

Interfaith Inspirer

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RECOGNIZING DIVINE ORDER by Dick Durham

by Dick Durham

I would like to relate to everyone what I have witnessed in my family over the past year that proves to me that there are no accidents and that there is such a thing as Divine Order. I come

from a family of five brothers, of which I am the youngest.

Larry, my oldest brother (85) and Pat, my middle brother, had a falling out many years ago over family matters. Larry, while being kind and generous and always willing to help all family members in any way when needed, could, like many of us, hang onto a grudge indefinitely. Pat, to his credit, did try to reconcile with him but seemed to be rebuffed for his efforts. He made visits to Larry's house and Larry, who lived alone, would greet him, at least in Pat's view, less than enthusiastically and in one instance, for whatever reason, failed to invite him in. Even when he would talk about Pat and Pat's wife Gloria to the rest of his brothers, he would be hard-pressed to think of a complimentary word to say about them.

That all began to change about seven months ago when Larry took a fall on some ice in his driveway and broke his ankle in several places. After driving himself to the emergency room at St. Joe's, he was admitted to the hospital and his ankle was repaired, but he was going to be disabled for several months. None of the rest of the family knew about this injury until he was ready to come home from the hospital.

Larry had me listed as his emergency contact, so the hospital notified me to come and pick him up, but as some of you may know, I have been having some health challenges of my own, and I was still quite weak and not well enough to drive that far. Since my brother Don, who lives with me cannot drive and my brother Ray was recovering from a heart operation, I ended up calling Pat, who agreed to go pick Larry up.

As Pat related the story to Don, when Pat walked into Larry's hospital room, Larry gave him a look that said, "you're not the brother that I was expecting." Nevertheless, Pat and his wife brought Larry home, and Pat helped him into the house, which was no easy task, because there were several steps to navigate. Once Larry was situated, Pat and Gloria went back to pick up his car from the hospital parking lot.

Over the course of the next several months, Pat would make daily visits to Larry, bringing him meals that Gloria had prepared, running errands for him and driving him to the doctor's office as needed. He also did things to make Larry's house more handicapped-friendly like installing handrails to the stairs in the basement.

As Larry began to get around a little more, Pat would take him for drives, sometimes stopping at some of the drive-in restaurants in the area for hot dogs and root beer. After a while, Larry would watch out his front window in anticipation of Pat's visits. Old wounds were finally being put where they belonged, as distant memories that had no significance. Larry began to heal, both spiritually and physically!

As he began to become more independent, he told Pat that even when he became completely well, he wanted him to keep coming over.

I hadn't seen Larry for several weeks, although he and Pat had stopped by the hospital to visit my brother Don who had had a cycling accident. Don said Larry seemed especially happy and they spent their visit laughing and joking.

Larry also got well enough to get back to one of his passions, bowling. He bowled in two senior leagues, one in Belleville and one in Ann Arbor. As a young man, he had been one of the top bowlers in the Ypsi-Ann Arbor area, and travelled to tournaments all over the country. He even had a 300 game to his credit.

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Ministerial Miscellany





Dear Friends,

Well, here we are at the end of another year. It has been a year of progress and change at the Center. We have spent a year, our first ever, operating within a budget. We started out this year with the goal of restoring our working capital fund to its previous level. Significant progress toward that goal has been made. Through November, we are over half way to reaching that goal. Thank you to all who contributed to the income side, and kudos to the staff who worked diligently to keep the expense side in line with the budget. Many blessings are ours to receive. Our goal for next year is to continue replenishing working capital, and to begin a Building Fund for the eventual day when we must move from the home that has served us so well. There is no immediacy to this goal, however, prudence dictates that we pay attention to what is happening around us. Costco now sits where buildings just like the one we are in used to be.

Events on the schedule for December, include a candlelight meditation concert featuring Norma Gentile and the chants of Hildegard of Bingen. Her classically trained voice and the thousand year old chants of Hildegard make for a transformative time. I hope you will take advantage of this opportunity. It is Sunday, December 7th at 4:00 pm. We will also be having a Christmas Eve Candlelight Service at 7:00 pm on the 24th. Come sing Carols and light candles with us.

Judy and I are planning our trip to Europe next spring. We are going to visit our granddaughter Lauren in Germany, and take a trip to Paris and he beaches of Normandy. Celebrating 50 years of marriage and visiting Lauren. Sounds like a lot of fun and gratitude all mixed together. Florida is calling our names as well. I will be gone in February and April, and Judy will be there all three months.

Blessings,

David

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Youthful Spirits

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The ever dynamic Rod is our CMM For this holiday month of December. There is a delightful sassy, charm about our Rod that can be felt and noticed within a few minutes of chatting with him.

It seems there is nothing he can't do as a fix-it guy, using his able skills at the Center when

we need him most. With his trusty tools and his big old truck, he comes to move and build all kinds of things that need doing at the Center.

Rod shares of himself in other ways that inspire our community by his deep understanding of The Course in Miracles. The Course in Miracles is one of the spiritual programs offered at the Center, and Rod often carries the wisdom of it into his conversations during our open mic time after our Sunday message. I know that I always appreciate the way Rod brings a conversation around to reminding us of our Divine selves and our true Oneness.

And I would be remise if I did not bring up his quirky sense of humor, or maybe it's that little boyishly grin that is ever present on his face; Probably, it's all of the above.

Thanks Rod for being so committed to the Center, and brings your special Holy self into our lives.

WE LOVE YOU

FACES OF FAITH

You are invited to participate in the next FACES OF FAITH EVENT sponsored by The Interfaith Round Table of Washtenaw County. *FOF* allows you to meet people from our community who pose as "books" telling you the story of their personal spiritual journey. Each time you "borrow" a "book", you'll learn (one-on-one) about a different spiritual practice, religious belief, or turning-point of faith. Each "reading period" is 25 minutes. You will be able to hear directly from those who go by Buddhist, Hindu, Conservative Jew, Muslim, Atheist, Christian Scientist, New Thought, Baha'i, Methodist, Quaker, Interfaith, Southern Baptist, Mormon, Catholic, Messianic Jew, Non-denominational Christian, Mystic, Scientologist, Evangelical Christian, Sikh, Reconstructionist Jew, Unitarian Universalist, Multi-faith, Mennonite, and AFS Host Family. \$5 suggested donation per person or family.

WHEN: Sunday, January 11, 2-4 pm WHERE: Zion Lutheran Church, 1501 W. Liberty, Ann Arbor

For more information, call 734-424-1535 or email <u>abrides@unich.edu</u>

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That's what he was doing on October 1st, when he collapsed midway through his third game at the Lodge Lanes in Belleville. He was transported to St. Joe's at about 2 o'clock in the afternoon and immediately put on life support. Pat was the first to be notified and let the rest of us know. We all stood vigil in his hospital room and watched as he was taken off life support around 9:30 that evening, just after he was given the last rites of the Catholic church, on which Pat had insisted.

The doctors had expected he would expire shortly after the

breathing apparatus was removed. However, he continued breathing on his own so we continued our vigil throughout the night. Because his heart and respiratory readings seemed to be fairly stable, we believed we had time to go home to eat and freshen up before we returned to his bedside. So about 6 a.m. we all departed for home. Around 7 a.m. after I had just finished breakfast, the phone rang. It was the hospital letting us know that Larry had just passed away. It seems he was just waiting for us to leave.

While contemplating those two days, I began to realize that there are no accidents. Things really do happen as they are meant to. Had I not been taken ill, I would have been the one to pick Larry up at the hospital to bring him home, and most likely Don and I would have been taking care of his needs. The Universe, however, would not let him make his transition while bearing the heavy weight of this grudge. Things had to be made right, and they were!

What better time to leave this earth than when your heart is light and full of joy and you're doing the activity you love the most!

As a postscript to this narrative:

Hanging on our living room wall we have a picture of our mother and father which has been there a long time and has never been moved. When we got home from Larry's funeral, we noticed that the picture was tilted to almost a 45 degree angle!



CAFE 704 CONCERT SERIES Saturdays

December 13: Bliss January 10, 2015: Madcat Ruth Feb. 14: Spirit Singing Band March 14: Harmony Bones (Jeanne Mackey) April 11: Lisa Pappas/ Michael Weiss May 9: Shekinah & Friends

PEACE GENERATOR DECEMBER

MISCELLANEOUS EVENTS:

Every Tuesday 7:00 p.m.—8:30 p.m. Reiki Share with Malcolm Shaffner

***** Dec. 7 4 p.m. Candlelight Meditation Concert

> Dec. 25 noon Christmas Dinner

Sponsored by the CC

Free to whoever would like to have these:

Cat "Tree," about 2 feet high, maroon color

Electric keyboard on a stand

See Esther for details on how to pick these up!



The Service						
begins at 10:45 a.m.	Mon	Tue	Wed	Thu	Fri	Sat
The speaker	1	2 10-20 a m. The Derve	3	4	5	6 8:20 a.m. A.A
and topic of the service is	6:45 p.m. ACIM 7 p.m. Great Bal-	10:30 a.m. The Power of Now Discussion Group		Noon—1:30 p.m. ACIM		8:30 a.m. AA 9-noon: Youth Ed
<i>in bold/italic</i> R indicates the reader	anced View Video Meeting	5:30 p.m. Commu- nity Gathering 7—8:30 p.m. Reiki		6:30—8:30 p.m. Science of mind		storage room clean- up work party
M indicates the meditator MU indicates the						1-3 p.m. Angelic Healing Session
musician.						7:30 p.m. Drum and Dance Jam
7	8	9	10	11	12	13
Dave Bell: "Tis	6:45 p.m. ACIM	10:30 a.m. The Power of Now Discussion		Noon—1:30 p.m. ACIM		8:30 a.m. AA
the Season R: Dick D. M: TBA MU: Bliss!	7 p.m. Great Bal- anced View Video Meeting	Group 5:30 p.m. Commu- nity Gathering 7—8:30 p.m. Reiki				8 p.m. Café 704
Potluck		7-0.50 p.m. Reiki				
4 p.m. Candlelight Meditation Concert						Andy Walker
14	15	16	17	18	19	20
<i>Delyth Balmer:</i> R: Cathy D.	6:45 p.m. ACIM	10:30 a.m. The Power of Now Discussion	7-9 p.m. Shamanic Journey	Noon—1:30 p.m. ACIM	Peace Generator	8:30 a.m. AA
M: Bliss MU: Max Kestrel Uitti-Swartz	7 p.m. Great Bal- anced View Video Meeting	Group 5:30 p.m. Commu- nity Gathering 7—8:30 p.m. Reiki		6:30—8:30 p.m. Science of mind		8 p.m. Spiritual Cinema
Board meeting					Valoree Sprentall	
21	22	23	24	25	26	27
Christmas Cele- bration R: Marilyn A. M: TBA MU: Interfaith Con- sort Youth Ed Christ- mas Presentation	6:45 p.m. ACIM 7 p.m. Great Bal- anced View Video Meeting	 10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Community Gathering 7—8:30 p.m. Reiki 	7 p.m. Christmas Eve Candlelight Celebration	Noon—1:30 p.m. ACIM		
CC meeting			HIUMA			
28	29	30	31			
Burning Bowl Service	6:45 p.m. ACIM 7 p.m. Great Bal- anced View Video Meeting	 10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Commu- nity Gathering 7—8:30 p.m. Reiki 		Board meeting this month is on December 14	The newsletter submission deadline is December 21	Birthdays are indicated in <i>bold/italic</i> <i>Happy</i> <i>Birthday!</i>



Peggy's **ORACLE CARD DECK AND CARD READING FOR** DECEMBER

Crystal: Charoite **Key Words: Psy**chic Power, Transmutation, Intuition

This is a very spiritual and powerful stone. Its deep violet hues relate to the highest vibrationary chakra Sahasrara. It is a karmic stone that enables us to transcend the mundane physical aspect of the body and gain deeper insight into our spiritual nature and the higher plan of the soul's purpose. It ensures that we are following our own path and not being led by the influence of others.

Charoite facilitates perspective and healing on deep levels. It gently supports us through times of spiritual stress or intense development, enabling us to bring our higher awareness down into earthly use. It reduces stress and anxiety and encourages openness and acceptance. The energies remind us that only by manifesting the higher path into the present state can we be of service.

Healing

The transformative powers of this stone work with the healing of depression, and other mental imbalances. Its restorative nature relieves exhaustion (physical and psychical) and insomnia. It is helpful with imbalance in the autonomic nervous system.

Divinatory Meaning

Drawing this card signifies you are ready to access your deeper inner wisdom and bring it into your everyday life. You are about to embark on a period of growth and transformation in all areas.

About this deck **The Crystal Deck** by Amanda Samson

"Not all of us have access to a pouch full of every crystal available. This deck helps you draw on the energy of 50 crystals, some of which are too rare or too expensive to have lying about. By using the cards and focusing on the properties and messages of the crystal your card depicts, you can bring the energy to your life. These cards are also very useful as a teaching tool and will help you learn the various uses and attributes of each of the crystals shown."

About Oracle Cards

Oracle card decks are designed to be positive and supportive, as they provide guidance and inspiration. From Angels to crystals to wild flowers, you can find a deck to suit any need or interest!

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Interfaith Pop

(as recommended by Rob Fagerlund)

Accentuate the Positive

by Johnny Mercer (made famous by Bind Crosby and the Andrew Sisters)

You gotta accentuate the positive Eliminate the negative And latch on to the affirmative Don't mess with Mister In Between

You gotta spread joy up to the maximum Bring gloom down to the minimum An' have faith or pandemonium's

Jonah in the whale, Noah in the ark Just when everything looked so dark?

Liable to walk upon the scene To illustrate my last remark Jonah in the whale, Noah in the ark An' what did they do ust when everything looked so dark? h, they said, "You better accentuate the positive Eliminate the negative And latch on to the affirmative, Don't mess with Mister In Between" b, don't mess with Mister In Between Man, they said, "You better accentuate the Don't mess with Mister In Between"

No, don't mess with Mister In Between



Image from peaceseeds

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Wind allows large birds, like Bald Eagles (yes, we have them in Washtenaw County) and Turkey Vultures to rarely flap their wings when they fly. The soar beautifully on breezes, and tip and turn their wings to make use of the currents. In this way they are not unlike a ship in the ocean. Wind also sends the leaves in my yard into my neighbor's yard, which is great, but it also has sent my recycle barrel into my neighbor's yard.

One of my favorite things to do is in a severe thunderstorm is to stand in the garage with the door open and watch the trees whipping around. Compare this fury with watching clouds on a still day. If you focus long enough, you'll see the clouds actually move in the wind. Intricate structures of everchanging water vapor are constantly being created. If you look at a skyscape from a tall building, you'll see that these clouds, shaped by the wind, are actually immense beings that cover our planet. (Yes, I have a secret theory that clouds are actually conscious beings that are actually up to something...)

Wind is part of a vast system that includes temperature, the oceans, and all life on Earth. It is a moving formation of the air that we breathe in every day. That's right, every day we breathe in wind and sky, our bodies use them, and we are One with sky and wind.

So remember that, and be grateful, as you chase your hat down the sidewalk.



December Holidays Around the World

With human history going back five thousand years, perhaps even more, it has resulted in the winter holiday season being garbed with rich traditions, with many layers of folklore, customs and celebration. The month of December, or rather the winter season, is observed by people in many parts of the world as a time for observing many seasonal days.

Most of them are linked to the winter solstice in some way, especially in the northern hemisphere. This is because on that day, because of the tilt of the earth's axis, the daytime hours are at their shortest in the northern hemisphere, and the nighttime hours are at their longest. (In the southern hemisphere, it is the other way.) And this is the reason that most wintertime seasonal holiday traditions have their roots in the northern hemisphere.

But these holidays are also associated with religiously linked holy days. In fact, the very word 'holiday' has been derived from 'holy' and 'day', because originally holidays demarcated special religious days. Here are some of the winter holidays that are celebrated around the world.

Japanese New Year

This is one of the most major events in Japan. New Year's Eve is known as Omisoka in Japan. The Japanese spend a lot of time shopping and cleaning their houses in preparation for the new year. This symbolizes getting rid of the past and starting afresh. The celebration on the New Year's day itself is known as Shogatsu.

Hanukkah

Also known as Channukkah is a 'Festival

of Lights'. This is one of the most important Jewish holidays, particularly due to the significant connotations of its proximity to Christmas. It is an eight night and day long holiday that begins on 25th day of Kislev, according to the Hebrew calendar, with the menorah, or eight candles, being lighted up.

Boxing Day

This is a traditional winter holiday celebrated in Mexico, Guatemala and Southern parts of United States of America, between December 16 and December 24. The nine day celebration symbolically represents the months of pregnancy.

St. Nicholas Day

This day is especially celebrated in Northern Europe on December 6. St. Nicholas was a protector of the weak against the rich and the strong. St. Nicholas is treated like Santa Claus, and in fact is thought to be Santa Claus' original name. Children place boots on their windowsills or at the fireplace so that St. Nicholas can fill them with candy. However, the boots of naughty children was filled with coal, so that they can learn from their mistakes.

Kwanzaa

Literally meaning 'First Fruits', this has its basis on an ancient harvest festival of Africa which celebrates ideals like collective responsibility and work; selfdetermination; co-operation; purpose; creativity; faith; and unity. The celebration starts from December 26 and culminates on January 1.

This is just a small selection, please go to <u>articles/winter-holidays-around-the-</u> <u>world.htm</u> to read more! Sunday Celebration Services are held at 10:45 a.m. at 704 Airport Blvd., (off S. State Street) near I 94



MISSION STATEMENT Spiritual seekers joining in community to attract others of like mind, creating an atmosphere and structure to foster and stimulate our individual and collective spiritual growth.

CONTRIBUTORS WANTED!

We would love to have your input in the newsletter: spiritual moments, movie/book reviews, exciting announcements, poems, etc.

We try to have the newsletter ready for final editing by the third Sunday of each month. Please send contributions to Heide at <u>mommyk@tc3net.com</u> with "Interfaith submission" in the subject line. If you do not mention Interfaith, your email might get kicked right into the recycle bin by my spam filter.

If you cannot email your contribution, you may give it to Heide on Sunday.

To receive the online newsletter, go to http://lists.interfaithspirit.org/ listinfo.cgi/interfaithinspirer-

interfaithinspirer.org to subscribe. Want to hear from us throughout the week? Receive or send email through Interfaith Yahoo by going to http://groups.yahoo.com/group/ interfaithSpirit/

Namaste from your newsletter team: Heide, Esther, Deane and Steve.

BOARD OF TRUSTEES

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Cate 704



\$15



Hello all!

Happy Holiday Season!

In November we spent a great deal on preparing table decorations for the Thanksgiving Dinner sponsored by the CC. We also talked about how children lived during the times of the first Thanksgiving celebrations. Our table decorations generated \$37 for the Caring Committee, yeah! There are still jars and roses made out of leaves for you to take home!

We ended the month with a discussion about the Advent wreath, made Advent calendar jars and Heide shared a mostly European pre-Christmas holiday tradition: In Germany (and numerous other European countries), the children set out polished shoes or boots on the night to Dec. 6. St. Nicholas comes during the night to fill them with candy if the kids have been "good," and whips made out of twigs and coals for those who have been "bad." As there is no such thing as an all "bad" or all "good" kids, in Germany the shoes are filled with twigs decorated with candy (and cotton balls for "snow"). Heide made these twig assemblies for the children to enjoy :-)

We also began working on making props for our upcoming Christmas program on December 21. Be sure to bring your kids!!! Santa will come as usual :-)

Our "regular" Santa, Rick Savin, is a little under the weather with hip and back surgeries (keep him in your prayers!). But Malcolm stepped up to save the day.

Most of December will be spent on getting ready for the program, making props, organizing the presentation and discussing the various world-wide celebrations going on throughout the month of December. You can read about a selection of the on page seven in this newsletter.

Never a dull moment at the Center! We are happy to say that we have had about 10 kids or more on most Sundays lately.

On December 6 we are having a work "party," to clean out and reorganize the Youth Ed storage room. Feel free to join us between 9:30 a.m. and noon!

> Love, Líght, and Laughter Heíde, Kellíe, Tommy, and Alex



GREAT TRANSFORMATION WORKSHOPS



Taught by Cristo Bowers Hosted by David Winfree

FIVE LIFE-CHANGING WORKSHOPS FOR THOSE SEEKING MAJOR TRANSFORMATION

INTUITION DEVELOPMENT

SPIRITUAL GROWTH

BECOMING A WORLD CLASS ENERGY WORKER

PATH OF ABUNDANCE

RELATIONSHIP WORKSHOP

Begin 2015 with an extreme makeover in one of the above areas of your life. These January workshops are designed to help you make a major leap forward. Each is limited to 10 participants. Each workshop consists of 8 - 12 webcast sessions, one session per week. Cristo teaches and provides clairvoyant insights. David guides and facilitates. For complete information about each workshop go to: www.davidwinfree.com/gtw

We expect these classes to fill in December. Please read the complete online program descriptions for the workshops in which you are interested. Then please contact us at: <u>dwinfree1@yahoo.com</u>

(1) Tell us which workshops(s) you want to attend.

(2) Let us know which days of the week work best for you and if daytime and/or evening, will work for you.

(3) Those who are first to tell us of their interest will be given the first opportunity to register when the times and dates are set. The first workshops will begin during the second full week of January. If you have questions please email <u>dwinfree1@yahoo.com</u> We need to know your interest, by December 7th.

SHIFT OF CONSCIOUSNESS



Monday Webcasts at 8:00 PM EST Ongoing Weekly Monday Event David Winfree Leads a Discussion of the Content from His New Book The Evolution of the Human Energy Field and Humanity's Ultimate Destiny Full information and registration is at: www.davidwinfree.com/soc

ANGELIC HEALING SESSION



FACILITATED BY DAVID WINFREE SATURDAY, DECEMBER 6, 1– 3 p.m. INTERFAITH CENTER FOR SPIRITUAL GROWTH, 704 Airport Blvd., Ann Arbor, MI 48108

This is where the healing power of SPIRIT, Your Highest Self, and the great angels and healing dimensions, join to bring great healing and transformation.



Details are available at: www.davidwinfree.com/angelichealing

Felting workshop Dec. 13, 1-3 p.m.

Have you ever shopped for a winter hat just certain color or hue that you couldn't find? Here's your chance to make your

own. I have wool berets which you can "felt" choosing your own color and hue and pattern. I have berets in the following colors; 2 black, 2 white, 2 turquoise, 1 camel. (Talk to me if you have your heart set on another color. There may still be time for me to get it)

Please register by Nov. 23 so that I can buy all the materials. Pick your color at the same time as you pay for the class, first come first served. If you want to make two, it's an additional \$10.

Also, you can bring your own hat or other item (must be felt or boiled wool) for just \$10. Secondhand stores often have boiled wool sweaters and hats at bargain rates. OR just buy new the exact item you want to felt: another style hat or other item.

If you have your own tools just come and show us what you're working on!

You're welcome to come and enjoy community, even if you don't want to participate!

So think about Christmas presents or just your own COLD head in winter! My phone is below if you have questions.

> Dawn Swartz 2241 Delaware Drive Ann Arbor, MI 48103 734-996-8325 home



The Caring Committee



Marilyn Chair



Heide Secretary



Joyce Treasurer



Delyth

Liaison





Idgie



Malcolm





Andy



Dana

Kellie





Ггасу



Beth



Annie Liaison



Connie







Chuck

Jack

If you have a service to offer, please contact <u>Marilyn</u>



Interfaith Caring Committee Survey

We are looking for your participation and support of fellow Interfaith members <u>in crisis</u> in any way that is appropriate for you. If you are called on by a caring committee member to support a particular need, you always have the opportunity to decline if it doesn't work for you at that time. Please fill out this survey as completely as you are able. All gifts, skills, and talents are appreciated. Thank you for taking the time!

Name:City/Part of town you live or work in:
Phone:e-mail:
Best way to contact you: Best times to contact you:
Check all areas that you are willing to participate in and specify any limitations
Driver (Interfaith/appointments)Craft Teaching (type)Counseling (type)
Medical Equipment loan (type)Meal PrepConsulting (type)
Child CareErrandsCleaningYardworkSnow Shoveling
Healing/energy workHousehold DonationsClothing Donations
Caregiver BreakSend CardsComputer HelpHealing Music
Fun CompanionshipPet CareMassageMoney Donation
ListeningPrayersRespite CareJoin Caring Committee
Other
Limitations and additional information:

I currently have need of (be specific):





Peace in Our Lifetime "The Peace Clock"



Swedish: FREDSKLOCKAN Starting Now: Wherever you are, perform a silent meditation for world peace EVERY DAY AT 12 NOON FOR ONE FULL MINUTE

THE GOAL: To have EVERY PERSON ON EARTH performing this event

Synchronized Intention is the Key

- With an alarm, a bell, a note or any other method that works for you remind yourself when it is noon in your time zone.
 - Acquire the active participation of your company, your school, community, city, state and nation.
- Involve radio and television have them broadcast the PEACE CLOCK name, slogan and logo accompanied by one minute of silence every day.
 - Above all approach all interactions with others in peaceful, constructive and creative ways.
 - Copy and share this information with as many people as you can.

PDF Fliers:

•

•	Arabic: ساعة السَّلام <u>Chinese:</u> 和平默禱 Dutch: VREDESKLOK
	English: PEACE CLOCK French: UNE HORLOGE POUR LA PAIX
•	German: FRIEDENS UHR Hebrew: שעון השלום
•	Hungarian: BÉKEÓRA Italian: OROLOGIO DI PACE
•	Japanese: <mark>ピース クロック</mark> Korean: 우리의 삶에 평화가 깃들길
	ومان نمای صلح <u>زمان نمای صلح</u> Polish: ZEGAR POKOJU
•	Portuguese: Hora da Paz Romanian: CEASUL PĂCII
•	Russian: ЧАСЫ МИРА Spanish: UN RELOJ POR LA PAZ
	Swahili: SAA YA AMANI http://peaceclock.org/

