



Interfaith Inspirer

An Interfaith Center for Spiritual Growth News Publication

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Welcoming Spring: Nature's Death and Rebirth

By Lauren Tararsky

My father passed away on March 23, 1997, 20 years ago and just months before my 10th birthday. My dad's last words to me were, "A penny for your thoughts?" and at the time, I simply fell against his chest and cried. Since then, I've shared a lot of thoughts with him, in the spring especially (he owes me enough pennies to make me a rich woman!). Spring often ushers in feelings of grief and loss to my heart and at the same time, every spring, the Earth births buds which magically burst into colorful bundles of joy and the sun warms the ground after months of decay, having completed the business of composting and hibernating. The juxtaposition of death and rebirth seem so present at this time of year.

A few years ago, I was training as a labor doula and also volunteering with hospice. There was one week in particular when I was scheduled to assist at a birth and I was also present for a death at the hospice care center. In the span of just a few days, I saw life being brought into the world before my eyes and witnessed a soul leave its body. Death and birth happen physically in ways we can see and also in more subtle ways, as parts of us die to make way for new awareness, for new growth. Death and birth are part of life every single day in a multitude of ways, but we may become especially aware of them at times like this when the seasons change and we notice how our outer world mirrors our inner world.

Spring can bring an energy of freshness, awakening, excitement. We may begin to feel new energy pulsing through our veins, building in us, ready to burst forth. And we may also feel the sense of what we leave behind, the death perhaps both physically and energetically, that has occurred in the quiet winter months. It is a rich time, a time of change and growth. Certainly, there is much change happening here at ICSG. In some ways, it is a death and in some ways, a birth. The Earth teaches us that energy is never lost, just manifested in different ways. Even our very cells slowly die to be re-

born within us, a process that completes itself every seven years. We are always dying and being reborn.

Death is not easy. Losing my father signified the most difficult journey of heartbreak I've ever faced. But after death, must come birth. They are two sides of the same coin. Our rebirth often comes to us only after a journey through what can be painful, uncomfortable, scary. messy. I don't know about you, but birthing almost always stirs me up in very challenging ways. Certainly, this is visible in the work of a woman's labor culminating in her child's birth, and is often also visible in the dying process as so much is sorted out on all levels, physically, emotionally, and spiritually. It seems that only by going through the trials of change do we gain the wisdom we need to continue birthing our souls and blossoming into our lives.

This spring, I will take time to lie against the Earth, allowing the Great Mother to hold me, feeling the rebirth taking place in the ground underneath me and in the stirrings in my own soul. There is a shamanic ritual of awakening the Earth in the spring. Perhaps it's something you would like to do as part of your spiritual practice this season. Take a walking stick or any long stick you can find and walk on the land, tapping the stick on the ground gently, offering a message of awakening. You may like to recite a blessing or invitation that calls to you, sending a message to Mother Earth as she wakes after the quiet of winter. Perhaps a message of healing is especially needed right now. In Shamanism, the understanding is that we are Earth, one in the same, always connected, so this message speaks to our souls in the same moment as it speaks to the land. We are invited to listen closely to the Earth's messages of death and rebirth as we are called into this new season.





Ministerial Miscellany

By Dave Bell

Dear Friends,

What an exciting day for the Center! We have selected Lauren Tatarsky as our new Senior Minister in a virtually unanimous fashion. I am thrilled with the choice. I am completely comfortable with handing her the baton to lead the next phase of the Center. She has both youth and wisdom, energy and presence. It is hard for me to imagine a more ideal candidate. I look forward to watching the Center grow and flourish under her leadership. Good job everyone.

Many of you have asked if we are moving to Florida. The answer is no. We are committed to Ann Arbor for the foreseeable future. There are too many things that tie us here. Not least is the Center. We will continue our annual snowbird trip to dodge the worst of winter weather. When here, I would be open to invitations to speak on an occasional Sunday.

There will only be one more issue of Ministerial Miscellany penned by me. As you might imagine, there are cross currents of emotions. I am both happy to be retiring and feeling some separation anxiety from what has been a major portion of my life for the last twenty years. There have been many highs and a few lows. On the whole I can honestly say, "It has put a smile on my face and warmth in my heart."

I have really become a fan of non-violent communication, the process created by Marshall Rosenberg. It is a way to incorporate spiritual principle into everyday living without being preachy or argumentative. It is clear that most of us have not been taught to recognize and express our feelings. Many of us have been taught to suppress our feelings and to subjugate them to the demands of others. This four step process is way to retrain our minds so that we can have a joy filled life and enjoy all of our relationships. Perhaps we will do a workshop in the near future.

Blessings,

David

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*Community
Member
of the Month*

Dazzling Dave

By Jeanne Adwani

Dave Bell is the penultimate Community Member of the Month. He is who brought us all together and has been the 'glue' of our community for nearly two decades. There is BIG LOVE for us around Dave.

Dave is making his transition from being our leader to being 'just-a-regular-guy' visiting the Center with his adorable wife, Judy, doing his 'handy man' thing, playing with his trains, and hanging out with us. A new 'lead' Leader has been chosen and Dave will be stepping out of his role by June. For many of us this is a little scary and exciting all at the same time. Who could possibly fill those Big shoes of his, (they are big, honest) and lead us forward?

Dave has done so much to love us and lead us to understand and to find our own Oneness, our own way to love unconditionally. His messages, his wisdom, his incredibly loving Sheppard-hood of us have been deeply motivating. There will never be another Dave!

There are reams of words to be said with Dave in my mind as I write this. What I believe most of us know, is that being a leader, someone that tends to us in that way, supports our highest and Greatest good, instills hope and possibilities in us, who holds us when we are frightened, who celebrates the all of us, is not easily found or noted. Dave is a leader to be admired and to aspire to.

I am glad that he will still be hanging around us in some ways and loving us as he has and will continue to do.

WE LOVE you DAVE. We have so much gratitude for all that you are, have been, and will unfold into as time flies by!

Thank you , Thank you, Thank you.



Save the Date!

You are invited to a

**Retirement Party / Open House in honor
of Dave and Judy Bell**

Saturday, June 17, 6 - 9 p.m.

Interfaith Center for Spiritual Growth

Join us in celebrating 18 years of service

Food, Fellowship, and Fun

Everyone Welcome!

Sunday Celebration Services
are held at 10:45 a.m. at
704 Airport Blvd.,
(off S. State Street) near I 94



MISSION STATEMENT

*Spiritual seekers joining in
community to attract others of
like mind, creating an atmos-
phere and structure to foster
and stimulate our individual
and collective spiritual growth.*

Mark your calendars!

**CAFE 704 CONCERT
SERIES
Saturdays**

April 8: Annie and Rod Capps

**PEACE
GENERATOR
April 21**




Easter Dinner

Sponsored by the Caring Committee

Sunday, April 17

following the service

Potluck Style

Ham will be provided by the CC

Please sign up in the lobby

The Service
begins at
10:45 a.m.

Mon

Tue

Wed

Thu

Fri

Sat

*The speaker/ topic
are in bold/italic*

R indicates the
reader
M indicates the
meditator
MU indicates the
musician.

Board
meeting this
month is on
March 19

The newsletter
submission
deadline is
March 19

Birthdays are
indicated in
bold/italic
**Happy
Birthday!**

1

8:30 a.m. AA

**7:30 p.m. Drum and
Dance Jam**

*Rob Russell
Pat Root*

2

3

4

5

6

7

8

Rev. Annie: TBA
R: TBA
M: TBA
**MU: Annie and Rod
Capps**
Potluck

10-noon Dynamic
Transformation
6:45 p.m. ACIM
7 p.m. Great Balanced
View Video Meeting

10:30 a.m. The Power
of Now Discussion
Group
5:30 p.m. Community
Gathering/Potluck
and Reiki Share

6:30-8:30 p.m. Crea-
tive Writing Work-
shop

Noon—1:30 p.m.
ACIM
5 p.m. ESL class
6:30—8:30 p.m.
Science of Mind
7:15-8:30 p.m.
Speaking Circle

7-9 p.m. Healing
Energy Session with
Gregory Weathers

8:30 a.m. AA
8 p.m. Café 704

9

10

11

12

13

14

15

Norma Gentile:
Song Sermon
R: Esther R.
M: TBA
MU: Norma Gentile

10-noon Dynamic
Transformation
6:45 p.m. ACIM
7 p.m. Great Balanced
View Video Meeting

10:30 a.m. The Power
of Now Discussion
Group
5:30 p.m. Community
Gathering/Potluck
and Reiki Share

6:30-8:30 p.m. Crea-
tive Writing Work-
shop

Noon—1:30 p.m.
ACIM
7:15-8:30 p.m.
Speaking Circle

7-9 p.m. Healing
Energy Session with
Gregory Weathers

8:30 a.m. AA
**8 p.m. Spiritual Cin-
ema**

Malcolm Schaffner

*Tom Headrick
Amber Messman*

Joanna Courteau

16

17

18

19

20

21

22

Rev. Dave:
**Awakening Your
Christedness**
R: Mary Alice T.
M: Jan P.
**MU: Interfaith Drum-
mers**

Norah Reilly

10-noon Dynamic
Transformation
6:45 p.m. ACIM
7 p.m. Great Balanced
View Video Meeting

10:30 a.m. The Power
of Now Discussion
Group
5:30 p.m. Community
Gathering/Potluck
and Reiki Share

6:30-8:30 p.m. Crea-
tive Writing Work-
shop

Noon—1:30 p.m.
ACIM
6:30—8:30 p.m.
Science of Mind
7:15-8:30 p.m.
Speaking Circle

7-9 p.m. Healing
Energy Session with
Gregory Weathers
7-9 p.m.
Peace Generator



23

24

25

26

27

28

29

Rev. Dave" The
Gift of Anger
R: Marlena S.
M: TBA
MU: Dancers for Life

10-noon Dynamic
Transformation
6:45 p.m. ACIM
7 p.m. Great Balanced
View Video Meeting

10:30 a.m. The Power
of Now Discussion
Group
5:30 p.m. Community
Gathering/Potluck
and Reiki Share

6:30-8:30 p.m. Crea-
tive Writing Work-
shop

Noon—1:30 p.m.
ACIM
7:30 p.m. Urantia
Book Study
7:15-8:30 p.m.
Speaking Circle

7-9 p.m. Healing
Energy Session with
Gregory Weathers

8:30 a.m. AA

Carol Jacobs

30

Rev. Dave:
**Aligning With
Dignity**
R: TBA
M: TBA
MU: Bob Songer



Leaning From a Wind

Do you remember that day when the wind couldn't stop?

The traffic lights dropped
and all the people paused at the crossroads.

The wind said, "Watch This."
and we did.
We waited.

One week later, the wind chill was Zero.
Our shoes crystallized, and the edges of our eyes
and all the handles stung.

The wind said again, "Watch This."
and we did.

Look at Oya, the Free Spirit, the Force,
The Goddess of Gales,
the one who sweeps the city and keeps us in
the one who is not patient
but points us to the light of Spring—
She pushes.

We are leaning from a wild wind
releasing old branches into the black marsh
which cushions and buries the fallen.

Oya said, "Let Go."
and we did.

-sarah matteo

LOON'S MESSAGE: Creativity, Mystery and Imagination

By Peggy Lubahn

I've been in love with Loons most of my life, ever since I spent a week watching a family on Gray Lake (in the Grayling area) during a visit when I was about ten years old. Their stunning black and white plumage, unique otherworldly yodel and tender care of their chicks make them one of the most captivating birds you can meet in the Great Lakes.

A solitary male has been resting here on Ford Lake before continuing his flight north. He greeted me very graciously a few days ago, and just now I heard a loon call while I was watching Planet Earth; so it was quite clear that the loon folk wish to speak for this April writing.

Loon reminds us that it is never too late to fulfill a dream; dive deep into your imagination and stir up the dreams and desires you'd like to revive. Open the channels of your life so that you can experience more than one type of thinking, and swim WITH the currents instead of battling against them! If you have great vision and trust your own intuitive creativity, nothing can stop you.

If you've never heard a Loon's call, you owe it to yourself to find a recording on the Internet. Then sit back, and close your eyes. Imagine a lake at midnight, and a sky full of stars, and allow the haunting voice of this mysterious messenger to resonate with your ancient soul self and awaken you to new possibilities.



"Family Outing, Loons" by Daniel F. Heuer

We Have Come to be Danced

by Jewel Mathieson
Submitted by Lauren Tatarsky

We have come to be danced
not the pretty dance
not the pretty pretty, pick me, pick me dance
but the claw our way back into the belly
of the sacred, sensual animal dance
the unhinged, unplugged, cat is out of its box
dance
the holding the precious moment in the palms
of our hands and feet dance
We have come to be danced
not the jiffy booby, shake your booty for him
dance
but the wring the sadness from our skin dance
the blow the chip off our shoulder dance
the slap the apology from our posture dance
We have come to be danced
not the monkey see, monkey do dance
one, two dance like you one two three, dance
like me dance
but the grave robber, tomb stalker
tearing scabs & scars open dance
the rub the rhythm raw against our souls

dance
WE have come to be danced
not the nice invisible, self conscious shuffle
but the matted hair flying, voodoo mama
shaman shakin' ancient bones dance
the strip us from our casings, return our wings
sharpen our claws & tongues dance
the shed dead cells and slip into
the luminous skin of love dance
We have come to be danced
not the hold our breath and wallow in the shal-
low end of the floor dance
but the meeting of the trinity: the body, breath
& beat dance
the shout hallelujah from the top of our thighs
dance
the mother may I?
yes you may take 10 giant leaps dance
the Olly Olly Oxen Free Free Free dance
the everyone can come to our heaven dance
We have come to be danced
where the kingdom's collide
in the cathedral of flesh
to burn back into the light
to unravel, to play, to fly, to pray
to root in skin sanctuary
We have come to be danced
WE HAVE COME

Caring Committee Announcements

- 1) Michael O'Shea is our new transportation coordinator. This means he will match people who need rides with people who need drivers. We have a good list of drivers! Call Michael at 586-770-2904 or mwposhea@yahoo.com, if you need assistance with rides! He will take into consideration things, such as your preferences for a male or female driver.
- 2) Jan Peacock would like to direct the older members of our congregation towards a valuable service, called EMS Plus, a plan that will pay for ambulance services. If you enroll in their program, you will also support your non-profit community ambulance service! Please check it out at <http://www.emergenthealth.org/community-programs/emsplus>



ANNUAL EASTER DINNER

April 16
1 p.m.—?

We will provide the ham, you bring the rest :-)

Entertainment by
Jack Richards

We are still looking for volunteers to clean up after the event.
Please see Marilyn or Heide





Image from peaceseeds

Caring Committee Contact List

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Sue Booker

CONTRIBUTORS WANTED!

We would love to have your input in the newsletter: spiritual moments, movie/book reviews, exciting announcements, poems, etc.

We try to have the newsletter ready for final editing by the third Sunday of each month. Please send contributions to Heide at mommyk@tc3net.com with "Interfaith submission" in the subject line. If you do not mention Interfaith, your email might get kicked right into the recycle bin by my spam filter.

If you cannot email your contribution, you may give it to Heide on Sunday.

To receive the online newsletter, go to <http://lists.interfaithspirit.org/listinfo.cgi/interfaithinspiner-interfaithinspiner.org> to subscribe.

Want to hear from us throughout the week? Receive or send email through Interfaith Yahoo by going to

<http://groups.yahoo.com/group/InterfaithSpirit/>

Namaste from your newsletter team: Heide, Esther, Deane and Lindsay.

BOARD OF TRUSTEES

Pat Root, Chair

Ray Fix, member

Rob Fagerlund, member

Lindsay Passmore, member

Jeff Alden, member

Steve Orlowski, member

Scott Alf, alternate member

Danielle Cassetta, member

Board email address is

board@interfaithspirit.org

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David Bell, *Minister*

Delyth Balmer, *Administrator and Associate Minister*

Annie Kopko, *Associate Minister*

Laura Massaro, *Music Director*

Heide Kaminski and Kellie Love, *Youth*

Education Directors

Tommy Kaminski, *Nursery*

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Lindsay Passmore, Steve Lyskawa, *Webmasters*

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heide.kaminski@interfaithspirit.org

ANNIE & ROD CAPPS

WITH OZZIE ANDREWS ON BASS



These beloved Ann Arbor folk artists perform songs about broken things and poignant little ponderings delivered with a rootsy vibe, a touch of Iwang, and a soulful groove. Annie's disarming, earthy voice and solid command of her guitar are punctuated by Rod's effortless accompaniment and beautiful solo work. Together since 1982, they weave unforgettable melodies that are at once intricate and sparse — musically completing each other's sentences.

CAFE 704

SATURDAY APRIL 8, 2017

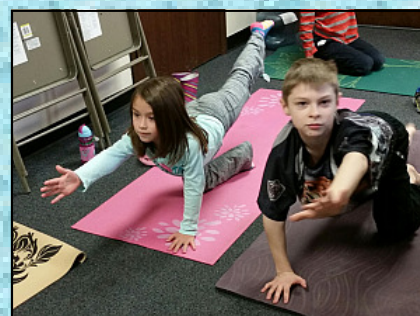
INTERFAITH CENTER FOR SPIRITUAL GROWTH, 704 AIRPORT BLVD, ANN ARBOR 734-327-0270

DOORS 7:30P SHOW 8:00PM DONATION: \$8 OR \$15 FOR TWO

WWW.INTERFAITHSPIRIT.ORG/CAFE-704-COFFEEHOUSE/

ANNIEANDRODCAPPS.COM

Youthful Spirits



Happy Spring, Happy Easter, Happy Life!
What an exciting month we had! Once again,
we will pictures speak a thousand words...
We had a pretty regular attendance by Lyric,
Marius, Marygold, Ruby, Sofia, Elliot, Mica,
Bella, Dimitri, James Archer, and Ashton.

We are truly blessed!

Please check out
<https://memoryproject.org/>, as we would like
to encourage you all to participate with us in
this project for third world children!

*Pictured above are some scenes from March
Sundays: our "Helping Quilt," Bella and Mia
showing off their "lights," Ashton, Evan,
Mica, Bella, and James Archer practicing
Yoga, a non-violent form of communication.*

*Love, Light, and Laughter
Heide, Kellie, Tommy, and
the Youthful Spirits*



March Board

Highlights

*By Pat Root
Board Chair*

March was quite a month for all of us, wasn't it? Read below the summary of the March board meeting, including a glimpse inside our "executive session" which of course can now be made public, and the March 26 Annual Meeting.

MARCH 19 BOARD MEETING

Members of the ministerial search committee joined the board and ministers for a closed "executive session". The MSC reported about the near-90% preference rating by the membership for one candidate [Lauren] over the other and its own unanimous recommendation for the board to present that person's name to the membership for an up-or-down vote at the Annual Meeting the following Sunday. The board agreed unanimously, and everyone agreed to not disclose this information until that day.

Back in open session, Kevin Gilson (Leadership Team chair) offered:

Dave's party will not be a roast but a fundraising reception without a minimum donation expected. All are welcome.

This year's Cafe 704 fundraiser may be in December. Also the amount paid to Cafe 704 musicians may increase. The board requested more information for its April meeting.

We may soon need to "find" some money to improve the sound system. Delyth's financial report included that expenses and income broke even for the last 12 months, but we need to be diligent about trying to increase income. [Note from Pat: budgeted expenses have been at bare bones amounts for a long time and need to increase.]

It turns out the outgoing board was unable to finalize a project (creation of committee charters for fundraising, growth, and a volunteer coordinator), so those will unfortunately be in the hands of the new board.

Continuing board members bid a fond farewell to Jeff Alden, Danielle Cassetta, and Rob Fagerlund. Each one brought a unique point of view and wonderful gifts to their board membership the last two years. They will indeed be missed. Ray Fix ended his one year term (filling out Sally Searls' term), and is a nominee for a 2-year term.

MARCH 26 ANNUAL MEETING

Ministerial Selection On behalf of the MSC and board, Lindsay Passmore thanked the community for its care and participation in the process of selecting a new senior minister, and invited those in attendance [big crowd!] to speak and process any anxiety or fear about the pending transition.

On behalf of the MSC, Maureen McMahon offered that after a thorough and extensive process that included vetting, review of essays, reference calls, interviews, workshops, talks, community comments, feedback, ministers' input, and most importantly, the polling result that over 90% of our community would prefer Lauren Tatarsky, the Ministerial Search Committee put forward to the Board a unanimously agreed upon recommendation that Lauren Tatarsky be hired.

Dave Bell said he feels complete relief, joy, and confidence — and he is thrilled to hand over the baton to Lauren. "This organization is on the onward and upward path with energy, growth, and survivability — and that is the most important thing to me as I retire."

continued on page 11



Board Meeting Minutes

*Continued from
page 10*

On behalf of the board, Jeff Alden made a motion that we hire Lauren Tatarsky for the position of senior minister effective June 1 of this year. The motion was seconded, and a time of discussion began. It is not appropriate to say who said what, but here is an assortment of comments:

"I have counted the people in attendance for years, and attendance has increased substantially, in part due to interest about this very process."

"We have been hungry for growth, and until recently didn't have a coherent idea of how we wanted that to form."

"We are never ever really going to lose Dave; he is going to always be a part of this group."

"I viewed Lauren from my laptop and was immediately drawn to her."

"I am excited for us to have our dreams, but to support hers as well."

"Thank you, Dave, for 20 years."

"There are enough of us who care about this place that it's not going to change to the point where we won't want to come."

"This is a big opportunity to do some strategic planning and visioning."

"I was surprised when my husband said it was 'awesome', which is rare for my husband.... By this community supporting her by 90%, I am proud of the example we are setting."

"The energy when Lauren spoke was huge, and it continued in that vein. It reaffirmed my choice in being here."

"Two elements are encouraging about the congregation: 1. We found someone who really spoke to us; 2. We as a congregation have really

thrived through this process. I see this as a partnership.... I am so proud of how successful the whole transition has gone."

"I am so relieved I do not have to leave my spiritual home...."

"....she is a beacon of light.... I don't doubt her leadership skills at all...if there is anything she might need help with it is to establish boundaries between her role as counselor to the congregation and her own independent practice."

Lindsay: "If you have something you want to talk about, and you want to raise a concern but don't feel comfortable doing this now, please share your concerns. We want to hear from you and make sure you have a chance to share and express what is in your hearts."

"...I want to be open-minded, but I am feeling anxiety about this. This community is more diverse than I am. I just want to admit that I do have anxiety, and I have to come to grips with that. But that's okay, and I am working through it in this community."

Lindsay: "Thank you for not taking that out the door with you.... I am sure there are people here that are grateful for your honesty."

"...it's not just Lauren's burden to speak and inspire us every week, and we all have stuff to share, with each other and with her. I don't want that aspect of our community to be lost."

"We have to support the business that is Interfaith, but it means we all have to participate — with time, effort, money. We can't sit back and take advantage of it. Without that support Lauren will have nothing to do because we would go out of business."

Two things happened during this discussion.

Dave presented the possibility of ordaining Lauren at the time of her "installation" as our minister, if she is willing. He said "Her Master's degree program from a reputable

university in California is very much what she would have received at an interfaith seminary." Someone responded "I have read her bio and she has experienced things other ministers only read about." The board will consider the possibility of ordaining Lauren.

Members in attendance cast their ballots to either agree or disagree with the board's recommendation that Lauren be our next senior minister. The results were announced: 1 abstention, 1 no, 89 yes.

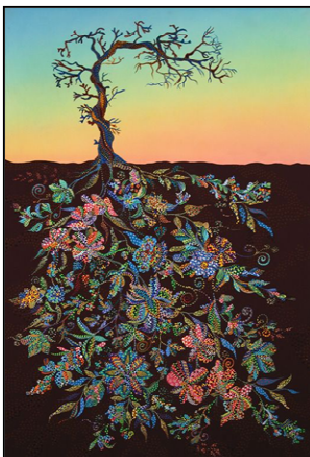
Election of 4 new board members
Nominees Ray Fix, Tony Nader, Tommie Parker, and Mary Alice Truitt were elected to 2-year terms — and Marlena Studer was elected to serve as alternate member.

Leadership Team
Bob Hopkins said "If you want to volunteer, coordinate, suggest a new project, or help out in any way, the Leadership Team is the best place to come. It taught me the inside of the organization, putting ideas into action. Meetings will be moved to the second Sunday after service to make it more accessible to more people."

Caring Committee
Marilyn Alf asked that more respect be shown to Caring Committee meetings — which have been asked to work around board meetings, QCCs, and potlucks. "We need help in finding a Sunday that is dedicated to the Caring Committee." Randall Counts proposed, and there was consensus around, scheduling QCCs on 5th Sundays.

Dave's Party Scheduled for Saturday evening, June 17.

The Annual Meeting ended with everyone reciting the Benediction.



Dear All At Interfaith,

If you are looking for a way to connect and engage more deeply with others, join the **nearly 40** of us who are participating actively in Dyads! Dyads offer a chance to get to know someone at Interfaith a little better and deepen our sense of belonging in our spiritual community.

Details:

- Sign up on the sheet at the Sunday table, through the Interfaith listserv or by contacting me directly: leaningfromawind@gmail.com
- There is no need to sign up every month if you've already been participating.

Sign up anytime. If you miss the monthly deadline, I'll just put you in the pool for the following month.

April Dyad Theme: EMERGENCE
SOUL QUEST-IONS:

- 1.) (always first) How are you? No, really. How are you? Mind, body, spirit.
- 2.) Reflecting on the past, finish this sentence: "I used to _____."
- 3.) What are you becoming? What is your next new story?
- 4.) What do you experience as barriers to your emergence? What stops you?

When you're paired:

You'll get an email from me. At your convenience, set up a day and time for the two of you to meet (a coffee, a walk, a beverage, a meal, an event you don't want to go to alone, anything!). When you meet, talk briefly or at length using this month's guiding "soul quest-ions" to engage in a deeper dialogue. As always, if the given questions don't include what life is asking from you, spend time listening to your days to hear your own.

I hope you'll consider participating in the dyad experience. It's important to connect more personally with someone in our spiritual community, explore ourselves, and deepen our way of relating through spirit-centered dialogue.

Questions? Suggestions? Find me.

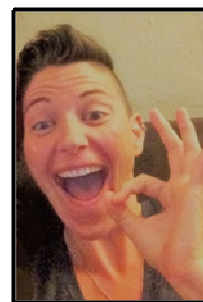
Your friend,
Sarah

P.S. – What do YOU want to talk about? Send me your ideas!



In the spirit of Emergence:

*Within each of us,
A wondrous wholeness is bubbling up
and rising to the surface. –Jane Mountrose*





*Marilyn,
Chair*

The Caring Committee



*Heide and Kellie,
Vice Co-chairs*



*Tommy,
Youth rep*



Khristian



Annie



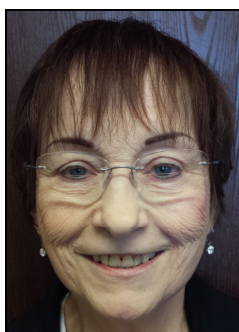
*Delyth,
Liaison*



Idgie



Michael



Beth



Judy



Jan



Jack

If you have a service to offer, please contact [Marilyn](#)



Interfaith Caring Committee Survey

We are looking for your participation and support of fellow Interfaith members in crisis in any way that is appropriate for you. If you are called on by a caring committee member to support a particular need, you always have the opportunity to decline if it doesn't work for you at that time. Please fill out this survey as completely as you are able. All gifts, skills, and talents are appreciated. Thank you for taking the time!

Name: _____ City/Part of town you live or work in: _____

Phone: _____ e-mail: _____

Best way to contact you: _____ Best times to contact you: _____

Check all areas that you are willing to participate in and specify any limitations...

___ Driver (Interfaith/appointments) ___ Craft Teaching (type) ___ Counseling (type)

___ Medical Equipment loan (type) ___ Meal Prep ___ Consulting (type)

___ Child Care ___ Errands ___ Cleaning ___ Yardwork ___ Snow Shoveling

___ Healing/energy work ___ Household Donations ___ Clothing Donations

___ Caregiver Break ___ Send Cards ___ Computer Help ___ Healing Music

___ Fun Companionship ___ Pet Care ___ Massage ___ Money Donation

___ Listening ___ Prayers ___ Respite Care ___ Join Caring Committee

Other _____

Limitations and additional information:

I currently have need of (be specific):



MONTHLY 1 HOUR ESL WORKSHOP

At the Interfaith Center for Spiritual Growth in Ann Arbor!

Every 1st Thursday at 5pm from April to August

Beginning in April 2017 Curtis Glatter, Heide Kaminski and special guest Larry Mandel will be hosting a monthly workshop for the purpose of tutoring English as a Second Language for those who would like to learn and practice more English for one hour.

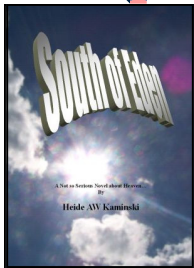


The tutors will provide all of the handouts and supplies that are needed for each student to succeed in each workshop that is taught. These workshops are created for the purpose of tutoring beginning and intermediate non-native English Speakers who would like to practice speaking English before the weekend arrives. Since all materials are provided and teachers are trained to teach beginning and intermediate English speaking families and students, the cost of the monthly workshop will be a donation of \$10 per person per day. Bring your own notebooks and pens or use the ones provided to you at the Interfaith Center.

**The location of Interfaith Center for Spiritual Growth is
704 Airport Blvd., Ann Arbor, MI.**

**For more information go to interfaithspirit.org
or call 734-972-6098 to reserve your seat for 5 months.**

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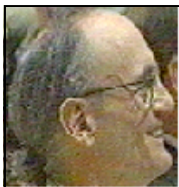


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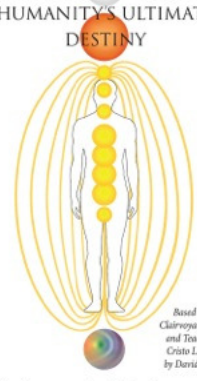
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- plumbing and electric
- carpentry repairs
- roofs to basements
- basic repairs

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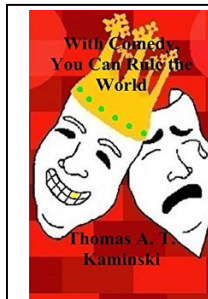
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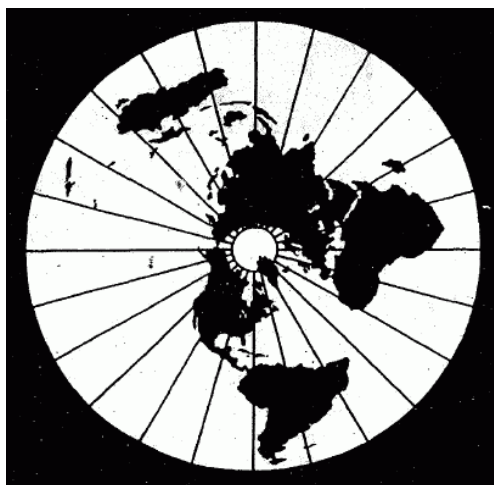


Written by our very own formerly Youthful Spirit, now adult member of the Center, as well as the nursery worker for two years, this book is a hoot to read!

Available on Amazon: amazon.com/Comedy-Rule-World-Fantasy
Or you can get a signed copy at the Center!



**Peace in Our Lifetime
"The Peace Clock"**



Swedish: **FREDSKLOCKAN** Starting Now:
Wherever you are, perform a silent meditation for world peace
EVERY DAY AT 12 NOON FOR ONE FULL MINUTE

THE GOAL: To have EVERY PERSON ON EARTH performing this event

Synchronized Intention is the Key

- With an alarm, a bell, a note or any other method that works for you - remind yourself when it is noon in your time zone.
 - Acquire the active participation of your company, your school, community, city, state and nation.
- Involve radio and television - have them broadcast the PEACE CLOCK name, slogan and logo accompanied by one minute of silence every day.
 - Above all - approach all interactions with others in peaceful, constructive and creative ways.
 - Copy and share this information with as many people as you can.

PDF Fliers:

- Arabic: ساعة السلام Chinese: 和平默禱 Dutch: VREDESKLOK
- English: PEACE CLOCK French: UNE HORLOGE POUR LA PAIX
- German: FRIEDENS UHR Hebrew: שעון השלום
- Hungarian: BÉKEÓRA Italian: OROLOGIO DI PACE
- Japanese: ピース クロック Korean: 우리의 삶에 평화가 깃들길
- Pharsee: زمان نماي صلح Polish: ZEGAR POKOJU
- Portuguese: Hora da Paz Romanian: CEASUL PĂCII
- Russian: ЧАСЫ МИРА Spanish: UN RELOJ POR LA PAZ
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