |
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## VIDEO PROJECT

In honor of Dave Bell's retirement, the creation of a video by Patti Dallas, a new resident of Ann Arbor, is completed which includes interviews with Dave and our new senior minister, Lauren Tatarsky. There are also clips from past services, comments from community members, and music.

After seeing a presentation of her video work, Sue Booker asked Patti if she would consider producing a video about Dave and the center. After attending a couple of Sunday services, Patti became interested herself in the Center, and liked the idea of creating the video. Patti and Delyth met to discuss what might be included in the project, and how to cover the cost of production. They decided the DVD's would be made available for sale, with part of the sales used to compensate Patti, and a portion going toward the ICSG Building Fund. This was approved by the Board of Trustees at the Board Meeting on May 21<sup>st</sup>, 2017.

After being the coordinator of the

public radio access station in Yellow Springs, Ohio for several years, Patti began producing videos on her own. Her focus has been community and family historical portraits, a few samples of which can be viewed on her website, [www.pattidallas.com](http://www.pattidallas.com). Earlier in her career, she and another singer produced several audio recordings and a video for young children under their own label, Golden Glow Music [goldenglowmusic.com](http://goldenglowmusic.com). They are proud recipients of the Parents' Choice Award. Patti will be making her recordings available for sale to the ICSG community.

Note from Delyth: We are truly blessed to have Patti show up in our midst and offer her videography talent to us for this project. Patti is willing to accept whatever funds are collected through the sale of her music recordings and the sale of the DVDs as remuneration for her work. I thoroughly enjoyed viewing

**DVDs are now available!**

## Message from the Caring Committee

Each and everyone of you can—and many have—turn to the Caring Committee when you have a need. We always do our best to help you or lead you into the direction where you can find help that is outside of our committee's ability range. Now it is our turn to ask YOU for assistance. We are just a small group and just can't do it all...

Currently, we are seeking some volunteers:

- We need someone to take over the coordination of people who need transportation and people who are willing to provide transportation. We have a system in place and training can be provided. Preferably, you will join the CC and attend our one-a-month meetings (generally 4th Sunday of each month, immediately following the service).
- We need people who are willing to coordinate the annual Thanksgiving and Christmas dinners. You do not need to be a member of the CC.
- We are looking for individuals who will assist for a one-time current need of spending some time helping a member of our community with the task of downsizing—meaning organizing items into “keep,” “sell,” “give away,” and “throw away” boxes.

Please contact Marilyn Alf or any member of the CC for details.  
Namaste, the Caring Committee.

Sunday Celebration Services  
are held at 10:45 a.m. at  
704 Airport Blvd.,  
(off S. State Street) near I 94



### MISSION STATEMENT

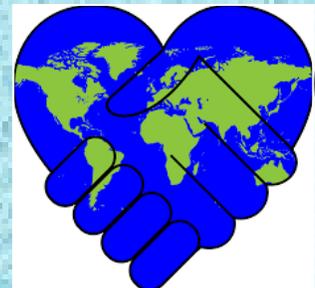
*Spiritual seekers joining in community to attract others of like mind, creating an atmosphere and structure to foster and stimulate our individual and collective spiritual growth.*

### Mark your calendars!

**CAFE 704 CONCERT  
SERIES  
Saturdays  
October: Nutshell**

\*\*\*\*\*

**PEACE  
GENERATOR  
AUGUST 18**



The Service begins at 10:45 a.m.

Mon

Tue

Wed

Thu

Fri

Sat

1

*Guest Speaker: Lucinda Kurtz*  
**R:** Aaron S.  
**M:**  
**MU:** Nutshell  
**Potluck**

2

**10-noon** Dynamic Transformation  
**6:45 p.m.** ACIM  
**7 p.m.** Great Balanced View Video Meeting

3

**10:30 a.m.** The Power of Now Discussion Group  
**5:30 p.m.** Community Gathering/ Potluck and Reiki Share

4

**6:30-8:30 p.m.** Creative Writing Workshop

5

**Noon—1:30 p.m.** ACIM  
**6:30—8:30 p.m.** Science of Mind  
**7:15-8:30 p.m.** Speaking Circle

6

**7-9 p.m.** Healing Energy Session with Gregory Weathers

7

**8:30 a.m.** AA  
**7:30 p.m.** Drum and Dance Jam

*Pat Ramsey*

8

*Rev. Annie: So What, Who Cares?*  
**R:**  
**M:**  
**MU:** James Tierney

9

**10-noon** Dynamic Transformation  
**6:45 p.m.** ACIM  
**7 p.m.** Great Balanced View Video Meeting

10

**10:30 a.m.** The Power of Now Discussion Group  
**5:30 p.m.** Community Gathering/ Potluck and Reiki Share

11

**6:30-8:30 p.m.** Creative Writing Workshop

12

**Noon—1:30 p.m.** ACIM  
**7:15-8:30 p.m.** Speaking Circle

13

**7-9 p.m.** Healing Energy Session with Gregory Weathers

14

**8:30 a.m.** AA  
**8 p.m.** Café 704

*Joyce Jurgenson*

15

*Rev. Lauren: Wisdom of the Elders*  
**R:** Gary D.  
**M:** Eric E.  
**MU:** Curtis Glatzer

16

**10-noon** Dynamic Transformation  
**6:45 p.m.** ACIM  
**7 p.m.** Great Balanced View Video Meeting

17

**10:30 a.m.** The Power of Now Discussion Group  
**5:30 p.m.** Community Gathering/ Potluck and Reiki Share

18

**6:30-8:30 p.m.** Creative Writing Workshop

19

**Noon—1:30 p.m.** ACIM  
**6:30—8:30 p.m.** Science of Mind  
**7:15-8:30 p.m.** Speaking Circle

20

**7-9 p.m.** Healing Energy Session with Gregory Weathers  
**Peace Generator**



21

**8:30 a.m.** AA  
**8 p.m.** Spiritual Cinema

*Judy Bell*

*Lorri Coburn*

22

*Rev. Lauren: Leaning In*  
**R:**  
**M:**  
**MU:** Nightfire

23

**10-noon** Dynamic Transformation  
**6:45 p.m.** ACIM  
**7 p.m.** Great Balanced View Video Meeting

24

**10:30 a.m.** The Power of Now Discussion Group  
**5:30 p.m.** Community Gathering/ Potluck and Reiki Share

25

**6:30-8:30 p.m.** Creative Writing Workshop

26

**Noon—1:30 p.m.** ACIM  
**7:30 p.m.** Urantia Book Study  
**7:15-8:30 p.m.** Speaking Circle

27

**7-9 p.m.** Healing Energy Session with Gregory Weathers

28

**8:30 a.m.** AA

*Dick Durham  
 Aaron Stoliker  
 Jill Crane*

29

*Rev. Lauren: Day of the Dead*  
**R:**  
**M:**  
**MU:** Laz Slo-movits

30

**10-noon** Dynamic Transformation  
**6:45 p.m.** ACIM  
**7 p.m.** Great Balanced View Video Meeting

31

**10:30 a.m.** The Power of Now Discussion Group  
**5:30 p.m.** Community Gathering/ Potluck and Reiki Share

*The speaker/ topic are in bold/italic*

**R** indicates the reader

**M** indicates the meditator

**MU** indicates the musician.

Board meeting this month is on October

Birthdays are indicated in **bold/italic**  
**Happy Birthday!**

The newsletter submission deadline is October

*Craig Harvey*

*Brad Nelson*



[blue angels a.jpg](#)

## STEEL STALLIONS: JETS OVERHEAD

By Peggy Lubahn

Remember the chariot race in Ben Hur? The part where Hur's white stallions and Messala's black stallions are pounding down the track at full speed, holding nothing back? All the laps they've already run have been a warm-up, and now neither of those teams cares about the heat or the camera trucks any more—this is THEIR moment and THEIR race and by god they're going to WIN and no power on earth can stop them until they reach that finish line ahead of the other team. Got it? Okay, keep reading.

The Blue Angels arrived at Willow Run Airport on Wednesday afternoon, and had time to make some practice runs getting ready for the Labor Day weekend Thunder Over Michigan Show. The surrounding trees blocked us from seeing the jets, but we sure knew where they were.

Thursday they started in the morning and flew until late afternoon. They need to fly low for many of their routines, and one of their flight paths takes them across Ford Lake (and my house), and back again. Every single thunderous passage, of every single jet, sounds like it is RIGHT OVERHEAD, and feels like an ambulatory earthquake. (At least, that's what it's like for my very sensitive system.)

When I got up this morning (Friday) my nerves were already stretched tight. Once the flights started, my whole body twanged and reverberated to the pressure of the noise and vibrations. Now, I've lived in this area for over twenty years, so Air Shows are nothing new; but I've never FELT so overpowered by these crushingly relentless energies.

Anyway, by 10 a.m. I decided to get away from it all and go to some yard sales. But the jets and other aircraft fly such extensive patterns that everywhere I went, I saw and heard and FELT them pass by. By 4 p.m. I was a wreck! I actually thought about escaping to Saline or Dexter for the rest of the long weekend to

get some peace and quiet; but my stubborn side refused to be driven out of my own home.

So I took several flower essences. Gradually started to feel better. Did some Reiki. Got an idea. I'd had a nice conversation with the plane that carried me to Florida a few years ago; why not talk to the jets about my situation?

Here's where the chariot race comes in: the Blue Angel aircraft are like those stallions: bred to perform and to WANT to win. Even though the jets aren't running a race, they care deeply about what they do, and how well they do it.

The next time they roared overhead, I stretched out my arms and laughed with joy. (Who cares what the neighbors must have thought?) And I called out to them...

*"My friends, I feel your pride, your fierce joy as you gallop across the skies and perform amazing routines. I love what you do, and what you represent, and the important job you are responsible for.*

*"So I am asking you for some help. If there is any way you can safely reduce the amount of noise and vibration we experience here on the ground, thousands of us would be grateful!*

*"From my heart to your hearts, to all the instruments and nuts and bolts and other elements that make up your physical selves, and to your human partners --- I send great love and thanks for considering this request."*

I also asked a Most Benevolent Outcome for my intention to help my body systems adjust to the noise and commotion and vibrations, so that I would merely hear the fly-overs. By dinner time, I felt calmer and more myself.

The next day was Saturday and as I headed out to an estate sale, the Angels flew right over my car in formation (what a coincidence!), and I cheered them on. By Sunday I was barely noticing the jets or the other aircraft that were performing (using the same flight paths over Ford Lake, of course).

Monday was the last day of the air show, and we could hear the jets all around. I sat on a picnic table and thanked them for being so gallant and kind. I said I would miss them and their fiery energy, and hoped we would meet again. Five minutes later the whole team flew low toward Ford Lake in exactly the one bit of open sky where I would see them clearly for about seven seconds.

Priceless!



**Board Minutes for September 17, 2017**  
*by Tony Nader*

We meet at the Center after services. All board members were present except Tommie. In addition, Lauren, Delyth, Annie and Johanna Nader were with us as well.

**Lauren**

She is working on outreach and promotion of the Center. She is in contact with Mary Ann at Washtenaw Sanctuary Congregation. They support undocumented immigrants. There are 3 levels of support:

- 1)housing them,
- 2)providing financial support, or
- 3)expressing publicly our support. There was general discussion on whether this is a political statement or an expression of our humanity and values. Lauren will continue exploring this concept

Another idea she is working on is the Psychic Expo held bi-annually in Ypsilanti. A table cost \$200, which we deem to be too expensive for us, but we are on the waiting list. We are going to look into sharing a table. Someone suggested checking with Laurie Colburn, who has promoted this event in the past.

We have reserved the Community Room at Crazy Wisdom, which cost \$28/ evening. On Nov. 3, the Friday night before a U of M football game, we are hosting a healing event. As a fund raiser , we are sponsoring Reiki and massage, amongst other things, for a love offering.

On Dec. 9, instead of Cafe 704, Alaura is hosting a fund raising concert/raffle. This is still coming together. Johanna has volunteered to help organize. In the past, we have earned the most money by selling \$20 tickets to the event as well as having the raffle.

**Delyth**

She and Annie are looking at having a one-on-one conversation with the community. They will base this on what they learned at a LGBTQ workshop they attended. On our Finances, she reported that we are running about 6k in the red for the year, which is exactly equal to what special offerings have been in the past. Since the majority of these occur at year-end, she is not concerned and expects our year-end balance will be positive.

The update on Kickshaw is they made a counter-offer, a flat \$1500 fee with 10% of the gate, capped at \$4500.

We are expecting two performances, one this Winter and one in the Fall. Steve Lyskawa volunteered to be our Treasurer. Lindsay made a motion, seconded by Pat, to accept him for the position and the board unanimously agreed. In addition, the Finance committee wrote up a job description for the Treasurer. Steve made a motion to accept, Tony seconded—all agreed.

**Pat**

Pat Root and Mary Alice have agreed to become co-chairs of the board until the Annual Meeting. Lindsay motioned to accept this arrangement, Tony seconded— Board unanimously approved. This adjusts responsibilities based on expertise/capacity. Also, Tommie resigned from the Board. Ray Fix has agreed to return.

**Future**

Board Meeting - Oct. 15.  
Our next QCC is Oct. 29.  
Mary Alice is initiating the Community Visioning process beginning Nov. 18 focusing in "The best that the ICSG is now" and finishing Jan. 20 "imagining what we could be."





Image from [peaceseeds](http://peaceseeds)

### Caring Committee Contact List

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Sue Booker

### CONTRIBUTORS WANTED!

We would love to have your input in the newsletter: spiritual moments, movie/book reviews, exciting announcements, poems, etc.

We try to have the newsletter ready for final editing by the third Sunday of each month. Please send contributions to Heide at [mommyk@tc3net.com](mailto:mommyk@tc3net.com) with "Interfaith submission" in the subject line. If you do not mention Interfaith, your email might get kicked right into the recycle bin by my spam filter.

If you cannot email your contribution, you may give it to Heide on Sunday.

**To receive the online newsletter, go to <http://lists.interfaithspirit.org/listinfo.cgi/interfaithinspiner-interfaithinspiner.org> to subscribe.**

Want to hear from us throughout the week? Receive or send email through Interfaith Yahoo by going to

<http://groups.yahoo.com/group/InterfaithSpirit/>

Namaste from your newsletter team: Heide, Esther, and Lindsay.

#### BOARD OF TRUSTEES

Pat Root, Chair

Mary Alice Truitt, Co-chair

Tony Nader, secretary

Marlena Studer, member

Lindsay Passmore, member

Ray Fix, member

Steve Orłowski, member

Board email address is

[board@interfaithspirit.org](mailto:board@interfaithspirit.org)

#### STAFF

Lauren Tatarsky, *Minister*

Delyth Balmer, *Administrator and Associate Minister*

Annie Kopko, *Associate Minister*

Alaura Massaro, *Music Director*

Dawn Swartz, *Choir Director*

Heide Kaminski and Kellie Love, *Youth*

*Education Directors*

Tommy Kaminski, *Nursery*

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Heide Kaminski, *Editor-in-Chief*

Esther Reilly, *Proofreader*

Lindsay Passmore, Steve Lyskawa, *Webmasters*

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# Cafe 704

## Nutshell at Café 704

Saturday, October 14 8:00 p.m. – 10:00 p.m.  
Doors open at 7:30 p.m.  
704 Airport Blvd., Ann Arbor, MI 48108  
Suggested donation: \$8/person or \$15 for two



Nutshell is a Celtic roots band using traditional music of Ireland, Scotland, and Cape Breton as a starting point for creating their own sound. Their repertoire ranges from high energy traditional jigs and reels, to expressive airs and contemporary folk songs with four and five part harmonies. Performing at the Cafe 704 will be Linda Teaman providing lead vocals and playing banjo-ukulele and bodhrán, Tom Voiles on flute, whistle, sitar and vocals, Glenn Simon on guitar and vocals, and John Lloyd on guitar and drums.

Samples can be heard and CDs can be purchased through their website:  
<https://www.nutshellann Arbor.com/>

Interfaith Center for Spiritual Growth, 704 Airport Blvd, Ann Arbor 48108

Sweet treats, sodas, bottled water and hot beverages are available for donations.  
The Café is in a converted warehouse behind Motel 6.

<http://interfaithspirit.org/cafe-704-coffeehouse/>



# Youthful Spirits



## Lessons in Nature



*Love, Light, and Laughter  
Heide, Kellie, Tommy, Dawn, and the Youthful Spirits*



hope, love and clarity/light)  
**Approach:** self-examination, small and large group discussion  
**Location:** Zion Lutheran Church, 1501 W. Liberty, Ann Arbor  
**Cost:** \$40 (includes all materials)

Reserve a place by registering via email at [gbrides@umich.edu](mailto:gbrides@umich.edu)

\*\*\*\*\*

*Reaching Across Differences: Conversations that Matter in Today's World*

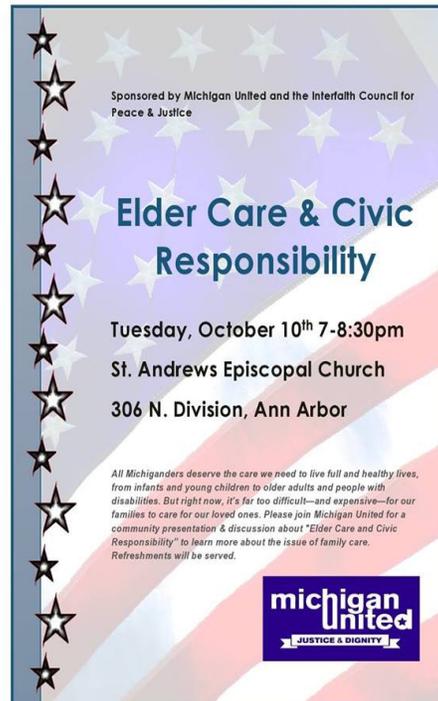
Some have asked, “How do I talk with people who see life from such a different points of view?” Others have said, “I just want to be a better listener.” And still others wonder, “Are there better ways to connect with those who don’t think like me, look like me or practice like me?”

A current crisis in our society is our on-going struggle to truly hear each other and to help each other discern what sits at the heart of our beliefs, our fears and our desires for a wholesome life. What are some deep listening and inquiry practices that can bring us closer together rather than further apart?

The IRT invites you to come explore and practice conversations that will expand our ability to listen more deeply and discover what truly matters at the core of any conversation. How can we reflect each other’s sacredness in ways that can help each of us see our true beauty and each other’s heart’s desire to thrive and live a blessed life?

**Four October evenings (7-9 pm): 3 Tuesdays (3,10,17) & 1 Thursday (26)**

**Themes: four core attributes (trust,**



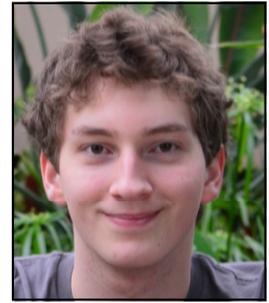
# *The Caring Committee*



*Marilyn,  
Chair*



*Heide and Kellie,  
Vice Co-chairs*



*Tommy, record  
keeper*



*Khristian*



*Annie*



*Delyth,  
Liaison*



*Idgie*



*Beth*



*Judy*



*Michael*



*Jack*



*Jan*

*If you have a service to offer, please contact [Marilyn](#)*



## Interfaith Caring Committee Survey

We are looking for your participation and support of fellow Interfaith members in crisis in any way that is appropriate for you. If you are called on by a caring committee member to support a particular need, you always have the opportunity to decline if it doesn't work for you at that time. Please fill out this survey as completely as you are able. All gifts, skills, and talents are appreciated. Thank you for taking the time!

Name: \_\_\_\_\_ City/Part of town you live or work in: \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Best way to contact you: \_\_\_\_\_ Best times to contact you: \_\_\_\_\_

Check all areas that you are willing to participate in and specify any limitations...

Driver (Interfaith/appointments)  Craft Teaching (type)  Counseling (type)

Medical Equipment loan (type)  Meal Prep  Consulting (type)

Child Care  Errands  Cleaning  Yardwork  Snow Shoveling

Healing/energy work  Household Donations  Clothing Donations

Caregiver Break  Send Cards  Computer Help  Healing Music

Fun Companionship  Pet Care  Massage  Money Donation

Listening  Prayers  Respite Care  Join Caring Committee

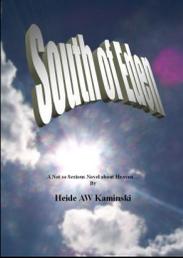
Other \_\_\_\_\_

Limitations and additional information:

I currently have need of (be specific):



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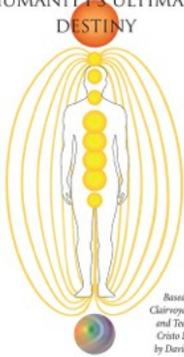


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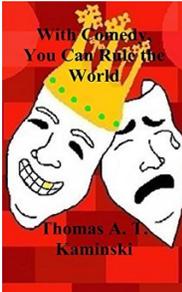


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- Involve radio and television - have them broadcast the PEACE CLOCK name, slogan and logo accompanied by one minute of silence every day.
  - Above all - approach all interactions with others in peaceful, constructive and creative ways.
    - Copy and share this information with as many people as you can.

**PDF Fliers:**

- Arabic: ساعة السلام Chinese: 和平默禱 Dutch: VREDESKLOK
- English: PEACE CLOCK French: UNE HORLOGE POUR LA PAIX
- German: FRIEDENS UHR Hebrew: שעון השלום
- Hungarian: BÉKEÓRA Italian: OROLOGIO DI PACE
- Japanese: ピース クロック Korean: 우리의 삶에 평화가 깃들길
- Pharsee: زمان نماي صلح Polish: ZEGAR POKOJU
- Portuguese: Hora da Paz Romanian: CEASUL PĂCII
- Russian: ЧАСЫ МИРА Spanish: UN RELOJ POR LA PAZ
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