

Interfaith Inspirer

An Interfaith Center for Spiritual Growth News Publication

VOL. XII, NO. 9, September 2016





Maureen, Michael, Tommie, Pat, Lisa, Lindsay

What's Up With the Ministerial Search Committee?

by Lindsay Passmore & Pat Root Co-Chairs, Ministerial Search Committee

We are feeling tremendous gratitude this fall. Gratitude for all members of the Ministerial Search Committee (see photo). Gratitude for the entire ICSG community as a whole. And gratitude for some very specific people who have really stepped up to help us about specific segments of the search for a new senior minister.

As the two members of the board who volunteered for the job, we started our efforts over a year ago, in the summer of 2015, working with volunteer board consultant Kevin Gilson on the creation of a "charter" and "timeline" plus finding on-line resources from other spiritual centers' ministerial search efforts to use as templates and inspiration. We had willingness and optimism but little relevant experience! At times it was (and sometimes still is) overwhelming.

Not only have we become dear friends, we have come to respect and adore our committee comrades Michael Bratcher, Maureen McMahon, Tommie Parker, and Lisa Salisbury. (We sadly lost Jennifer Dunlap due to a too-long commute and family & work commitments.) Each of them brings a unique disposition, skill-set, and energy level to our work. We love our strong and fearless team, and that is good because we've met at least 20 times!

Before describing the latest developments in the ministerial search, we want to thank Bob Hopkins and Craig Harvey for their excellent help in the early days, Sally Searls for almost singlehandedly developing our MSC working retreat, and Janet Fry for showing us how we could best work together. You will not be surprised to hear that Dave Bell, Annie Kopko, and Delyth Balmer have been unceasingly wise and supportive. All board members have provided guidance and, yes, expectations that have steered us in the right direction.

We wish we could thank by name each and every Interfaith person who has contributed suggestions, answered questions, and given advice. We haven't kept a list and so would be sure to leave someone out! You all know who you are. Please accept our deep appreciation and affection. You have really made a difference in our work.

And thanks to you, our dear community, for participating in Visioning opportunities, attending QCCs, and reviewing and making great suggestions to revise the Job Description and Ministerial Selection Framework. You really put the committee to the test and prompted us to reconsider those documents

which we felt so sure were fine and done. Your input made them much better, and we are very grateful.

And now to our current status. As you know, the job announcement was posted and circulated early in August. The Center's budget did not allow for the advertising we first envisioned, so how did we "post" the job? In case you missed our latest update to the Yahoo! Group, you can learn how we did it by visiting

www.interfaithspirit.org/community-updates-ministerialsearch

As of this writing (August 26) we have received several appreciative responses, with three reasons expressing interest in the position. Of course we write back to all respondents and have encouraged interested people to formally apply. The deadline for applications is October 1.

During this time of transition, the committee is very happy to be benefitting from the experience of Anna Marie Henrich and Jack Koepfgen who are consulting with us regarding timeline development and effective interviewing techniques. They both have decades working with teams and management in large corporations where they did a lot of hiring. They also practice, mentor, and teach meditation and other spiritual and energy practices that support the transformation and well-being of people and the planet.

Continued on page 3



Ministerial Miscellany

By Dave Bell



Dear Friends,

I know it sounds trite and worn, but the passage of time seems to be accelerating. I am stunned to think that summer is virtually over, Labor Day is next weekend as well as the beginning of football season. Where, indeed, did the time go? As the old saying goes, "It is what it is." Time to stop whining and start planning for the future.

We had the second all-day workshop today. The topic was prosperity. Ten folks signed up and were effusive in their praise of the value of the time spent. Last month was a workshop on reincarnation. That workshop was also met with satisfied participants. September has no open Saturdays, so the next date that works is October 15th. We will have another all-day workshop then, but the topic is an open question. My hope is that you will let me know what workshops you would like to see offered. It can be on any metaphysical topic, or a spiritual book that you might have read and want to amplify by further discussion. The only issue is one of timing. So in the next two weeks a decision will have to be made. Let me know what your pleasure is. I am here only to be truly helpful. However, mind-reading is a skill that I have yet to develop. Make a simple direct request.

As the so-called silly season approaches, the periodic election cycle has been particularly unnerving this year. The level of attack, distrust and downright fear-mongering has been difficult to be around. A couple of suggestions come to mind. "Don't let anyone rain on your parade." What others think, do, and say is only bothersome if you choose to be bothered. You may simply say, mostly to yourself, 'well those folks have beliefs and ideas that I don't subscribe to." Then simply let it go. Getting caught up in fear simply does not serve anyone. Particularly you. The peace of God dwells within you. Don't let anyone take that peace from you. Simply say, I am at peace and most definitely choose to stay there. If neither of those things work, get hold of a copy of Desiderata. It is a marvelous exposition of spiritual truth. Read it every day if you need to. You'll like it!

Blessings,

David

What's up with MSC	pg. 1	Events at the ICSG	pg. 11
Ministerial Miscellany	pg. 2	Caring Committee	pg. 12
CMM	pg. 2	Service flyer	pg. 13
	pg. 3	Advertisements	pg. 14
Calendar	pg. 4	World Peace Clock	pg. 15
Peggy's Corner	pg. 5		
Misc.	pg. 6		
Board Minutes	pg. 7		
Café 704	pg. 8		
Youthful Spirits	pg. 9		
Dynamic Meditation	pg. 10		

Community Members of the Month







Joyous Jeanne



Captive Cathy

Noble Nancy

By Heide AW Kaminski

You have seen the flowers on the wall at the back of the sanctuary. They are "Visioning Flowers." Meet the three absolutely lovely ladies who are the artists behind this creation that aims at capturing the ideas that came out of the visioning process for our future leader.

"We looked at all the notes from the four visioning sessions and thought that nobody would ever look at them. They needed to be more visual," said Nancy. "We wanted to make it a living document that can be added to."

According to my source, Nancy had the idea, Cathy expanded the idea into a garden image, and Jeanne did the bulk of the artistic work. The garden idea makes great sense, as it flows with the idea of blossoming, just like our ideas and visions for the Center's future.

Several of the leaves are empty and you are invited to fill them with your thoughts.

Thank you so much, Jeanne, Cathy, and Nancy for this wonderful masterpiece! We love you! Namaste



Continued from page 1

As mentioned in the board minutes elsewhere in this newsletter, Anna Marie and Jack facilitated submittal of our ministerial search to the John of God entities in Brazil. As you can see, they are contributing a lot, both practically and spiritually, to the Ministerial Search Committee. We are most grateful.

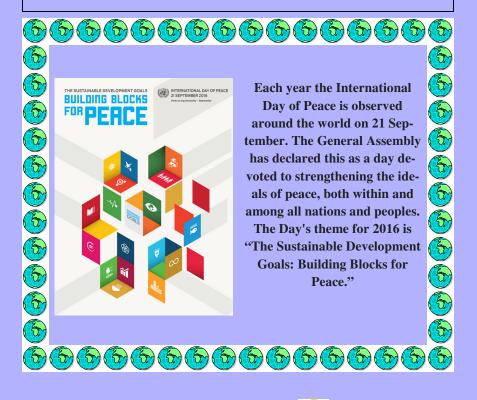
And now back to your involvement. Many of you have asked how you can help. There are two very specific ways:

1. Start a daily practice which will only take a few moments but will be a gift to our community with immeasurable potential to attract wonderful applicants to the position. Will you join us? Are you willing? We invite each of you to pause daily, close your eyes, and feel exactly how you want to feel when our new minister is among us. With the right and perfect person leading us in our next stage of collective and individual spiritual growth, how do you feel? Thrilled? Grateful? Relieved? Excited to support them> Excited about the support they provide you? Invoke that feeling now, and let it fill your body for a moment or two. Energize that feeling as a way of helping our Job Announcement fly to the minister who is, at this very moment, seeking us. If this does not appeal to you, please support our significant task of hiring a new senior minister with whatever prayer or meditation practice you prefer

All of us together, will attract our next minister. Thank you for being conscious about the way in which you participate.

2. We would love to ramp up the energetic support from our entire ICSG community even further while potential applicants are considering the job. The committee has kicked around the idea of a dance party and ceremony — or some other kind of event to amplify our prayers. What do you think? Are you up for a special event? Delectables? Playlists and Dancing? We will proceed with this idea only if you express interest in it and a few people step forward to participate in planning and execution. We appreciate this opportunity to write to you, while we take in a deep breath between all of the preparatory work and the next exciting phase of reviewing applications and initial interviews.

> We will stay in touch. Warm regards, Lindsay & Pat





The Service begins at 10:45 a.m.	Mon	Tue	Wed	Thu	Fri	Sat
The speaker/ topic are in bold/italic R indicates the reader M indicates the meditator MU indicates the musician.	Board meeting this month is on September 18	Birthdays are indicated in bold/italic Happy Birthday!	The newsletter submission deadline is September 18	Noon—1:30 p.m. ACIM 6:30—8:30 p.m. Science of Mind	7:30—8:30 p.m. Belly Dance Fitness with Oana	3 8:30 a.m. AA 2-3 p.m. Belly Dance Fitness with Oana
4 Rev. Dave: Winds of Change R: TBA M: TBA MU: Lisa Pappas and Michael Weiss	5 6:45 p.m. ACIM 7 p.m. Great Balanced View Video Meeting	6 10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Community Gathering/Potluck	7	8 Noon—1:30 p.m. ACIM 7:15—8:45 p.m. Speaking Circle	9 7:30—8:30 p.m. Belly Dance Fitness with Oana	10 8:30 a.m. AA 2-3 p.m. Belly Dance Fitness with Oana 8 p.m. Café 704
potluck	Connie Snow	Amy Adwey			Nicholas DePaul	
Gathering of the Waters Ceremony R: TBA M: Ariana M. MU: Interfaith Consort 2-5 p.m. Remembering Wholeness with Barbara Brodsky	6:45 p.m. ACIM 7 p.m. Great Balanced View Video Meeting	13 10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Community Gathering/Potluck	14	15 Noon—1:30 p.m. ACIM 6:30—8:30 p.m. Science of Mind 7:15—8:45 p.m. Speaking Circle	7 p.m. Peace Generator 7:30—8:30 p.m. Belly Dance Fitness with Oana	8:30 a.m. AA 2-3 p.m. Belly Dance Fitness with Oana 8 p.m. Spiritual Cinema
Rev. Cynthia McNab, guest speaker R: Esther R. M: TBA MU: Interfaith Drummers Board meeting	19 6:45 p.m. ACIM 7 p.m. Great Balanced View Video Meeting	20 10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Community Gathering/Potluck	7:30 p.m. Urantia Book Study World Peace Day Sue Booker	Noon—1:30 p.m. ACIM 7:15—8:45 p.m. Speaking Circle	7:30—8:30 p.m. Belly Dance Fitness with Oana	24 8:30 a.m. AA 2-3 p.m. Belly Dance Fitness with Oana
25 Rev. Dave: Discover the Power Within R: Maggie B. M: TBA MU: Alex Terzian QCC CC meeting?	26 6:45 p.m. ACIM 7 p.m. Great Balanced View Video Meeting	27 10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Community Gathering/Potluck 7-9 p,m, Diamond Approach with Lou Weir	28	29 Noon—1:30 p.m. ACIM 7:15—8:45 p.m. Speaking Circle	30	



Carie Dunnik, recently received a huge surprise at the benefit concert on the first Saturday of August. She requested an Elvis song. Since the performers had already planned their songs and this one was not included, the group decided to serenade Carrie before the concert!

Carrie recently had a birthday, so Carrie, this is my belated present for you.

Love Me Tender

Elvis Presley

Love me tender
Love me sweet
Never let me go
You have made my life complete
And I love you so

Interfaith Pop

As recommended by Heide Kaminski

Love me tender Love me true All my dreams fulfilled For, my darlin', I love you And I always will Love me tender Love me long Take me to your heart For it's there that I belong And we'll never part Love me tender Love me, dear Tell me you are mine I'll be yours through all the years Till the end of time When at last my dreams come true Darling, this I know Happiness will follow you Everywhere you go

"Love Me Tender" is a 1956 song recorded by Elvis Presley and published by Elvis Presley Music from the eponymous 20th Century Fox

film. The words and music are credited to Ken Darby under the pseudonym "Vera Matson", the name of his wife, and Elvis Presley. The RCA Victor recording by Elvis Presley was no. 1 on both the Billboard and Cashbox charts in 1956. The song was adapted from the tune of "Aura Lee", a sentimental Civil War ballad. The song is also featured in countless other films such as FM, Touched By Love, This is Elvis, Porky's Revenge, Wild at Heart, Die Hard 2, Honeymoon in Vegas, Backbeat, Gaudi Afternoon, Machine Gun Molly, The Princess Diaries 2: Royal Engagement, William Eggleston in the Real World, California Dreamin', Love in Space, Devil's Due, Just Before I Go, and 90 Minutes in Heaven.

wikipedia.org



Peggy's Corner By Peggy Lubahn

OH NO! COOTIES!

We all know that lice are nasty, dirty, embarrassing parasites and it takes FOREVER to get rid of them! I figured out about ten days ago that I had

head lice, and I totally freaked out at first. Once I calmed down, I decided to investigate lice from a new direction.

Like mosquitoes, lice sometimes "pester" us to get our attention. Their mission is to show us an imbalance in our lives: the symptoms include feeling exhausted, overwhelmed and "sucked dry" by too many obligations, too many people telling us what we should do, or our stubborn commitment to unrealistic expectations. Children -- especially those who are sensitive -- can experience all those stresses, and more, at school and at home. Perhaps this is part of the reason why children so often get recurring lice infections.

So, what can we learn from lice? Lice are one of the most successful human parasites because they can actually alter their DNA to accommodate that of their human host. As icky as this might sound, it also points out the value of flexibility, and working with life's challenges instead of resisting them.

Plus, those lice we all hate so much just might be encouraging us to put our own welfare first, to relinquish those unrewarding responsibilities we never wanted in the first place, and learn to Just Say No to new demands on our time and energies.

Meanwhile, I've realized that when I am peaceful and calm, the lice relax too. When I'm upset or frustrated -- especially when I direct those emotions toward the lice -- they become MUCH more active (and irritating). I've learned a lot, and I have more respect for my "guests", but I still want them gone. And they understand that.



Image from peaceseeds

Caring Committee Contact List

Marilyn Alf, Chair sd2aa@hotmail.com, 734-761-6698

Heide Kaminski, secretary and co-chair,

mommyk@tc3net.com,

517-423-9001

Kellie Love, co-chair <u>kellie.love@interfaithspirit.org</u>, 248-343-8725

Tommy Kaminski, Youth Ed Rep., 517-423-9001

Judy Bell, dabellsj@comcast.net,

734-994-0018

Annie Kopko <u>revanniekopko@gmail.com</u>,

734-358-1328

Malcolm Shaffner mshaffne@gmail.com, 734-709-4205

Delyth Balmer, <u>delyth.balmer@interfaithspirit.org</u>, 734-657-5384

Jack Richards, handymanjack45@gmail.com, 734-489-5703

Beth Rockwell, rocksnotes@aol.com

Idgie Patterson, bdgidg@gmail.com

Maggie Burkit, maggieburkit@gmail.com

Jan Peacock, jpea80@comcast.net,

734-660-8411

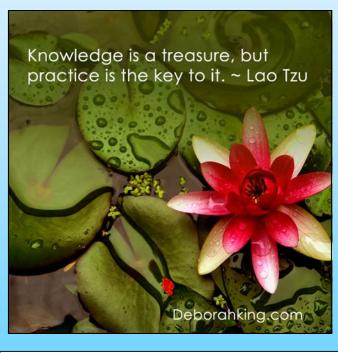
Mike Bratcher, mebratcher@yahoo.com,

734-429-2371

Dawn Swartz, fddlr2003@yahoo.com,

734-996-8325

Khristian Speelman, ksmithspeelman@gmail.com



CONTRIBUTORS WANTED!

We would love to have your input in the newsletter: spiritual moments, movie/book reviews, excit-

ing announcements, poems, etc.

We try to have the newsletter ready for final editing by the third Sunday of each month. Please send contributions to Heide at month-myk@tc3net.com with "Interfaith submission" in

the subject line. If you do not mention Interfaith, your email might get kicked right into the recycle bin by my spam filter.

If you cannot email your contribution, you may give

it to Heide on Sunday.

To receive the online
newsletter, go to http://lists.interfaithspirit.org/listinfo.cgi/
interfaithinspirerinterfaithinspirer.org to subscribe.

Want to hear from us throughout the week? Receive or send email through Interfaith Yahoo by going to http://groups.yahoo.com/group/InterfaithSpirit/

Namaste from your newsletter team: Heide, Esther, Deane and Lindsay.



BOARD OF TRUSTEES

Pat Root, Chair Ray Fix, member Rob Fagerlund, member Lindsay Passmore, member Jeff Alden, member Steve Orlowski, member Scott Alf, alternate member

Board email address is

board@interfaithspirit.org

STAFI

David Bell, Minister

Delyth Balmer, Administrator and Associate
Minister

Annie Kopko, Associate Minister Laura Massaro, Music Director

Heide Kaminski and Kellie Love, Youth Education Directors

Tommy Kaminski, Nursery

NEWSLETTER/WEBSTAFF

Heide Kaminski, *Editor-in-Chief*Esther Reilly and Deane Erts, *Proofreaders*Lindsay Passmore, Steve Lyskawa, *Webmasters*NEWSLETTER ADDRESS

Heide AW Kaminski

heide.kaminski@interfaithspirit.org



August Board Meeting Min-

Submitted by Pat Root, Chair

After Dave's opening prayer 2. The board decided to conand Annie's ice-breaker, the board accepted the resignation of member & secretary Danielle Cassetta and considered her replacement. We are expecting it will be "alternate member" Scott Alf but are having trouble connecting with him. If he is no longer available, we decided to either ask a former board member to fill-out Danielle's term (until the Annual Meeting and Election of Board Members in March) or consider a person who could not only fill-in until March but also be willing to run for election for a two-year term.

Most of the rest of the meeting involved reviewing the topics of July's meeting and updating each other on developments:

1. The board decided to step back a bit on the Community Partnership Program due to limited space availability this fall. However, Rob will contact the Ann Arbor District Library and Delyth will contact the Ann Arbor Public Schools, both regarding gaining referrals for space. Delyth will add a space available line in the bulletin. The board decided to "put on hold" the idea of listing the Center on various space availability websites. Starting in September space will be available only on Fri-day evenings, the last

Saturday evening of the month, as well as morning and afternoon weekdays here and there.

- tinue with the plan to use "Mail Chimp" to send out a weekly preview of Sunday's service and perhaps other events to our email list (not the Yahoo Group). Lindsay will train people on how to use Mail Chimp. The team for this project seems to be headed by Ray and include Michael Bratcher and Alaina Nadaff.
- 3. In September Dave will be talking with an experienced developer about the possi bility of putting together an umbrella group to raise the capital to invest in purchas ing our building and per haps another one the goal being that we would end up purchasing our own space.
- 4. Following up on a discussion at the July meeting, the board encouraged the Ministerial Team to consider an event or events to help us walk in the real world while maintaining a higher vision. Steve proposed bringing in the "Michigan Peace Team" for a Sunday talk or workshop.

Rob initiated the idea of a special flyer regarding the Center appropriate for posting on bulletin boards around town.

Delyth proposed expanding our Crazy Wisdom ad and will work on developing a flyer.

Ray initiated the idea of using a "sliding annualized performance" metric to spot financial trends and develop forecasts. Jeff will work with several years of data to develop something. On Monday Delyth will send the financial information to Jeff and Ray.

During the portion of the meeting for "standing reports," the board learned that Kevin Gilson has become the chair of the Leadership Team and that the Ministerial Search Committee has heard from three people interested in applying. The MSC is grateful to Anna-Marie Henrich and Jack Koepfgen for their able assistance with timeline and interviewing matters and for offering to have our Job Announcement placed in the prayer requests at the Casa of John of God in Brazil, to invite its guides to support our process! [They work regularly with the guides there and experience powerful energetic support.]

Regarding procedures for counting the Sunday offering, the board received a refresher from Delyth, who will create a check list document and update the donation sheet names.

The next board meeting will be Sunday September 18 at 1 p.m. There will be a Quarterly Conversation in Community after the service on Sunday September 25.



Café 70g

Full Moon Kirtan Community Band at Café 704

Saturday, September 10 8:00 p.m. - 10:00 p.m.
Doors open at 7:30 p.m.
704 Airport Blvd., Ann Arbor, MI 48108



Full Moon Kirtan is a monthly non-sectarian gathering of Mystics, Yogi's, Spiritual Seekers and Bhakti practitioners. Life is passing talk is cheap, gather with like minded souls to sing the Holy Names!

http://interfaithspirit.org/cafe-704-coffeehouse/

734-327-0270





Hello friends,

What a month we had! We finished our goal of 15 backpacks way ahead of schedule! THANK YOU for all of your kind and generous donations that have helped so many! Being ahead of schedule, we picked up another cause: Syrian refugees coming to Ann Arbor.

We started the month talking about peace; we hope you enjoyed our peace cupcakes! We continued the fun by learning about chakras and how to help our energy flow. We did some candle magik to welcome prosperity to ourselves and our community and discussed techniques about how to be conscious creators utilizing the power of visualization, affirmations and gratitude.

It is always nice to put a face with someone receiving donations from us. Therefore, it was a pleasure to have with us this month for a visit Conchi Castro, as well as Lisa Wyse-Qtaishat and Norris Otaishat.

Conchita is a teacher at the little girls' school in Santa Tecla, El Salvador, where Heide has been sending care packages with the help of your monetary donations for postage. THANK YOU, ROD RODRIGUEZ, for his generous donations towards this time's postage!!!

Lisa and Norris came to us to speak about the Syrian refugees who are coming to Ann Arbor. All three, Conchi, Lisa, and Norris were utmost grateful for the warm welcome and love they experienced at our Center!

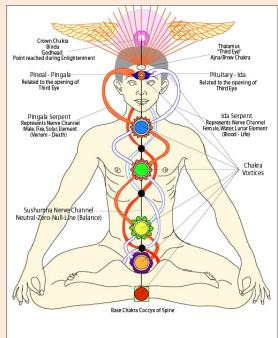
As of this publishing, Tommy has moved into his dorm at U of M. No worries, he will still attend the Center and continue his work in the nursery!



Love, Light, and Laughter Heide, Kellie, and Tommy







Dynamic Transformational Meditation- An Introduction

Your Body-Energy as Map, Compass & Ingredients for Human-Spirit Awakening & Metamorphosis

You are invited to join me, Anna Marie Henrich, for a 3 session class to begin to experience how the wisdom of our body, energies and spirit show us the way to nurture our spiritual metamorphosis and transform ourselves into refined, radiant, fully-activated spirit-humans manifesting complete Oneness simultaneously with the polarity necessary to pulse life. Practices (from many spiritual/mystical traditions & modalities) will be based on cultivating deep mindfulness/awareness

and using simple movements, sounds and visualizations to bring your complete self into a harmony that invites deep unfolding and transformation and works with the Universal Awakening energies currently underway. You will also be shown how your body-energy complex provides you feedback to let you know when you need practice and how well it is working.

Teacher: Anna Marie Henrich

<u>Dates</u>: Every Other Wed., 7-9:00 p.m. – Oct. 5, 19, Nov. 2, <u>Drop-In</u>: Nov 16, 30, Dec 14

OR Every Other Mon, 10-12:00 a.m. – Oct. 10, 24, Nov 7, <u>Drop-In</u>: Nov 21, Dec 5

Location: Interfaith Center for Spiritual Growth - Classroom

Fee: Class - \$10 Building Fee, Freely Offered-Love Offerings Welcome, <u>Drop-In Dates</u> - Interfaith Donation

<u>Register:</u> Contact spiritualinquiry@yahoo.com by Sept. 11 to register *Makeup: Attend sessions from alternate day

Teacher Bio: Anna Marie is a teacher of human-spirit transformation from: 1) emotional fear to love, 2) physical electrical polarity to crystalline unity, and 3) experiencing spirit energies as separate to "knowing" and manifesting all energies and physicality as One. She is committed to join with the Universe and Spirit to help beings and the planet in the shift into their higher, more coherent, love-based, energy/crystalline forms. She has been studying diverse mystical traditions since childhood & actively practicing them for the past 25 years. She has been teaching Vipassana meditation and mystical spiritual practices for transforming / letting go of duality for 15 years. She trained for nine years as a Teacher of Buddhist Meditation practices and Non-Duality with Deep Spring Center. During her own transformation process, she has remembered and experienced practices & unfolding from Egyptian & Western Esoteric mystery schools and the quantum physics & body changes of Transformation. These experiences inform her teachings. She actively works with her Higher Self & other love-based Spirit beings congruent with her intentions. She & her husband held Spirit, Energy and Crystal based group meditations and transformations for three years.

Science of Mind Study Group

facilitated by Noreen Keller First and third Thursday each month at 6:30 - 8:30 p.m.

Our study group meets on the first and third Thursdays of each month. We are studying the Science of Mind by Ernest Holmes. This is a good time to meet with like-minded beings and share practice. In order to assist in a meaningful discussion and practice, we will each share something on the topic of the month from Science of Mind or other source (can be found on-line, in Science of Mind books, magazine, etc.). We will also share prayer treatments at each session.

For more information please contact Science of Mind Practitioner, Noreen Keller, via email as follows: nlkelleru8@aol.com or by phone at (248) 802-8755 This study group is now officially affiliated with the Centers for Spiritual Living.

Peace Generator

EveryThird Friday of the Month

Join the circle of silence of inner and outer harmony. Stay for a few minutes or for the entire time.

In the first few minutes we will introduce ourselves, and each person can say something about their intentions.

In the closing at 9 p.m. you can share anything about your experience of silence.

- -Meditate on Loving Kindness among all people.
- -Pray for World Peace.
- -Offer Healing Energy to anyone open to it.
- -Create inner space for Forgiveness to grow.
- -Envision Miracles across the globe.
- -Hold our planet in the Light.

Belly Dance Fitness with Oana Popa

(Note: bringing your own door- Fee: Love offering

mirror is highly suggested) This workshop will expose us to songs and beats from very diverse backgrounds, with the main purpose of dancing together, moving and feeling the joy of life through dance. The acoustic trip throughout the whole world and being exposed to many cultures will demonstrate that happiness (love) is the same for all humans no matter the background, nationality, color, or religion.

Oana Popa is a citizen of the world, in this life incarnated as an American of Romanian origin, who started belly-dancing 20 years ago being influenced by Balkan musical beats from the southeast of her native country, and capital city, Bucharest. In the USA she discovered first-hand the beauty of diversity and learnt history, music, dance moves and customs by interacting with friends from many countries, first at the Indiana University International center in Bloomington, Indiana, where she attended classes as an undergraduate and graduate student.

Let's celebrate our similarities as humans! Some of the musical selections will include Arabic belly-dance music, Kurdish, Israeli, Palestinian dabke, Persian beats, Gypsy music from Eastern Europe, Rwandan and other east African music. By loving a certain song, we start to empathize with the people from that particular culture, to understand what they feel, how they translate love into action, into reaching the divine and realizing we are more similar than we are different.

The world is so beautiful! We are all ONE and we can reach peace if we all want it. Namaste!

Class meets from 2:00 - 3:00 p.m.

Drop ins welcome.

Spiritual Discussion Group with Charlotte Young Bo-

Sun, September 11, 2:30pm -4 p.m.Every 2 weeks on Sunday Where: Large Classroom Description: Whole-Hearted Warriors spiritual discussion series with

Charlotte Young Bowens. "Whole-hearted living is about engaging with our lives from a place of worthiness." ~ Brene Brown, 'Daring Greatly' Meeting every 2nd and 4th Sunday 2:30-4:00 at the Interfaith Center for Spiritual Growth from September 11 through December 25th. No charge.

Speaking Circle with Rev. Annie Kopko

Thu, September 8, 7:15pm – 8:45 p.m. on Thursdays, 12 times.

The Speaking Circle is based on the book by Lee Glickstein "Be Heard Now". In this small group led by Rev. Annie Kopko, you will experience connecting deeply to each one in the audience and shift from performance-oriented speaking to relationship- oriented speaking. Like a miracle, our fear of speaking diminishes. Contact Annie at 734-358-1328 or Larry Toth at 734-358-1029 for more information.

The Diamond Approach®

A Journey from Ego to Being The Diamond Approach, developed by A. H. Almaas, uses the findings of modern psychology and the ancient wisdom traditions to support a return to essence, or our true nature.

We do not have to renounce ordinary life to walk a spiritual

The Diamond Approach is a practical method of connecting

to our spiritual nature and allowing it to become part of daily life. It is a journey toward uncovering the essence of who we really are, beneath the layers of social conditioning and cultural expectation. Its aim is to discover the deepest truth of what it means to be human.

Urantia Study Group

Wed, September 28, 7:30 p.m. – 10: p.m. on the fourth Wednesday

Description: The writings in The Urantia Book describe the genesis, history, and destiny of humanity and our relationship with the Universe as a whole (just as astronomy describes it!) and the Love at the center of it all. It presents a unique and compelling portrayal of the life and teachings of Jesus. The writings open new vistas of time and eternity to the human spirit, and offer new details of our ascending adventure in a friendly and carefully administered universe. Its teachings blend science, philosophy, history, cosmology and religion seamlessly into a big picture revealing our origin, our purpose, and our divine and eternal destiny,. The Urantia Book is not a "religion" per se. It builds upon the religious heritages of the past and present, encouraging a personal, living religious faith. The teachings include information on the composition, organization, administration, and personalities of the cosmos; the history of our planet; our continuing spiritual evolution; a new view of reality by clarifying the concepts of personality, mind, and soul; the evolutionary experience of our progression towards God in partnership with the Spirit that indwells our minds; and lastly, an enlarged account of the life and teachings of Jesus. for more info, contact: John Causland 734-426-0824



Marilyn, Chair





Heide and Kellie,



Co-chairs



Tommy, Youth Ed rep



Mike



Khristian



Annie



Delyth, Liaison



Idgie



Beth



Judy



Dawn



Jan



Jack

If you have a service to offer, please contact Marilyn



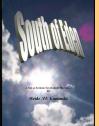
Interfaith Caring Committee Survey

We are looking for your participation and support of fellow Interfaith members <u>in crisis</u> in any way that is appropriate for you. If you are called on by a caring committee member to support a particular need, you always have the opportunity to decline if it doesn't work for you at that time. Please fill out this survey as completely as you are able. All gifts, skills, and talents are appreciated. Thank you for taking the time!

Name:	City/Part of town you live or work in:			
Phone:	e-mail:			
Best way to contact you:	Best times to contact you:			
Check all areas that you are willing	ng to participate in and specify any limitations			
Driver (Interfaith/appointmen	ts)Craft Teaching (type)Counseling (type)			
Medical Equipment loan (type	e)Meal PrepConsulting (type)			
Child CareErrands	CleaningYardworkSnow Shoveling			
Healing/energy work	Household DonationsClothing Donations			
Caregiver BreakSend	CardsComputer HelpHealing Music			
Fun Companionship	Pet CareMassageMoney Donation			
ListeningPrayers	Respite CareJoin Caring Committee			
Other				
Limitations and additional information:				
I currently have need of (be speci	fic):			



Help Support Your Interfall Family Businessest



Now available on
Amazon.com
\$14.49
ISBN 1452061262 Paperback
and
\$9.99
ASIN: B0047DWAFO Kindle

Amy Advey, MSW, LMSW
Psychotherapy & Sex Therapy
Individuals & Couples

(734) 585-4746 p (734) 531-0156 f info@amyadvey.com

2030 Packard St., Suite B Ann Arbor, MI 48104



Mac Assistance

from **Nicholas**

Ann Arbor's Neighborhood **Mac** hanic **(734) 945-1246** See what I can offer you at:

AppleNicholas.com







A-2 Handyman Jack Richards

Insured, Reliable -35 years in Ann Arbor Well referenced, low rates (734) 757-5178 handymanjack45@gmail.com

carpentry repairs
 roofs to basements
 basic repairs

plumbing and elec-

VERSATILE SKILLS

JACK OF ALL TRADES

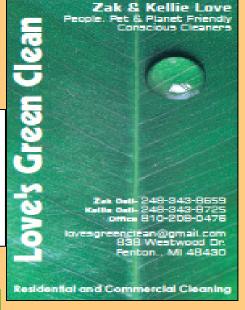


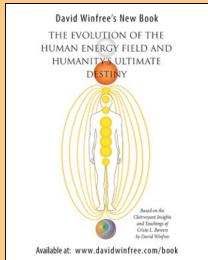
Vital Spirit
Enterprises
Creating Very
Special Environments
for your peace of
mind and easy living

"You name it, we'll organize it!"

Valoree Sprentall

734-340-6245 home 734-604-9890 cell







SHOP HERE FIRST!

Flying Dragon Thriftstore Owners: Heide and Tommy Kaminski

Look us up on FaceBook, or call Heide at 517 673 1888 to find out if we have what you are looking for. We have clothes, furniture, gadgets, toys, books, cool crafts, and what-nots you can't resist. MUST SEE! Trip to Tecumseh is worth it!



Peace in Our Lifetime "The Peace Clock"



Swedish: FREDSKLOCKAN Starting Now:
Wherever you are, perform a silent meditation for world peace
EVERY DAY AT 12 NOON FOR ONE FULL MINUTE

THE GOAL: To have EVERY PERSON ON EARTH performing this event

Synchronized Intention is the Key

- With an alarm, a bell, a note or any other method that works for you remind yourself when it is noon in your time zone.
 - Acquire the active participation of your company, your school, community, city, state and nation.
- Involve radio and television have them broadcast the PEACE CLOCK name, slogan and logo accompanied by one minute of silence every day.
 - Above all approach all interactions with others in peaceful, constructive and creative ways.
 - Copy and share this information with as many people as you can.

PDF Fliers:

• Arabic: 和平默禱 Dutch: VREDESKLOK

• English: PEACE CLOCK French: UNE HORLOGE POUR LA PAIX

• German: FRIEDENS UHR Hebrew: שעון השלום

Hungarian: BÉKEÓRA Italian: OROLOGIO DI PACE

Japanese: ピース クロック Korean: 우리의 삶에 평화가 깃들길

Pharsee: زمان نمای صلح
 Polish: ZEGAR POKOJU

• Portuguese: Hora da Paz Romanian: CEASUL PĂCII

• Russian: ЧАСЫ МИРА Spanish: UN RELOJ POR LA PAZ

• Swahili: SAA YA AMANI http://peaceclock.org/

