



# Interfaith Inspirer

An Interfaith Center for Spiritual Growth News Publication

VOL. XIII, NO. 01, January 2017



## Opening Mind and Hearts to the LGBTQIA Community

By Rev. Annie Kopko

We want to be a community that will Welcome the strange, not just the stranger.

Rev. Delyth Balmer and I attended a workshop in Brighton in September organized for faith communities to come together to learn about how we can become a more inclusive and welcoming community for LGBTQIA individuals. Our local organization is called Inclusive Justice, which you will find at [www.inclusivejustice.org](http://www.inclusivejustice.org). On January 15th we will welcome Rev. Dr. Julie Nemecek to speak at Interfaith.

The truth is that many individuals have been rejected by their own conservative religious communities for being Lesbian, gay, bisexual, transgender, queer, intersex, or asexual. We believe that every person deserves to find acceptance in spiritual and religious communities no matter how they express their individual sexual preferences.

I am especially conscious that due to the results of our National election in November, that voices of fear and hate have been given more permission to be unleashed upon vulnerable individuals in the LGBTQIA communities (not just our immigrant communities) I have resolved to become more open minded and actively support-

tive of individual rights and needs for acceptance and love.

One of my spiritual teachers always used to ask of her students: "Are you willing to be disturbed?"

Are we willing to be welcoming despite our discomfort around someone who appears to be strange?

This feeling of discomfort is a normal human reaction, and we can choose to explore our feelings, rather than react negatively. Obviously we have more comfort around people like ourselves. Not everyone is like us and we can be welcoming nonetheless.

We are not alone. There is a movement in Michigan and elsewhere for faith communities to be more welcoming.

Here is a unique example of an inclusive community: the Denver church of Nadia Boltz Weber "House for all sinners and saints" She started this welcoming community in 2008.

Her book is called: Accidental saints, finding God in the wrong people

She is a recovering alcoholic and although a Lutheran pastor by training she was called to start a church that she would want to show up to. She recognized that everyone needs to be loved and accepted and made it happen at her church. I think we make it happen at our spiritual community as well. And as we explore our conscious ability to be more loving, we can make it happen more often.

Communities like ours who are

spiritual but not religious have a unique opportunity, because so many LGBTQIA people do not identify with any religion. They may not even believe in God. I hope people don't think they have to believe in God to be part of our community.

For our community, it is an opportunity to grow spiritually in ways we may never have imagined, to open our minds and hearts to other people and new ideas, to expand our minds and consciousness enough to feel comfort where we never did before.

When you feel discomfort around another person: make a choice to focus on what you have in common with this other person. I guarantee you have more in common than not.

Thích Nhất Hạnh offers a unique Buddhist meditation that goes like this:

Step 1: "Just like me, this person is seeking happiness in his/her life."

Step 2: "Just like me, this person is trying to avoid suffering in his/her life."

Step 3: "Just like me, this person has known sadness, loneliness and despair."

Step 4: "Just like me, this person is seeking to fill his/her needs."

Step 5: "Just like me, this person is learning about life."





## Ministerial Miscellany

By Dave Bell

Dear Friends,

It is amazing to realize another year is about to unfold. There are quite a number of things that we would change about the year of 2016. Perhaps we should enlarge the flash paper for the Burning Bowl service. Even as we feel resistance to what is occurring in the world, our true mission is to be the bringers of light. As bringers of light, it does not serve us to grumble and complain, to shake our heads in disbelief, or to express anger and frustration. Every being, including those whom we might see as misguided or even evil, are expressions of divinity. As such, we cannot spend our time finding fault or criticizing them. The difficult task is to hold them in light, while finding ways to ensure that harm does not befall those who may be the subject of prejudice, if not outright hatred. This will not be easy. Whatever actions we choose to take, anger should be left behind. As Jeshua said on Christmas morning, anger is never justified. He specifically said that his actions in driving the money changers from the Temple were not a result of anger. There is no way that I or anyone can anticipate what situations will arise in the next year, or the next four years. What can be said, emphatically, is that guidance is available. When faced with the opportunity to take some action, always pause a moment and ask for guidance. Jeshua, the Holy Spirit, or your guardian angels, will absolutely respond. Pausing a moment before acting is also a wonderful way to allow momentary anger to dissipate. So let us remember that we are the Bringers of Light as we ring the New Year.

The Ministerial Search Committee has been doing yeoman duty in attracting our next spiritual leader. They have established a working protocol that has served them well and they are sticking to it. I am optimistic that we will have a difficult choice to make amongst the excellent candidates. We will see how it unfolds.

Judy and I are heading for Florida toward the end of January. We are leaving a few days early so that we can scout out a new place to hang out. Our beloved Anna Maria Island has become too crowded and way too expensive. We still plan to be snow birds after I retire, but not Florida residents. I will be flying home for the month of March and we will be home mid April.

Blessings

*David*



*Community  
Member  
of the  
Month*

## Exquisite Esther

By Jeanne Adwani

Our Community member for the month of January, is Ester Reilly.

Ester is our very own Chanteuse; with her beautiful voice, she invites us every Sunday to sing a welcome song for the day's celebration of the wisdom message and experience.

She always is dressed colorfully and elegantly, and is one of those special members in our community that walks her walk all the time. There is no pretense with Ester. What you see is what you get. She WILL tell you her opinion and you can disagree, agree, or remain neutral. What you can be sure of, is that Ester's heart is Big and she cares deeply for the Center and all of us who come to presence ourselves here.

She holds the title of the oldest member of our community, and she gets to be all of herself, all the time. You can count on Ester to 'show up'. She shows up to be present with us and accountable every Sunday. She helps in every way that she can to support the community with love and care. She stays attuned to what's going on within and around the Center, often participating in the many events and classes that are held here. And, when you have a birthday and receive a card from the Center, that is Ester sending that card to honor your Solar Return.

Additionally, for countless years, Esther has been the main editor of the newsletter, going through submissions with a keen eye.

Thank you Ester for all you do and bring to our beloved community. You are cherished and loved here and I can't image a Sunday without you.

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**Photo submitted by Randy Custer,** "Nancy and I now have a tradition of reminding ourselves of the real gifts of Christmas. So Joy, Forgiveness, Peace, and Love are set under the tree every Christmas. The "Love" gift is larger as a reminder that the greatest Gift is Love (to paraphrase the verse from first Corinthians)."



### An Ode to the Winter Solstice

By Lauren Tatarsky

You took me with you this year  
Into the darkness  
I was a willing traveler  
Most days

You comforted me in your tranquility  
In slow, steady, quiet energy  
But you did not spare me  
Of the depths

Though there were distractions  
I kept returning to you

Grateful for your honesty

Sometimes you scared me  
And other times I got impatient  
But each time I returned to your arms  
That held me in the darkness  
I was home

I will not be ready for spring soon  
You and I, we need more time together  
So I implore you to move slowly with  
the coming light

There is more being to be done here  
There is deep tenderness that wants  
for quiet  
That needs an excuse to stay away  
from conversation and noise  
It takes comfort in the shortness of  
your days  
And the incessant snowfall that encourages the hermit

I will follow your lead  
Take me with you  
I am a weary traveler  
Your depth is my healer



Sunday Celebration Services  
are held at 10:45 a.m. at  
704 Airport Blvd.,  
(off S. State Street) near I 94



### MISSION STATEMENT

*Spiritual seekers joining in community to attract others of like mind, creating an atmosphere and structure to foster and stimulate our individual and collective spiritual growth.*

### Mark your calendars!

**CAFE 704 CONCERT SERIES**  
**Saturdays**

**January: Dede Alder**

\*\*\*\*\*

**PEACE GENERATOR**  
**January 20**





The Service  
begins at  
10:45 a.m.

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

**Sat**

1

# ***Burning Bowl Ceremony***

Potluck

2

**10-noon** Dynamic Transformation

**6:45 p.m.** ACIM

**7 p.m.** Great Balanced View Video Meeting

*Susan Major*

3

**10:30 a.m.** The Power of Now Discussion Group

**5:30 p.m.** Community Gathering/Potluck and Reiki Share  
**7 p.m.** Diamond Approach

*Fred Sauer*

4

**6:30-8:30 p.m.** Creative Writing Workshop

**7-9 p.m.** Dynamic Transformation

5

**Noon—1:30 p.m.** ACIM

**6:30—8:30 p.m.** Science of Mind

*Peggy Lubahn*

6

**8:30 a.m.** AA

**7:30 p.m.** Drum and Dance Jam

7

8

***Rev. Dave: Divine Intelligence***

**R:**  
**M:**  
**MU:** Dede Alder

9

**10-noon** Dynamic Transformation

**6:45 p.m.** ACIM

**7 p.m.** Great Balanced View Video Meeting

10

**10:30 a.m.** The Power of Now Discussion Group

**5:30 p.m.** Community Gathering/Potluck and Reiki Share

11

**6:30-8:30 p.m.** Creative Writing Workshop

**7-9 p.m.** Dynamic Transformation

12

**Noon—1:30 p.m.** ACIM

13

**8:30 a.m.** AA

**8 p.m.** Café 704

14

15

***Rev. Julie Nemecek "The Embrace of the Divine"***

**R:**  
**M:**  
**MU:** Interfaith Drummers

*Alaura Massaro*

16

**10-noon** Dynamic Transformation

**6:45 p.m.** ACIM

**7 p.m.** Great Balanced View Video Meeting

*Shekinah Errington*

17

**10:30 a.m.** The Power of Now Discussion Group

**5:30 p.m.** Community Gathering/Potluck and Reiki Share

**7 p.m.** Diamond Approach

18

**6:30-8:30 p.m.** Creative Writing Workshop

**7-9 p.m.** Dynamic Transformation

19

**Noon—1:30 p.m.** ACIM

**6:30—8:30 p.m.** Science of Mind

*Vivian Sanders*

20

**7-9 p.m.** Peace Generator



*Lucie Nissan*

21

**8:30 a.m.** AA

**8 p.m.** Spiritual Cinema

22

***Rev. Dave: Removing the Blocks to Awareness of Love's Presence***

**R:**  
**M:**  
**MU:** Algorithm

CC meeting

23

**10-noon** Dynamic Transformation

**6:45 p.m.** ACIM

**7 p.m.** Great Balanced View Video Meeting

24

**10:30 a.m.** The Power of Now Discussion Group

**5:30 p.m.** Community Gathering/Potluck and Reiki Share

25

**6:30-8:30 p.m.** Creative Writing Workshop

**7-9 p.m.** Dynamic Transformation

26

**Noon—1:30 p.m.** ACIM

**7:30 p.m.** Urantia Book Study

27

**8:30 a.m.** AA

28

29

***TBA***

**R:**  
**M:**  
**MU:** Jill Halpern

*Marice Clark*

30

**10-noon** Dynamic Transformation

**6:45 p.m.** ACIM

**7 p.m.** Great Balanced View Video Meeting

31

**10:30 a.m.** The Power of Now Discussion Group

**5:30 p.m.** Community Gathering/Potluck and Reiki Share

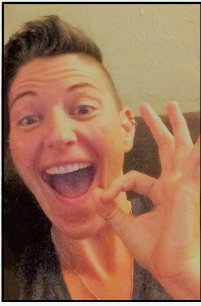
***The speaker/topic are in bold/italic***

**R** indicates the reader  
**M** indicates the meditator  
**MU** indicates the musician.

Board meeting this month is on January 15

Birthdays are indicated in ***bold/italic***  
***Happy Birthday!***

The newsletter submission deadline is January 22



## Make a Friend at Interfaith!

(Dyads, Duos, Partners, Pairs)

Meaningful connections increase our quality of community and engage us more deeply in life. Get to know someone at Interfaith a little better and deepen your sense of belonging by joining a Dyad!

In sociology, a Dyad (Sanskrit "Dayadaha") is (loosely) two people of similar kind or nature interacting face-to-face around mutual ideals, queries, and curiosities concerning life and living. Participation in an Interfaith Dyad is voluntary, rewarding, and super simple.

Each month, two members will be randomly

paired and put in touch with one another (email or phone). At your convenience, set up a day and time for the two of you to meet that month (a coffee, a walk, a beverage, a meal, an event you don't want to go to alone). A monthly talking topic will be selected among suggestions and announced at Sunday service. When you meet, talk briefly or at length using guiding "soul quest-ions," or abandon them completely and be with whatever comes up!

Look for a sign-up sheet at the Sunday table or get in touch for more information! This will be fun.

Your friend,  
Sarah Matteo [alternateteacher@yahoo.com](mailto:alternateteacher@yahoo.com)

P.S. – Wear your nametag.



## My Most Humbling Experience in the Year 2016

By Heide AW Kaminski

The year 2016 held lots of challenges for me, but those of you who know me well, don't need to be

told, that I am a pretty tough cookie and generally cheerful despite rocks on my path.

On December 24, I decided to practice what I preach. Our annual Youthful Spirits Christmas presentation, written by yours truly, was about a family deciding to spend Christmas Eve serving homeless people in a soup kitchen. One of the last lines in the play was, "That was a humbling experience." I wrote that line without realizing just HOW true it was. After I left a homeless shelter in Adrian on Christmas Eve, following two hours of helping with dinner, I drove home in shock and awe. When I arrived at my house, I walked around all the rooms and expressed thanks for every room and its contents, including the dust bunnies and the cat hair. Then I went outside again and expressed thanks for the snow in my yard as well.

Two hours in a shelter, uncomfortable as it was for me, REALLY opened my eyes which I thought were already pretty open.

Next time you feel the urge to complain about a rock in your path, stop and think, because it's probably just a tiny pebble compared to many others' rocks. I know I will!

Have a blissful New Year!



Image from [peaceseeds](http://peaceseeds.com)

### Caring Committee Contact List

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### CONTRIBUTORS WANTED!

We would love to have your input in the newsletter: spiritual moments, movie/book reviews, exciting announcements, poems, etc.

We try to have the newsletter ready for final editing by the third Sunday of each month. Please send contributions to Heide at [mommyk@tc3net.com](mailto:mommyk@tc3net.com) with "Interfaith submission" in the subject line. If you do not mention Interfaith, your email might get kicked right into the recycle bin by my spam filter.

If you cannot email your contribution, you may give it to Heide on Sunday.

**To receive the online newsletter, go to <http://lists.interfaithspirit.org/listinfo.cgi/interfaithinspirer-interfaithinspirer.org> to subscribe.**

Want to hear from us throughout the week? Receive or send email through Interfaith Yahoo by going to <http://groups.yahoo.com/group/InterfaithSpirit/>

Namaste from your newsletter team: Heide, Esther, Deane and Lindsay.

#### BOARD OF TRUSTEES

Pat Root, Chair  
Ray Fix, member  
Rob Fagerlund, member  
Lindsay Passmore, member  
Jeff Alden, member  
Steve Orlowski, member  
Scott Alf, alternate member  
Danielle Cassetta, member

Board email address is  
[board@interfaithspirit.org](mailto:board@interfaithspirit.org)

#### STAFF

David Bell, *Minister*  
Delyth Balmer, *Administrator and Associate Minister*  
Annie Kopko, *Associate Minister*  
Laura Massaro, *Music Director*  
Heide Kaminski and Kellie Love, *Youth Education Directors*  
Tommy Kaminski, *Nursery*

#### NEWSLETTER/WEBSTAFF

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Esther Reilly and Deane Ertz, *Proofreaders*  
Lindsay Passmore, Steve Lyskawa, *Webmasters*

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## December 2016 QCC and Board Highlights

*By Pat Root, Board Chair*

**SUMMARY OF DECEMBER 4 QUARTERLY CONVERSATION IN COMMUNITY:** Those in attendance, as always, created the agenda.

The ministerial search committee is checking the backgrounds of applicants they expect to interview in January. In March there will be “candidate weekends” at which the finalists will present a workshop and give a Sunday talk. [Dave’s retirement starts May 31st this year.] In response to the enthusiasm regarding Holly Makimaa’s talk on the Sunday after the presidential election, representatives of the search committee met with her and learned she is not interested in “leading a flock” at this time but is greatly interested in working with small groups.

We had \$6200 in the building fund at the time of this QCC. People who desire to contribute to this fund are encouraged to earmark those donations to the building fund because those funds are held separately from other income. Dave reported the possibility of purchasing our building is not promising. He said we need \$30-50,000 in the fund to be prepared for whatever comes next regarding our physical location and we need a group of individuals to spearhead the fundraising.

Membership growth received QCC attention. Delyth pointed out the need to make new people feel comfortable without being intrusive, and it’s helpful to know things like how to get name tags (purple papers on the welcome table and in the rolling cart near the large bulletin board). As attracting and keeping young families is important to our growth, it was mentioned perhaps our child-oriented area needs to be rearranged, perhaps the children’s program needs to be more robust and perhaps parents might be more comfortable using the services if they volunteered once a month. It was brought up the Unitarian Universalist congregation in Ann Arbor had a “religious education committee” made up of parents, the people who benefit from the program, with commitments to assist and fundraise. This kind of group might be helpful and supportive to Heide and Kellie as we grow in this area. Neither of them were at this QCC, so Delyth will communicate with them.

According to the Bylaws identifying potential board members is handled by a committee made up of the senior minister, board chair, and one member of the community. If you are interested in being that community member, please talk with Dave or me right away.

I added one last agenda item called “Not Dave”. To acknowledge Dave’s unique combination of skills and experience — and as a reminder we cannot expect the same from our next minister — I invited the group to make a list, and this is the way it turned out: lawyer, CPA, builder, lifelong UM fan, wonderful & supportive wife devoted to the Center,

open availability, flexible income needs, charisma, business “hat”, good intonation, “founder energy” (his passion ingrained in everything he says and does), and has a good support structure in place.

The next QCC is actually our Annual Meeting which is scheduled for Sunday, March 12,

### HIGHLIGHTS OF DECEMBER 20 BOARD MEETING

Three community members were present: Anna Marie Henrich, Jack Koepfgen, and Kevin Gilson (leadership team chair & volunteer board consultant). Referring back to the QCC conversation about young families, Jack mentioned his belief there are multiple sects in our community, including people who are looking for values to be supported, and it is important to create an energy that is supportive and conducive to helping people feel safe and welcome to honor their inner voice. Anna Marie said she feels we could cover more of our principles and deeper work in our offerings by inviting community members who are teachers and discussion leaders to help fill the gaps.

Without objection the board approved the 2017 spending plan/budget which was developed and finalized by the finance committee. It calls for a 2 percent increase in income. As expenses are already bare-boned, they will not be cut. The projection-oriented financial tools generated by board members this year are being used by the finance committee — and they will let us know if there is a change in projected trends. Kevin Gilson said this budget/spending plan is a challenge to the board to develop a strategic plan. This topic will be on the agenda for the January board meeting.

Under consideration is the possibility of inviting the Michigan Peace Team to give a Sunday talk and perhaps provide a training on how to de-escalate situations in group settings.

There will be 3-4 vacancies on the board this year. The election will be at the Annual Meeting scheduled for March 12.

On Saturday January 21, to coincide with the Women’s March on Washington, Barbara Brodsky of Deep Spring Center will be offering a special event at the Center.

Board secretary Danielle Cassetta drafted charters for a volunteer coordinator and for committees to address membership growth and fundraising. The board committed to review these charters, submit comments (so Danielle can make edits), and be prepared to discuss the charters at the next meeting.

The next board meeting will be January 15. You are very welcome to attend!!!





# Café 704

## Café 704: Dede Alder

Saturday, January 14 8:00 p.m. – 10:00 p.m.

Doors open at 7:30 p.m.

704 Airport Blvd., Ann Arbor, MI 48108

Suggested donation: \$8/person or \$15 for two



Earthwork artist, Dede Alder, is a unique singer songwriter. She performs songs on the vibraphone and sings with a soulful aire. Dede fills out her unique musical vision with looping, synthesizers, and percussion instruments.

Coffee, tea and vegetarian stew provided.  
<http://interfaithspirit.org/cafe-704-coffeehouse/>





# Youthful Spirits



December was delightful and we are so pleased with our year of service. We want to thank you all for your help in reaching our goals. We worked hard this month preparing for our holiday presentation. Thank you to Heide for writing the script and to Dawn for helping us with the music. We had a great time when Santa visited. Check out the pictures below...

We are looking forward to an exciting 2017! Please join us for fun times and exploration. Our theme for 2017 is Peaceful Coexistence, which leaves huge opportunities for activities. If you have any talents or ideas to share for this theme, please feel free to always let Kellie or Heide know!



*Love, Light, and Laughter*













*Heide, Kellie, Tommy, and the Youthful Spirits*

## ORACLE CARD READINGS for 2017!

Once again this year I'm offering personalized oracle card readings for the year ahead. A portion of all fees will be donated to Interfaith, which makes it a win-win situation! For a reading of this type, I'll select 12 cards that will provide guidance for each month of 2017. I'll scan each card and put together a summary for you. NEW THIS YEAR: I can format your report so that you can print out each month and carry it with you conveniently.

I'm asking \$30 for each reading. Please call Peggy at 734-548-0194.

### 2017 ORACLE CARD CALENDAR FOR THE INTERFAITH CENTER FOR SPIRITUAL GROWTH

<b>JANUARY</b>  <b>Dragon:</b> The beauty of the power of inner knowledge; the strength to be independent and self-contained.	<b>FEBRUARY</b>  <b>Follow Your Heart:</b> St. Francis. Trust your heart's true desires. You already know what to do; trust your intuition and take action accordingly.	<b>MARCH</b>  <b>Magnolia:</b> Empowered Prayer. It's time to work more closely with your Angelic Response Team, to further open your heart to divine assistance.	<b>APRIL</b>  <b>Shasta Daisy:</b> Unity. Strengthen your partnerships with others. Collaborate and cooperate; be open and honest. Come together to accelerate spiritual growth.
<b>MAY</b>  <b>Choose Peace:</b> Yogananda. As you think about your options and possible outcomes, choose the one that brings the greatest peace to your body and mind.	<b>JUNE</b>  <b>Transition:</b> The energy of transition radiates trust and prepares you for new times. Every challenge dissolves old ideas, and simultaneously creates new possibilities.	<b>JULY</b>  <b>Joy:</b> As you practice the ability to find joy in every moment, you pull to you more reasons to be joyful.	<b>AUGUST</b>  <b>Unicorn:</b> The Unicorn teaches purity and gentleness, and guardianship for all creatures. It replaces the lost enchantment in the world through our hearts.
<b>SEPTEMBER</b>  <b>A New Dawn:</b> The worst is now behind you, and positive new experiences are on the horizon. Let go of anything from the past that can weigh you down.	<b>OCTOBER</b>  <b>The High Priestess:</b> Allow the world to show you its intentions. Go beyond the ordinary, and trust your inner vision to guide you on your path.	<b>NOVEMBER</b>  <b>The Faerie of Youth:</b> Approach things with youthful enthusiasm and a child's assumption of limitless ability, and you may find you can do things you never imagined possible!	<b>DECEMBER</b>  <b>Passion:</b> You can turn your dream into reality when you act from passion, without fear and, most of all, from the heart.

*This reading has been lovingly prepared by Peggy River Singer, 734-548-0194.*

#### THE CARD DECKS:

January: Beasts of Albion / February: Ascended Masters / March: Ascension Oracle / April: Ascension Oracle / May: Ascended Masters / June: Sacred Geometry / July: Mary, Queen of Angels / August: Beasts of Albion / September: Magical Mermaids and Dolphins / October: Wisdom of Avalon / November: The Heart of Faerie / December: Sacred Geometry



# 2017

## FACES OF FAITH

*Sunday, January 15, 4-6 pm*

(along with other national Religious Freedom Day observances)

Come hear the stories of local clergy & other designated religious leaders from 6 traditions. This year each will speak to the whole group and follow-up conversations will be probing and engaging.

### **Islam**

(Imam Yahya Luqman)

### **Judaism**

(Rabbi Robert Dobrusin)

### **Christianity**

(Rev. Marie Duquette)

### **Sikhism**

(Jaspreet Singh)

### **Unitarian Universalism**

(Rev. Lindasusan Ulrich)

### **Baha'**

(Eric Bell & Amy Whitebell)

*Zion Lutheran Church (Host)*

*1501 W. Liberty, AA*

*(\$5 suggested donation)*



# *Dance for Standing Rock*

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## **Fundraiser for the Water Protectors**

**Saturday January 28th, 8:00pm - 11:00pm  
at the Pittsfield Grange Hall, Ann Arbor**

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We hold the Water Protectors in our hearts as we dance!

We gather to raise money to supply those who will  
winter over in the camp in North Dakota.

**Suggested donation \$15 - \$30**

**DJ Malik - DJ Baksheesh -DJ Synchroblissity**

**live music by The Clone Box Project**





## *The Caring Committee*



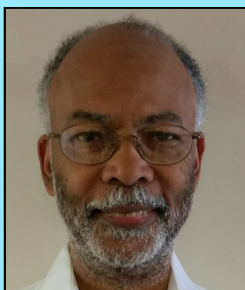
*Marilyn,  
Chair*



*Heide and Kellie,  
Co-chairs*



*Tommy,  
Youth Ed rep*



*Mike*



*Khristian*



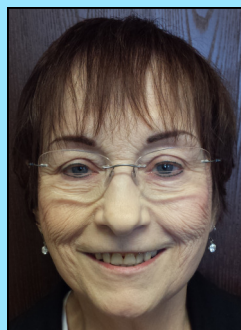
*Annie*



*Delyth,  
Liaison*



*Idgie*



*Beth*



*Judy*



*Michael*



*Jan*



*Jack*

*If you have a service to offer, please contact [Marilyn](#)*



## Interfaith Caring Committee Survey

We are looking for your participation and support of fellow Interfaith members in crisis in any way that is appropriate for you. If you are called on by a caring committee member to support a particular need, you always have the opportunity to decline if it doesn't work for you at that time. Please fill out this survey as completely as you are able. All gifts, skills, and talents are appreciated. Thank you for taking the time!

Name: \_\_\_\_\_ City/Part of town you live or work in: \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Best way to contact you: \_\_\_\_\_ Best times to contact you: \_\_\_\_\_

Check all areas that you are willing to participate in and specify any limitations...

\_\_\_ Driver (Interfaith/appointments) \_\_\_ Craft Teaching (type) \_\_\_ Counseling (type)

\_\_\_ Medical Equipment loan (type) \_\_\_ Meal Prep \_\_\_ Consulting (type)

\_\_\_ Child Care \_\_\_ Errands \_\_\_ Cleaning \_\_\_ Yardwork \_\_\_ Snow Shoveling

\_\_\_ Healing/energy work \_\_\_ Household Donations \_\_\_ Clothing Donations

\_\_\_ Caregiver Break \_\_\_ Send Cards \_\_\_ Computer Help \_\_\_ Healing Music

\_\_\_ Fun Companionship \_\_\_ Pet Care \_\_\_ Massage \_\_\_ Money Donation

\_\_\_ Listening \_\_\_ Prayers \_\_\_ Respite Care \_\_\_ Join Caring Committee

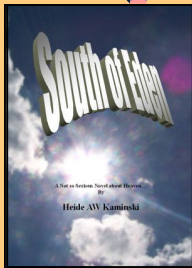
Other \_\_\_\_\_

Limitations and additional information:

I currently have need of (be specific):



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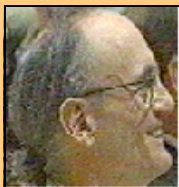
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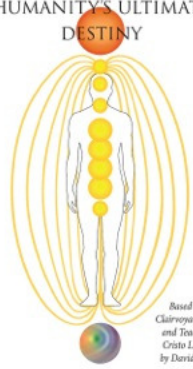
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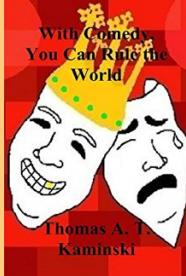
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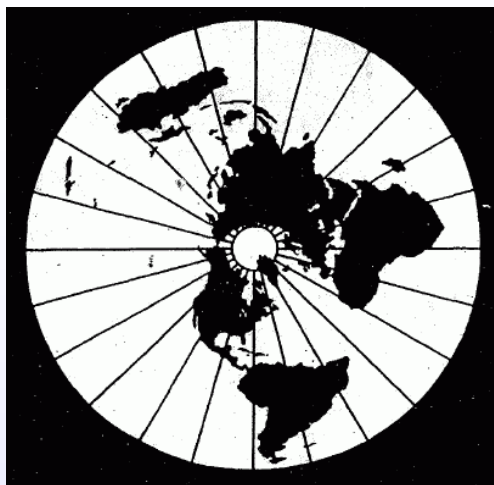
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## Peace in Our Lifetime "The Peace Clock"



Swedish: **FREDSKLOCKAN** Starting Now:  
Wherever you are, perform a silent meditation for world peace  
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**THE GOAL: To have EVERY PERSON ON EARTH performing this event**

### Synchronized Intention is the Key

- With an alarm, a bell, a note or any other method that works for you - remind yourself when it is noon in your time zone.
  - Acquire the active participation of your company, your school, community, city, state and nation.
- Involve radio and television - have them broadcast the PEACE CLOCK name, slogan and logo accompanied by one minute of silence every day.
  - Above all - approach all interactions with others in peaceful, constructive and creative ways.
    - Copy and share this information with as many people as you can.

### PDF Fliers:

- Arabic: ساعة السلام Chinese: 和平默禱 Dutch: VREDESKLOK
- English: PEACE CLOCK French: UNE HORLOGE POUR LA PAIX
- German: FRIEDENS UHR Hebrew: שעון השלום
- Hungarian: BÉKEÓRA Italian: OROLOGIO DI PACE
- Japanese: ピース クロック Korean: 우리의 삶에 평화가 깃들길
- Pharsee: زمان نماي صلح Polish: ZEGAR POKOJU
- Portuguese: Hora da Paz Romanian: CEASUL PĂCII
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- Swahili: SAA YA AMANI <http://peaceclock.org/>

