



# Interfaith Inspirer

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## ***A Course in Miracles* and The Work of Sir David R. Hawkins, MD, PhD**

by David T. Bell

David Hawkins left the earth plane in 2012 at the age of 89. His life work was devoted to alleviating suffering as a result of erroneous thinking. After service in World War II, he worked his way through medical school and became a psychiatrist. At the age of 38, with a progressive, fatal illness that did not respond to any available treatments, in a state of extreme anguish and despair, he called out, "If there is a God, I ask Him to help me now." He surrendered to whatever was to be in store and went into a state of oblivion. Upon awakening, a transformation of such degree had taken place, that he was completely awestruck. There was no personal self or ego, only Infinite Presence of unlimited power. The miraculous happened. Many chronic maladies from which he had suffered for years disappeared, eyesight normalized and radiant health appeared. As though on its own, a clinical practice resumed and became huge. There were two thousand outpatients from all over the country. There were more than fifty therapists, a suite of twenty-five offices, and many support staff. Patients came from all over the world, including some of the most hopeless cases.

The work became taxing and overwhelming. Enormous frustration over the seeming never-ending stream of seriously ill patients led to the study of the physiological response (muscle testing) to various stimuli. What was discovered was the lost connection with higher reality, the Divine. Through rigorous testing with the aid of students and research assistants, the discovery of the power of the mind and the creation of the map of consciousness led to the decision to leave the practice and New York City behind, in order to

devote himself to a wider dissemination of these radical discoveries to mankind. After settling in Sedona, Arizona, the life of teacher, author, and lecturer began. In the ensuing years, eleven books were written, hundreds of lectures given, and many videos created, all with the goal of assisting mankind to transcend the ego, to re-establish the awareness of the Presence of Divinity, and to thereby benefit the whole of humanity.

A major piece of the life work of Hawkins is the discovery of the map of consciousness and the proposition that one could inquire into the truth or falsehood of any idea and could determine, through muscle testing, also called kinesiology, the level of truth of a teaching and the consciousness level of a teacher. The map is a numerical scale which starts at 20, the level of shame, and ends at 1000, with enlightenment occurring at 600, and the higher realms up to 1000, descriptive of great saints and avatars. While this has no corresponding relationship with the Course, it is instructive and can aid in leading a student in transcending the ego. Hawkins spoke highly of the Course, and actually utilized the workbook in conjunction with the technique of letting go, in healing his multiple serious illnesses. He relates the following in his book *Letting Go*.

"At a certain point, both the mechanism of surrender and *A Course in Miracles* were investigated and applied to daily life. Because of the busy work schedule, there was very little time for any new techniques. Happily, the 'Workbook' of *A Course in Miracles* requires the simple contemplation of a sentence or 'lesson' throughout the day. The power of this technique eliminates guilt by utilizing the mechanism of forgiveness. The mechanism of surrender could also be done silently throughout the day as an inner process. The two tools worked together. Surrendering and forgiving went on simultaneously during the day" (pp. 302-303).

David Hawkins had several extraordinarily deep mystical experiences. These experiences were direct and radiant moments of the Presence. These experiences, some separated by decades of his life, imbued him with awe and love for Divinity. Each of his eleven books begins and ends with the expression "Gloria In Excelsis Deo." It could be fairly said that God, the experience of the Divine Presence, was the dominating goal of his life work. His goal, after leaving the psychiatric practice, was to alleviate suffering through the teaching of methods for transcending the levels of consciousness and the ego, all with a view toward impacting the largest number of people possible.

In his lectures, and repeatedly in his books, he maintained that the single most important thing that one could do for all of mankind was to raise one's own consciousness. In other words, to practice extending love and forgiveness. This is consistent with Course principles such as "You are the savior of the world," and "Extending love is always the appropriate response."

In *Letting Go*, Hawkins includes an entire chapter on the importance of Love. There are numerous obvious parallels to the Course. In the following passages from that chapter, he echoes several Course principles. "Lovingness is a way of being that transforms everything around you because of the radiation of that energy. It happens on its own. We don't have to 'do' anything, and we don't have to call it anything. Love is the energy that silently transfigures every situation." This accords with the principle that "(We) need do nothing" (T-18.VII.h). It also is similar to the principle that "... there are no private thoughts" (W-p.I.19.2:3). This is seen in the energy field of love as a transformative power. The extension of love, even though no words are said, has an impact on any situation. section of his books.

*Continued on page 8*



# Ministerial Miscellany

By Dave Bell



Dear Friends,

Heading into Summer with big plans in the works. First up is our annual yard sale to be held at Connie Snow's again on July 23, 24, and 25<sup>th</sup>. Setup will be on Wednesday the 22<sup>nd</sup>. Be sure and save the dates and start marshaling your surplus household goods that will become treasures to our customers. Then will be our much anticipated Service Raffle. Tickets and descriptions will be available soon. It is important that we all pull together to sell as many tickets as possible. Success will depend on ticket sales to our friends, neighbors and colleagues. The drawing for the services will be held in conjunction with the gala celebration of Judy and my fiftieth wedding anniversary to be held at the Center on Sunday August 9<sup>th</sup> after the service. Everyone is cordially invited to celebrate with us and to see who the Raffle winners are.

As part of our Summer of celebration, Judy and I are going to France and Germany. We leave on the 22<sup>nd</sup> of June and return July 9<sup>th</sup>. We are doing a few days of museums in Paris, then touring the beaches of Normandy. On the 30<sup>th</sup> of June we board the train to visit Germany, specifically Lauren, our Granddaughter. Lauren, if you haven't heard, is engaged to a young man from Boston who is stationed where Lauren is employed. Just another reason to celebrate.

This fall we will be offering a class in Metaphysics. I am sure that there will be lots of interest. Topics such as the nature of God, prayer in its many forms, reincarnation, health and healing, and the purpose of living should give you a hint of what will be offered. We will draw from a wide variety of source materials. Let me know what day and time would suit you best. We will try to arrange a time that is convenient to the highest number of people.

Blessings,

*David*

*Community  
Member  
of the  
Month*



*Marvellous Marice*

By Jeannie Adwani

We have Marice Clark as our illustrious Community Member of the Month for this month of June. Hail to you, Marice, for your love and service to Interfaith. We are honored to have you as a spirited, loving presence with us. I know that I experience a dear, sweet tenderness about you when I'm in your presence that underlies a quiet intensity.

Gentle and soft-spoken, Marice is a founding member of this community. She is deeply committed and gives of herself graciously, and often. She supports most events we plan here: holiday parties, our fabulous garage sale, fundraisers, birthday parties, concerts, Café 704, to name a few. Once a month she makes our altar pretty and thoughtful for our gatherings.

Marice has been a board member, a member of our choir, and huge supporter of our youth education. She and her husband, Lance, bring their two grandsons and step-grandson with them on Sundays. They are feisty and adorable, as many of you know, and they clearly love their Grandma.

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## MY DAILY PRAYER

By Bob Hopkins

### THE STRUCTURE AND SIGNIFICANCE OF THE DAILY PRAYER

“O wonderful Creator of the Universe, who was manifested in Jesus Christ, Buddha, Confucius, Gandhi, Krishna, Moses and Muhammad, whose Spirit spreads and reigns throughout the world.”

In a previous article in the newsletter, I explained the significance behind the introduction “O wonderful Creator.” As a long-time Interfaith member and fan of non-violence it seemed appropriate to look beyond Jesus to see other human beings who consistently demonstrated the spirit of the Creator in their life. Buddha seemed like an obvious candidate, especially in light of the vast number of people who identify themselves as practitioners of the principles he espoused. Mohammed qualified for much the same reason. The role of Moses in the foundation of Judaism is hard to dispute. Although Abraham is regarded as the progenitor of both Israel and Islam, Moses was seminal in codifying the Ten Commandments, the Torah and many of the traditions followed by the Jews of today – especially in light of his own personal journey and the credited authorship of the first five books of what Christians regard as the Old Testament. The inclusion of Krishna may seem somewhat open to question. In conversations about the roots of Hinduism, another of the world’s most extensively practiced religions, it seems that Krishna’s very existence is somewhat apocryphal. However, it is my understanding that he was born and died and was though in his lifetime to give clear evidence of his son are -ship of the Divine. Confucius was a scholar of the divine and gave rise to a substantial religious movement based on his principles. While he was known more for his wisdom, than his accomplishments, his contributions to the human experience of the Divine have stood the test of time.

So how does Gandhi make this list? For one thing, there is no doubt that he actually lived – in contrast to Krishna --and as such he might be considered the most influential practitioner of the Hindi religion. However, his political accomplishments and his enact-

ment of non-violence over his lifetime make it apparent that he was a seminal force in exhibiting a living embodiment of the Divine that exists with each of us. Given the accessibility of his life to me, whose lifespan overlaps his makes him an excellent choice to remind me of the proximity of the Creator to my daily life. So much for analyzing the rationale for the introduction to the prayer.

“I pray in gratitude for all the wonders of the world and all the wonders of the universe.”

My gratitude for the wonders of the world should present no mystery. There are the seven wonders of the Ancient World and I believe there have been seven wonders designated in the modern world as well. Of course, for those of us sensitive to all the wonders of creation, we know that the world is filled with far more than 14 wonders and that new ones are being created on a daily basis. These wonders of the world are beyond count and expand each day as long as there are human beings to produce amazing new creations. Interactions between humans and with nature and other beings on the earth produce a multitude of wonders every day throughout the length and breadth of the world. My prayer includes the universe because I am well aware that the universe is constantly expanding and I am certain that there wonders beyond counting every instant of every day throughout time. I am determined to be grateful for it all.

This careful analysis of my daily prayer will be resumed in the next column of The Prayer Corner.



**Mark your calendars!**

### CAFE 704 CONCERT SERIES Saturdays

June: no Café  
July: TBA

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### PEACE GENERATOR June 19



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### MISCELLANEOUS EVENTS:

Every Tuesday  
7:00 p.m.—8:30 p.m.  
Reiki Share with  
Malcolm Shaffner

July



<div>The Service begins at 10:45 a.m.</div>	<b>Mon</b>	<b>Tue</b>	<b>Wed</b>	<b>Thu</b>	<b>Fri</b>	<b>Sat</b>
<b><i>The speaker/ topic are in bold/ italic</i></b> <b>R</b> indicates the reader <b>M</b> indicates the meditator <b>MU</b> indicates the musician.	<b>1</b>  <b>6:45 p.m.</b> ACIM  <b>7 p.m.</b> Great Bal- anced View Video Meeting  <i>Staci Haarer</i>	<b>2</b>  <b>10:30 a.m.</b> The Power of Now Discussion Group <b>5:30 p.m.</b> Commu- nity Gathering <b>7—8:30 p.m.</b> Reiki	<b>3</b>  <b>11:30 a.m.</b> Healing Circle	<b>4</b>  <b>Noon—1:30 p.m.</b> ACIM  <b>6:30—8:30 p.m.</b> Science of mind  <i>Mark Orr</i>	<b>5</b>      <i>Melanie Fus- caldo</i>	<b>6</b>  <b>8:30 a.m.</b> AA  <b>7:30 p.m.</b> Drum and Dance Jam  <i>Dawn Swartz Tony La- Jeunesse</i>
<b>7</b>  <b><i>Rev. Dave: We are Open and Welcoming</i></b> <b>R:</b> Esther R. <b>M:</b> TBA <b>MU:</b> Interfaith Drum- mers  <b>Potluck</b>	<b>8</b>  <b>6:45 p.m.</b> ACIM  <b>7 p.m.</b> Great Bal- anced View Video Meeting	<b>10:30 a.m.</b> The Power of Now Discussion Group <b>5:30 p.m.</b> Commu- nity Gathering <b>7—8:30 p.m.</b> Reiki	<b>10</b>    <i>Paul Jurgensen</i>	<b>11</b>  <b>Noon—1:30 p.m.</b> ACIM    <i>Dana Aras</i>	<b>12</b>      	<b>13</b>  <b>8:30 a.m.</b> AA  <b>NO CAFÉ 704 THIS MONTH!</b>
<b>14</b>  <b><i>Rev. Dave: Mir- ror, Mirror</i></b> <b>R:</b> TBA <b>M:</b> TBA <b>MU:</b> Arts in Motion Student Dance Com- pany	<b>15</b>  <b>6:45 p.m.</b> ACIM  <b>7 p.m.</b> Great Bal- anced View Video Meeting	<b>16</b>  <b>10:30 a.m.</b> The Power of Now Discussion Group <b>5:30 p.m.</b> Commu- nity Gathering <b>7—8:30 p.m.</b> Reiki	<b>17</b>  <b>11:30 a.m.</b> Healing Circle  <b>7-9 p.m.</b> Shamanic Journey	<b>18</b>  <b>Noon—1:30 p.m.</b> ACIM  <b>6 p.m.</b> Leadership Team meeting  <b>6:30—8:30 p.m.</b> Science of mind	<b>19</b>  <b>7 p.m.</b> Peace Genera- tor	<b>20</b>  <b>8:30 a.m.</b> AA  <b>8 p.m.</b> Spiritual Cinema
<b>21</b>  <b><i>Rev. Dave: Dis- cover Your Power</i></b> <b>R:</b> TBA <b>M:</b> Dawn Swartz <b>MU:</b> Interfaith Con- sort  <b>Board Meeting</b>	<b>22</b>  <b>6:45 p.m.</b> ACIM  <b>7 p.m.</b> Great Bal- anced View Video Meeting	<b>23</b>  <b>10:30 a.m.</b> The Power of Now Discussion Group <b>5:30 p.m.</b> Commu- nity Gathering <b>7—8:30 p.m.</b> Reiki	<b>24</b>  <b>7:30 p.m.</b> Urantia Book Study	<b>25</b>  <b>Noon—1:30 p.m.</b> ACIM	<b>26</b>  <b>7 p.m.</b> Sufi Prayer Service	<b>27</b>  <b>8:30 a.m.</b> AA    <i>Sharon Hayward Heide Kaminski</i>
<b>28</b>  <b><i>Rev. Annie:</i></b> <b>R:</b> TBA <b>M:</b> TBA <b>MU:</b> Jeannie Adwani  <b>NO CC meeting this month!</b>  <b>1-3 p.m.</b> Golden Rule Workshop	<b>29</b>	<b>30</b>	<div>Board meeting this month is on June 21</div> <div>4</div>	<div>The newsletter submission deadline is June 21</div>	<div>Birthdays are indicated in <b><i>bold/italic</i></b> <b><i>Happy Birthday!</i></b></div>	

## Peggy's Profiles

### A VERY SPECIAL VISITOR

The weather was gorgeous the morning of April 12, and my sister and I watched the birds at the feeders in our back yard while we had breakfast.

Suddenly, a hawk streaked across the scene and dove after a bird on the neighbor's lawn. He must have missed his target – there was a brief commotion on the other side of the fence before he reappeared and landed in our yard. I figured he was male, because male hawks are smaller than the females.

The brilliant morning sun on the sparkling dew-starred grass formed a gorgeous background for this sleek, light-colored Sharp-Shin. By now I was standing at the glass patio door, holding my breath so I wouldn't startle our visitor.

The hawk glanced around, pulled himself up straight and began to strut across the grass. Each step was confident and proud. For a few moments, everything else faded into the background and I saw only this extraordinary being, moving toward me in a radiant glow of golden morning light.

I couldn't believe it when he jumped up on our deck! The little hawk stepped up to the glass, making sure I could admire every detail of his perfection. He stayed on the deck for a few minutes; but

I was unable to connect with him before he departed.

That night, I called on the hawk and asked him to share his name.

"Wadi-wadi-wadi!" he said, and the words appeared before me. Now, "wadi" means a dry riverbed in Arabic. How could this hawk possibly know about my lifelong interest in North Africa, which comes from many past lives in that part of the world?

Then I heard a chuckle, and "buddy-buddy-buddy"!

A-ha!

"Gowadji? Is that really you?"

And it was! Gowadji, the young female I had met and talked with back in February, had been a very sick bird. She had a painful injury to one ankle and had to work hard to fly. Perched in our tree, she was hunched over and fluffed up against the bitter cold so she looked twice her size.

But the hawk on the deck was obviously been in glowing good health and looked so different from the ailing hawk I first met that I did not recognize her!

Gowadji had come back to show me she was Healed, so I could share in her joyous celebration of life.

I'm looking forward to the next chapter of our story!



Image from [peaceseeds](http://peaceseeds.com)

#### Caring Committee Contact List

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## Interfaith Pop

*Selected by Rob Fagerlund*

### God Is Alive Magic Is Afoot

*by Leonard Cohen*

*As set to music by Buffy Sainte-Marie*

God is alive, magic is afoot  
God is alive, magic is afoot  
God is alive, magic is afoot  
God is afoot, magic is alive  
Alive is afoot, magic never died  
God never sickened  
Many poor men lied  
Many sick men lied  
Magic never weakened  
Magic never hid  
Magic always ruled  
God is afoot, God never died  
God was ruler  
Though his funeral lengthened  
Though his mourners thickened  
Magic never fled  
Though his shrouds were hoisted  
The naked God did live  
Though his words were twisted  
The naked magic thrived  
Though his death was published  
Round and round the world  
The heart did not believe  
  
Many hurt men wondered  
Many struck men bled  
Magic never faltered  
Magic always lead  
Many stones were rolled  
But God would not lie down  
Many wild men lied  
Many fat men listened  
Though they offered stones  
Magic still was fed  
Though they locked their coffers  
God was always served  
Magic is afoot, God is alive  
Alive is afoot  
  
Alive is in command  
Many weak men hungered  
Many strong men thrived  
Though they boast of solitude

God was at their side  
Nor the dreamer in his cell  
Nor the captain on the hill  
Magic is alive  
Though his death was pardoned  
Round and round the world  
The heart would not believe

Though laws were carved  
in marble  
They could not shelter men  
Though altars built in parliaments  
They could not order men  
Police arrested magic and magic  
went with them  
For magic loves the hungry  
But magic would not tarry  
It moves from arm to arm  
It would not stay with them  
Magic is afoot  
It cannot come to harm  
It rests in an empty palm  
It spawns in an empty mind  
But magic is no instrument  
Magic is the end  
Many men drove magic  
But magic stayed behind  
Many strong men lied  
They only passed through magic  
And out the other side  
Many weak men lied  
They came to God in secret  
And though they left Him nour-  
ished  
They would not tell who healed  
Though mountains danced before  
them  
They said that God was dead  
Though his shrouds were hoisted  
The naked God did live  
This I mean to whisper to my  
mind  
This I mean to laugh within my  
mind  
This I mean my mind to serve  
Til' service is but magic  
Moving through the world  
And mind itself is magic  
Coursing through the flesh  
And flesh itself is magic  
Dancing on a clock  
And time itself  
The magic length of God

### A Fresh Look Online

*Submitted by Lindsay Passmore*

On March 21, just in time for the Center's 17th birthday, we launched a new website with vibrant graphics and a refreshed look. One addition to the site is a blog that features practical and uplifting tidbits for your spiritual life. Examples have included excerpts from spiritual readings offered during the Sunday lesson, a Sunday talk from our own Marlon Dunlap, and a lesson from Youth Ed that is applicable to adults as well.

If you subscribe to the blog, you will receive each new entry in your email inbox. Just go to [www.interfaithspirit.org](http://www.interfaithspirit.org), scroll to the bottom of the page, enter your email in the lower right-hand subscription area, and click "subscribe." When you receive blog posts, feel free to comment on them and use the Social Sharing buttons on the page to share with your friends via email or Facebook.

The new website was created and gifted to the Center by Lindsay Passmore, a current member of the Board of Trustees. She welcomes your feedback ([lindsay.passmore@interfaithspirit.org](mailto:lindsay.passmore@interfaithspirit.org)).



## May Board Meeting Minutes

*Submitted by Sally Searls*

Jeff Alden is now the board liaison to the Finance committee. The trustees discussed the monthly financial reports. They have asked the Finance committee to provide highlights about the reports so the board members are directed to significant data and possible actions. For example, the budget for the Interfaith Center indicates that we are currently \$3600 in the red. Is part of the reason the annual insurance payment made in February, or are we down in offerings, or both? Is it due to fewer class offerings or fundraisers?

The after-the-service Welcome Table has been staffed for the last two weeks and several people have stopped by for discussion. Announcements about the Welcome Table and that there is a complimentary gift coupon for Cafe 704 in the welcome packets will be made on Sundays.

The Yard Sale is scheduled for July 23-25. More information will be available soon. Let Delyth know if you are interested in helping on this fundraiser.

Dave will be getting cost estimates for the window for teen room and a bookcase will be moved from the bookstore to the teen room. Dave will soon have a handicapped parking spot on our driveway indicated. In addition, Dave reported that it might be time to offer classes

in metaphysics and mysticism.

At this time priorities for the board are:

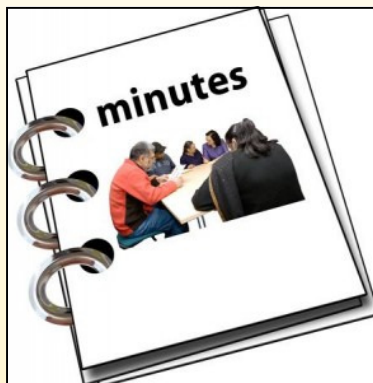
- Growing Membership
- Dave's retirement in 2017
- Facility location
- Evaluation of the ministers, including Sunday message.

### Marketing

- Lindsay continues to monitor and add information to the new website.

There was discussion as to whether we need a second committee to focus on outreach events at Center.

The next board meeting is scheduled for June 21. Everyone is welcome to attend.



## YARDSALES

Start setting aside items for us to sell! Contact Delyth about when and where to donate items.

Sunday Celebration Services  
are held at 10:45 a.m. at  
704 Airport Blvd.,  
(off S. State Street) near I 94



## MISSION STATEMENT

*Spiritual seekers joining in community to attract others of like mind, creating an atmosphere and structure to foster and stimulate our individual and collective spiritual growth.*

## CONTRIBUTORS WANTED!

We would love to have your input in the newsletter: spiritual moments, movie/book reviews, exciting announcements, poems, etc.

We try to have the newsletter ready for final editing by the third Sunday of each month. Please send contributions to Heide at [momnyk@tc3net.com](mailto:momnyk@tc3net.com) with "Interfaith submission" in the subject line. If you do not mention Interfaith, your email might get kicked right into the recycle bin by my spam filter.

If you cannot email your contribution, you may give it to Heide on Sunday.

To receive the online newsletter, go to <http://lists.interfaithspirit.org/listinfo.cgi/interfaithinsp-irer-interfaithinsp-irer.org> to subscribe.

Want to hear from us throughout the week? Receive or send email through Interfaith Yahoo by going to <http://groups.yahoo.com/group/InterfaithSpirit/>

Namaste from your newsletter team:  
Heide, Esther, Deane and Steve.

### BOARD OF TRUSTEES

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Rob Fagerlund, member  
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Hawkins tells the story of an undirected flow of this energy in the autobiographical section of his books.

“Occasionally, an exquisitely blissful energy, an Infinite Love, would suddenly begin to radiate from the heart toward the scene of some calamity. Once, while driving on a highway, this exquisite energy began to beam out of the chest. As the car rounded the bend, there was an auto accident; the wheels of the overturned car were still spinning. The energy passed with great intensity into the occupants of the car and then stopped of its own accord. Another time, while I was walking on the streets of a strange city, the energy started to flow down the block ahead and arrived at the scene of an incipient gang fight. The combatants fell back and began to laugh, and again, the energy stopped.” This is a classic example of the miracle of the extension of Love being directed by the Holy Spirit for the highest good of all concerned. It required the presence of a consciousness of a high enough degree, such that the ego was virtually absent and the Self was fully present.

The author of this chapter has had the opportunity to test the premise of kinesiology on several occasions. Photocopies of pictures of Adolph Hitler and Mohandas Gandhi were inserted in plain envelopes, concealing the contents from view. Test subjects were invited to hold the envelopes, one at a time, against their solar plexus. In every case the envelope containing Hitler made the subject go weak, and the envelope containing Gandhi made the subject test strong. In some cases, the test subjects were completely befuddled by the results, and others simply said that the result made perfect sense. What is true about the results is the belief by the author that Kinesiology is a valid method for determining truth versus falsehood and calibrating consciousness levels.

In speaking about the relationship of the mind and the body, Hawkins relates, “The mind with its thoughts and feelings controls the body; to heal the body, thoughts and feelings need to be changed.”

“The body is not the real self; it is like a

puppet controlled by the mind” (*Letting Go*, p. 295). This is simply a restatement of Course principles. “All healing takes place in the mind.” “*I am not a body, I am free. For I am still as God created me*” (W-p.I.201-220.h).

A well-known quote from the Course says: “*Love holds no grievances. When I let all my grievances go I will know I am perfectly safe*” (W-p.I.68.6:8-9). This is precisely the central theme of Hawkins’ final book, *Letting Go*. His premise throughout the book is that negative feelings, including grievances, are the parents of all of our negative thoughts. This is slightly different from the Course in that the Course states that thoughts are the parents (cause) of all things, including the body’s negative feelings. However, the Course agrees with Hawkins that dissipating the energy behind negative feelings is a tool to rid the mind of related negative thoughts. The mind that is free of negativity is the mind that can choose to listen to the “Voice for God.” Such a mind is open to True Perception. The technique of “Letting Go” as suggested by Hawkins, is an additional tool that aids the student in pursuing “A Course of Unlearning.”

In the Course we read, “*You must have noticed an outstanding characteristic of every end the ego has accepted as its own. When you have achieved it, it has not satisfied you. That is why the ego is forced to shift ceaselessly from one goal to another, so that you will continue to hope it can yet offer you something*” (T-8.VIII.2:5-7) The penultimate paragraph in Hawkins’ first book *Power vs. Force* is an accurate description of the same point, arrived at by an entirely different route. That, however, does not detract from its verity. It confirms the validity of both descriptions. That paragraph reads as follows: “The ubiquitous human ego is not an ‘I’ at all; it is merely an ‘it.’ Seeing through this illusion reveals an endless Cosmic Joke in which the human tragedy itself is part of the comedy. The irony of the human experience is in how fiercely the ego fights to preserve the illusion of a separate, individual ‘I’ even though this is not only an ontological impossibility but the wellspring of all human suffering. Human reason exhausts itself ceaselessly to explain the inexplicable. Explanation

itself is high comedy—as preposterous as trying to see the back of one’s head, but the vanity of the ego is boundless, and it becomes even more overblown in this very attempt to make sense of nonsense. The mind, in its identity with the ego, cannot, by definition, comprehend reality. If it could, it would instantly dissolve itself upon recognition of its own illusory nature. It is only beyond the paradox of mind transcending ego that that which *Is* stands forth self-evident and dazzling in its infinite Abso-luteness. And then all these words are useless.”

This seems to capture the complete essence of the purpose and process of the Course. Yet Hawkins’ approach was arrived at through scientifically verifiable methods of kinesiology rather than through communication with Jesus of Nazareth. Rather than seeking to determine which source is the “right” one or the “better,” it seems that the concordance of two very different approaches, in the final analysis, lends even more credence to them both.

The Course tells us that when all ego interferences have been removed and there remains nothing left between God and us, God Himself takes the last step, lifting us unto Himself. This goal of all Course students is captured brilliantly in the final paragraph of the autobiographical section of each of David Hawkins’ eleven books:

“But, in fact, in this final apocalypse of the self, the dissolution of the sole remaining duality—that of existence and non-existence—identity itself dissolves into universal divinity, and no individual consciousness is left to choose. The last step, then, is taken by God alone.”

One is left then to exclaim,  
*Gloria in Excelsis Deo!*



# Youthful Spirits



*Hello all!*

Happy Summer!!

We hope this finds you well and enjoying the beautiful surroundings of summer.

May was magnificent!! We had a wonderful time making gifts to pamper the women in our lives for Mother's Day and welcoming new life by decorating and preparing for a wonderful baby shower. We also talked about the topics of unity, confidence, tolerance and self-discipline. We did some great activities such as "busting stereotypes" and the "Marshmallow Experiment." This is a fun experiment that tests your self-discipline. You set a marshmallow in front of the person and do not let them eat it with the promise of something better to come. The point is that if you do not succumb to impulsiveness, you may get better rewards. Our kids were fabulous. Way better than the adults we watched on a video when faced with this dilemma!

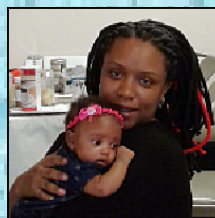
The topics we plan to explore in June are consideration, courage, purposefulness and obedience. We also plan to celebrate the fathers, father figures and masculine in our lives as we observe Father's day. Of course we have a delicious recipe to prepare for potluck Sunday and look forward to sharing it with you. Have a joyful June!

*Love, Light, and  
Laughter  
Heide, Kellie, Tommy, and  
Alex*

## It's a Girl!

Welcome to the Interfaith Family, Zari Dunlap!

### Baby shower pictures





## GOLDEN RULE

*'Do unto others as you would have them do unto you.'*

*- Matthew 7:12*

### *The Golden Rule Workshop*

*Sunday, July 28*

*1-2:30 p.m.*

*Interfaith Center  
for Spiritual Growth*

#### *Explore*

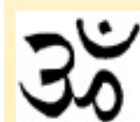
- the message of the Golden Rule
- the message of the Golden Rule for you
- the Golden Rule & its implications for society

*with meditation, discussion, and videos*

**Cost:** whatever the Golden Rule guides you to give

**Contact:** Heide Kaminski

(517) 423 9001



# *The Caring Committee*



*Marilyn,  
Chair*



*Heide,  
Secretary*



*Delyth,  
Liaison*



*Judy*



*Idgie*



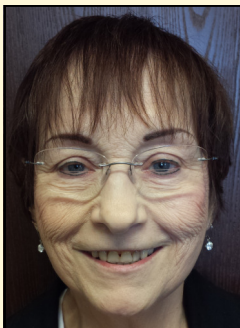
*Malcolm*



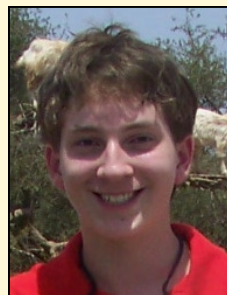
*Annie,  
Liaison*



*Diane*



*Beth*



*Tommy,  
Youth Ed rep*



*Jack*



*Kellie*

*If you have a service to offer,  
please contact [Marilyn](#)*



## Interfaith Caring Committee Survey

We are looking for your participation and support of fellow Interfaith members in crisis in any way that is appropriate for you. If you are called on by a caring committee member to support a particular need, you always have the opportunity to decline if it doesn't work for you at that time. Please fill out this survey as completely as you are able. All gifts, skills, and talents are appreciated. Thank you for taking the time!

Name: \_\_\_\_\_ City/Part of town you live or work in: \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Best way to contact you: \_\_\_\_\_ Best times to contact you: \_\_\_\_\_

Check all areas that you are willing to participate in and specify any limitations...

\_\_\_Driver (Interfaith/appointments) \_\_\_Craft Teaching (type) \_\_\_Counseling (type)

\_\_\_Medical Equipment loan (type) \_\_\_Meal Prep \_\_\_Consulting (type)

\_\_\_Child Care \_\_\_Errands \_\_\_Cleaning \_\_\_Yardwork \_\_\_Snow Shoveling

\_\_\_Healing/energy work \_\_\_Household Donations \_\_\_Clothing Donations

\_\_\_Caregiver Break \_\_\_Send Cards \_\_\_Computer Help \_\_\_Healing Music

\_\_\_Fun Companionship \_\_\_Pet Care \_\_\_Massage \_\_\_Money Donation

\_\_\_Listening \_\_\_Prayers \_\_\_Respite Care \_\_\_Join Caring Committee

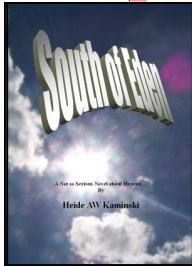
Other \_\_\_\_\_

Limitations and additional information:

I currently have need of (be specific):



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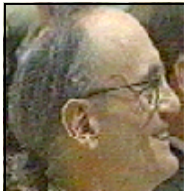
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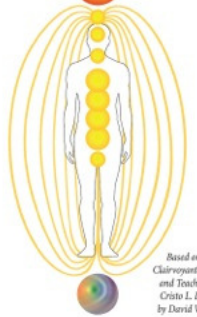
  
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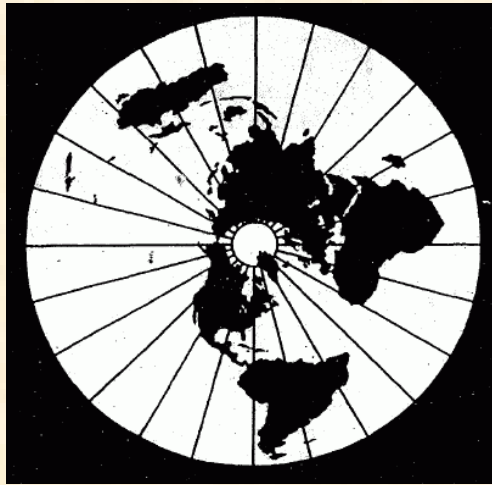


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- Pharsee: زمان نماي صلح Polish: ZEGAR POKOJU
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- Russian: ЧАСЫ МИРА Spanish: UN RELOJ POR LA PAZ
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