

Interfaith Inspirer

An Interfaith Center for Spiritual Growth News Publication

VOL. X, NO. 11 November 2014



Are We Having Fun Yet?

Be sure to check out page 9 for scenes of fun for the children!



We are a fun-loving crowd!



Musical Poetry with Jeannie and Alaura



Nourishment for the soul: CHOCOLATE!



"Don of all instruments"



Alaura, Craig, and Don



The perfect MC couple! Randall and Delyth



"Old Friends"

Please join us in thanking our generous raffle donors, musicians, and volunteers for making the evening a huge success:

Please join us in thanking our generous raffle donors, musicians, and volunteers for making the evening a huge success: The Common Grill, the Purple Rose Theater, The Berman Theater (Lisa Musico), The Blue Wolf Grill, Lucie and Larry Nisson, Laurel Emrys, Algorithm, Annie Kopko, Pat Root, Bob Hopkins, Craig Harvey, Melissa Whitney, Randall Counts.

Musicians: Shekinah Errington, Gary Williamson, Griff Griffin, Mike Timmerman, Jeff Alden, Tom Reedy and Tom Litow, Laurel Emrys, Jeannie Adwani, Scott McWhinney Chris Hedly, Jose Diaz, Craig Brann, Don Allen, Alaura Massaro, Lisa Pappas and Michael Weiss.

Donors: Annie Kopko , Craig Brann , Randall Counts, Cathy Dyer, Laurel Emrys, Marilyn Alf.

Committee: Janet Fry, Delyth Balmer, Lindsay Passmore, Annie Kopko, Tracy Worcester, Malcolm, Shaffner, Lisa Muscio, Cathy Dyer, Dawn Swartz, Craig Brann.



If we forgot any names, please forgive us!



Ministerial Miscellany

By Dave Bell



Dear Friends:

As I sat down to write this months column, it occurred to me that I have been doing this monthly ritual of organizing topics for the coming month and writing a column for just a few months shy of seventeen years! Seriously? It seems an impossibly long time, and yet is so familiar as to be second nature. There are not many things in my professional history that have achieved such a lengthy tenure. I guess you would have to say that I am still having a lot of fun and loving the result.

Coming again is the opportunity to experience a high frequency energy field which will help you to remember your own wholeness and power. On Saturday morning, November 22, we will be hosting Barbara Brodsky and a group of volunteer meditators who will hold a high energy space in the sanctuary which will support and enhance the ability of each person present to energize their own healing. This event has sometimes been misdescribed as a healing event. Barbara and the entities do not heal those present. They enable each individual to remember their wholeness and to claim their power to create their own healing. This is an accurate description of what went on when Jesus was on the planet, helping people to heal themselves. If you have been before, it is an opportunity to reinforce the remembrance of wholeness, and if not, it is a wonderful opportunity to jump start your own remembrance. Either way, it is worth doing.

Speaking of seventeen, we are in the process of setting a date for our seventeen birthday bash. It is looking like mid to late March will be the time. Pat Root has graciously offered to co-ordinate the arrangements. If you would like to express your party animal self, please let Pat know. In the mean time, we are affirming that the coming winter will not be as long and difficult as last. In the end, however, all things, especially the weather, are in Divine order.

Blessings,

David

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Community Members of the Month





By Jeannie Adwani

Scott is our CMM for the month of November. And, are we ever in a 'romance' with him these days! With the help of many volunteers, too many to name here that we also honor and love, Scott helped to bring together one, if not The One fundraiser for the Center that was so successful we are going to praise him for a long time. (And certainly praise and gratitude to all of you who gave your love and support for this fabulous event.)

Scott's talents are vast. In particular, he gave of his time and his wealth of technical knowledge to make our sound system perfect for all of us that performed that evening, including himself as an excellent musician and entertainer. He organized us, and celebrated our talents to make our raffle and musical event incredible.

He has a presence about him that is calm and funny. Even under stress, he seems to maintain his cool demeanor. How does he do that? If you have yet to meet Scott, or spend some chat time with him, I invite you to do so.

Thanks you Scott for you generosity and charm. You are a team player and someone we care for and know we can rely on you to make things happen at the Interfaith Center.

I can safely say, "YOU ROCK."

THE INTERFAITH ROUND TABLE OF WASHTENAW COUNTY

will hold its twentieth Annual Interfaith Thanksgiving Celebration on Sunday evening, November 23rd, at 7 p.m., at the Baha'ii Local Spiritual Assembly, 5550 Morgan Road, Ypsilanti. Join us in a spirit of gratitude with readings, music, meditations and other unique presentations from a wide variety of faith traditions. Light refreshments following the celebration. Donations accepted for non-perishable food or turkey money to help those in need in our community. 2015 Interfaith Calendars also available. For more information, call Rev. George Lambrides at 734-424-1535,

SUCCESS

By Pat Spriggel

I've been thinking about this word. What does it mean? How does it relate to my life? Who do I know who has been "successful" - have they been an influence in my life? Am I a success?

I remember reading a small article in the newspaper when I was in Junior High that told about 30 U.S. military soldiers being in Vietnam as advisors. Vietnam?! Where was THAT country? Why were we there?

Little did I know then how the country of Vietnam would transform our country. Why would I remember that little article all these years later?

In High School and College that word "Vietnam" was transforming my life. I took part in Peace demonstrations - too many to count - including in Washington, D.C. Since my College was Kent State University, I was propelled into the worst era of our United States. I was living in Germany, when I heard about the National Guard killing four students, on May 4, 1970. I was in shock. Surely this was just a nightmare - not reality. But it was real, and I somehow had to cope with it.

It was at this time that many people around the country were demonstrating against the war. Many of my classmates had boyfriends who were drafted into the Army. But the Campus Ministers that I knew were leaders in Peace demonstrations. And many people around the country were leaders for Peace. Among all of those well-known people, I especially admired were the Berrigan brothers, and Sister McAlister. The Berrigans were priests, though Philip dropped out of the priesthood to marry Sister McAlister. They lived in Washington, D.C. and raised several children, though Philip spent most of his time in prisons, being arrested for the various ways he demonstrated for Peace.

Success has to be redefined.

Success is not because of results, but because these people put their own lives in jeopardy, and stood up for what they believed. (Think - M.L. King, Gandhi, etc.) I admired them. I tried to follow in their footsteps. No matter the obstacles, they persevered. Were they successful"? Maybe not, in the usual definition of that word. But they continued, no matter the results, no matter the odds, to speak up for all those who were voiceless — politically, materially, emotionally — they kept at the work. It is because of their convictions that I consider them successful.

In 1977 while attending seminary in Louisville, Ky., Philip Berrigan came to speak to our classes. The following morning I was privileged to serve Philip breakfast in my little apartment. I felt so honored to meet him in person - this very *successful* person, in my mind. He died some years ago, but he continues to be an influence. When I wonder if I am a "Success," I think about INNER success - being determined to bring peace into my life and the lives of others — to persevere, no matter the odds — to meditate for self and others.

Maybe I won't be a success in the worldly way, but being kind, serving others, meditating for all sorts of peace - that's success in my book.

Mark your calendars!

CAFE 704 CONCERT SERIES

Saturdays 8:00 p.m.—10:30 p.m.

November 8: Lisa Pappas & Michael Weiss

December 13: Bliss January 10, 2015: Madcat Ruth

Feb. 14: Spirit Singing Band March 14: Harmony Bones (Jeanne Mackey)

April 11: Lisa Pappas/ Michael Weiss

May 9: Shekinah & Friends

PEACE GENERATOR November 21

MISCELLANEOUS EVENTS:

Every Tuesday 7:00 p.m.—8:30 p.m. Reiki Share with Malcolm Shaffner

Newcomers MIXER
Interfaith Center
for Spiritual Growth
Nov. 13
7 to 8:30 p.m.

An informal evening to join with others who are new to the community, learn more about the Center, meet the Ministers and share your interests with us. All are welcome to attend. Light refreshments provided.

Nov. 26 noon Thanksgiving Dinner

Sponsored by the CC



The Service begins at 10:45 a.m.	Mon	Tue	Wed	Thu	Fri	Sat
The topic of						1
the service is			Birthdays are			8:30 a.m. AA
in bold/italic R indicates the	Board meeting this	The newsletter	indicated in			Drum and Dance
reader	month is on	submission deadline is	bold/italic Happy			Jam
M indicates the meditator	November 9	November 23	Birthday!			
MU indicates the musician.						Diane Horn
2	3	4	5	6	7	8
Rev. Dave : Love Everyone?	6:45 p.m. ACIM	10:30 a.m. The Power of Now Discussion	7:15 p.m. Speaking Circle	Noon—1:30 p.m. ACIM		8:30 a.m. AA
R: Pat R.	7 p.m. Great Balanced View Video	Group 5:30 p.m . Commu-		6:30—8:30 p.m.		8 p.m. Café 704
M: TBA MU: Lisa Pappas	Meeting	nity Gathering 7—8:30 p.m. Reiki		Science of mind		
and Michael Weiss		7—8.30 p.m. Keiki				
Potluck		Sally Searls				
9	10	11	12	13	14	15
Rev. Dave: Infi-	6:45 p.m. ACIM	10:30 a.m. The Power of Now Discussion	7:15 p.m. Speaking Circle	Noon—1:30 p.m. ACIM		8:30 a.m. AA
nite Possibilities R: Marlena S.	7 p.m. Great Bal-	Group	Circle	ACIM		8 p.m. Spiritual
M: TBA MU: Dancers for	anced View Video Meeting	5:30 p.m . Community Gathering				Cinema
Life		7—8:30 p.m. Reiki		Interfaith mixes		
Board meeting						Bob Hopkins
16	17	18	19	20	21	22
Rev. Dave: Claim & Activate	6:45 p.m. ACIM7 p.m. Great Bal-	10:30 a.m. The Power of Now Discussion	7-9 p.m. Shamanic Journey	Noon—1:30 p.m. ACIM	Peace Generator	8:30 a.m. AA 10 a.m. Remember-
Your Power R: Esther R.	anced View Video	Group 5:30 p.m. Commu-	7:15 p.m. Speaking	6:30—8:30 p.m.		ing Wholeness with
M: TBA MU: Interfaith Con-	Meeting	nity Gathering 7—8:30 p.m. Reiki	Circle	Science of mind		Barbara Brodsky
sort						
			Rod Rodriguez			Joy Pendleton
23	24	25	26	27	28	29
Rev. Dave :	6:45 p.m. ACIM	10:30 a.m. The Power of Now Discussion	7:15 p.m. Speaking Circle	Noon— Thanksgiving Din-		8:30 a.m. AA
Gratitude R: Bob H.	7 p.m. Great Bal-	Group 5:30 p.m. Commu-	Chele	ner sponsored by the		
M: TBA MU: Arts in Motion	anced View Video Meeting	nity Gathering	8:30-10 p.m. Urantia			
CC meeting		7—8:30 p.m. Reiki	book study group			
ee meeting			Al Carter	happy thanksgiving		
30						
Rev. Annie: Give						
Thanks for What						
You Don't Have R: TBA						
M: TBA MU Curtis Glatter						
and Jill Halpern						

4



Peggy's **ORACLE CARD DECK** AND CARD READING FOR NOVEMBER

Aquilegia or Columbine "I am free to express genuine innocence and purity."

Deep within all of us is the perfect unblemished innocence of Source. When we are born, we each begin a new journey along our life's path and gradually we forget where we came from and the purity that lies at our core. The sweet spirit of the Aquilegia flower is bringing us back to an awareness of a higher power, as we begin another journey back home to reconnect to that innocent perfection within — our true selves.

Take time now to focus on the sensitive invitation of the Aquilegia flower spirit to bask in a state of purity and innocence. Free yourself from all preconceived notions of who you are and all the parts of yourself that you judge severely and unkindly. Let go of your adult critical mind and recall the innate understanding of our Creator who is within. Allow that feeling of purity to resonate throughout your being. Know that this connection and peace is always there, it is just a matter of remembering to look.

Take heart from the Aquilegia's message of innocence and know that the flower spirit is helping you to recall your own inner beauty and perfection. Revisit a childlike innocence and inquisitiveness in your daily routine. Bring it into your relationships and feel how much easier it is to communicate and express yourself when you come from a place of innocence. Honor and love that side of yourself and know that this is where enlightenment dwells, in your pure connection with Source.

About this Deck Flower Spirit Cards by Melanie Eclare

Acting as a bridge between two worlds, these Flower Spirit cards highlight the exquisite perfection of nature, whilst allowing us access to a deeper inner essence that shines through and yet is little understood. By becoming still and connecting with the spirits of each of these 44 sublime flowers, profound healing messages will be received to help us access our own true selves and become newly aware of the miracle of life.

Melanie Eclare is a respected and beloved English garden photographer whose work introduced her to the etheric beings who care for every growing thing. She works closely and cooperatively with the nature spirits and devas in the gardens she photographs and in her own home garden.

About Oracle Cards

Oracle card decks are designed to be positive and supportive, as they provide guidance and inspiration. From Angels to crystals to wild flowers, you can find a deck to suit any need or interest!

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Interfaith Pop

(as recommended by Rob Fagerlund)

Blackbird

by the Beatles

Blackbird singing in the dead of night Take these broken wings and learn to fly All your life

You were only waiting for this moment to arise

Blackbird singing in the dead of night Take these sunken eyes and learn to see All your life

You were only waiting for this moment to be free

Blackbird fly, blackbird fly Into the light of the dark black night Blackbird fly, blackbird fly Into the light of the dark black night Blackbird singing in the dead of night Take these broken wings and learn to fly All your life

You were only waiting for this moment to arise

You were only waiting for this moment to arise

You were only waiting for this moment to arise

Watch the video here

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Image from peaceseeds

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Nature Notes by Rob Fagerlund

How to Enjoy Winter

Winter is coming. Like it or not, it is coming, so as the old song says, "You've got to accentuate the positive, eliminate the negative," so if you don't love it as much as I do, here's some suggestions that will hopefully will make it less stressful for you.

First of all, if you drive, slow down! The road may be much slipperier than it appears, and if you don't slide, the person in the other car might. Be careful. There is a kind of windshield wiper fluid that actually melts snow. It's worth the investment.

So is a long handled snowbrush and a hand-held ice-scraper. Do not drive with impaired visibility. Clear your outside mirror and all your windows, front, side and back. Don't forget to get the snow off your front and rear lights, either.

Buy some graphite. Lock-Ease is one brand. If your car-lock freezes up, WD-40 won't help. You need a product especially made for frozen locks, and this means a product with graphite.

Buy a large bag of cat litter – 40 pounds or so - for the trunk. The extra-weight will help prevent your getting stuck in the snow, and you'll have something to put under the wheel if you do get stuck. Also carry a shovel and a blanket in your trunk.

In your phone, have the number of your road service if you have it, a towing company, and everyone you would call if your car won't start. This includes friends and family.

Now, for clothes. Dress in layers. An undershirt, then a shirt, then a sweatshirt, then a good winter coat. Have a hat that will cover your ears, a scarf and gloves. Maybe you need several pairs, because if you're like me you can't make it through the Winter without losing one glove each from at least two pairs. Perhaps one pair for warmth and one pair that allows for finger dexterity.

When you buy de-icer for the sidewalk, spend an extra couple of bucks and get the environmentally friendly kind. Please! And use it.

Now, when you're walking on ice, slow down! Creep along slowly and carefully. You do NOT want to fall on your...ice.

If you shovel snow or use a snow blower, remember you are doing hard work. Do not overtax yourself. Stop every ten minutes, rest, and drink water. Consider hiring the neighbor kid to shovel it for you. Now for the emotional and Spiritual part.

Stop saying "I hate Winter." Stop complaining. All you're doing is channeling negativity. Stop using phrases like "the dead of Winter" and "the sleeping earth." Winter is no more dead or sleeping than at any other season. Be mindful of the life and the light and the beauty everywhere.

Feed the birds. You will be rewarded and entertained. Carry peanuts in your pockets for squirrels. I once had eleven squirrels at one time gratefully accept peanuts from my hand on a cold morning.

Go sledding or tobogganing. Build a snowman. Have a snowball fight.

Open your eyes and your heart. There is beauty and life and energy everywhere!





Meet Jennífer Dunlap

(pictured with her handsome husband, Marlon)

What do you do at Interfaith?

Before embarking on growing a new life, I was a greeter at Interfaith.

What was your original spiritual path?

I was baptized and raised as a Jehovah's Witness.

What is your spiritual path now?

Now, I believe that something can be learned from every type of spiritual path.

Do you meditate?

Yes, I meditate. I find that doing so each morning before getting out of bed has been a real help and has a positive impact on my day.

Who are your heroes, masters, favorite authors, gurus and spiritual ideas?

My favorite authors are Shel Silverstein and Laurie Cabot.

What brings you the most satisfaction spiritually?

Seeing my children grow, learn and show love, compassion and other positive qualities gives me spiritual satisfaction. It lets me know that I'm presenting a good example to follow.

What gives you satisfaction at Interfaith?

Being able to connect with other like-minded people without judgment is very satisfying. I also love the fact that my children learn spiritual concepts at the same time in a loving, safe environment.

What are you celebrating right now?

We are celebrating the new life that will arrive in March. We look forward to meeting this new spirit.

Sunday Celebration Services are held at 10:45 a.m. at 704 Airport Blvd., (off S. State Street) near I 94



MISSION STATEMENT

Spiritual seekers joining in community to attract others of like mind, creating an atmosphere and structure to foster and stimulate our individual and collective spiritual growth.

CONTRIBUTORS WANTED!

We would love to have your input in the newsletter: spiritual moments, movie/book reviews, exciting announcements, poems, etc.

We try to have the newsletter ready for final editing by the third Sunday of each month. Please send contributions to Heide at mommyk@tc3net.com with "Interfaith submission" in the subject line. If you do not mention Interfaith, your email might get kicked right into the recycle bin by my spam filter.

If you cannot email your contribution, you may give it to Heide on Sunday.

To receive the online newsletter, go to http://lists.interfaithspirit.org/listinfo.cgi/interfaithinspirer-interfaithinspirer.org to subscribe.

Want to hear from us throughout the week? Receive or send email through Interfaith Yahoo by going to http://groups.yahoo.com/group/
InterfaithSpirit/

Namaste from your newsletter team: Heide, Esther, Deane and Steve.



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Cafe 704

Saturday, Nov. 8, 2014 Featuring

"Home on the Hill"



Come Enjoy Rockin' Roots & Originals by Duo Michael Weiss & Lisa Pappas

Concert starts at 8 p.m., doors open at 7:30 p.m. \$8 suggested donation (or two for \$15) But all contributions welcome. Special gift for those who signed up for Lisa's e-mail list last year.

Details at interfaithspirit.org/cafe704





Hello all!



Drawing footprints leading to our doors



Our contribution to the Halloween potluck



Learning about Yom Kippur



Matthew being... Mathew!













It was a gorgeous day: Max, Tommy, and Heide walked 1.5 Miles for hunger awareness. We raised \$200 in the name of the Interfaith Center! YEAH!



Welcome Alex as our second nursery worker! He and Tommy are awesome!

Love, Light, and Laughter Heide, Kellie, Tommy,



SUNDAY, NOVEMBER 23 AT 7 P.M.

20th Annual Interfaith Thanksgiving Celebration

AT: BAHA!I CENTER OF WASHTENAW COUNTY 5550 MORGAN RD YPSILANTI, MI 48197

A Celebration of Thanks for our Planet's Abundance

The Interfaith Round Table of Washtenaw County invites you to its annual Thanksgiving Celebration.

Featuring music, meditation, and scriptures from many faith traditions.

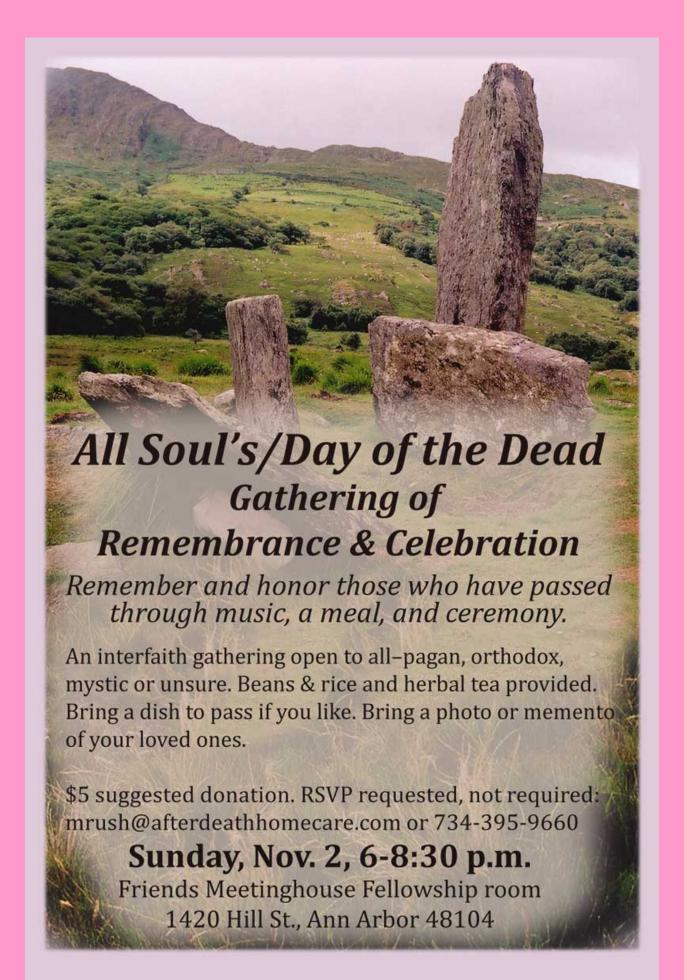
Refreshments will be provided.



Please bring a gift of food and/or turkey money to be shared with those in need in our community.

Interfaith Round Table" Supporting Congregations:

Ann Arbor Friends Meeting, Baha'i Spiritual Assembly, Beth Israel Congregation, Bethlehem United Church of Christ, Chinmaya Mission, Church of Jesus Christ of Latter-day Saints, Church of Scientology, Dixboro United Methodist Church, Episcopal Church of the Incarnation, First Baptist Church, First Church of Christ Scientist, First Congregational Church, First Presbyterian Church, First United Methodist Church, Interfaith Center for Spiritual Growth, Lord of Light Lutheran Church, Muslim Community Association, , Shalom Community Church, St. Andrew's Episcopal Church, St. Clare's Episcopal Church, St. Mary's Student Parish, Unity of Ann Arbor, Unity on Campus Ministry, Vineyard Church, Zen Buddhist Temple, Zion Lutheran Church



The Caring Committee



Marilyn Chair



Heide Secretary



Joyce Treasurer



Delyth Liaison



Judy



Idgie



Malcolm



Andy



Diane



Annie Liaison



Tommy Youth Ed rep







Kellie



Beth



Connie







Interfaith Caring Committee Survey

We are looking for your participation and support of fellow Interfaith members <u>in crisis</u> in any way that is appropriate for you. If you are called on by a caring committee member to support a particular need, you always have the opportunity to decline if it doesn't work for you at that time. Please fill out this survey as completely as you are able. All gifts, skills, and talents are appreciated. Thank you for taking the time!

Name:	_City/Part of town you live or work in:				
Phone:	e-mail:				
Best way to contact you:	Best times to contact you:				
Check all areas that you are willing to participate in and specify any limitations					
Driver (Interfaith/appointmen	nts)Craft Teaching (type)Counseling (type)				
Medical Equipment loan (typ	e)Meal PrepConsulting (type)				
Child CareErrands	CleaningYardworkSnow Shoveling				
Healing/energy work	_Household DonationsClothing Donations				
Caregiver BreakSend	CardsComputer HelpHealing Music				
Fun Companionship	_Pet CareMassageMoney Donation				
ListeningPrayers	_Respite CareJoin Caring Committee				
Other					
Limitations and additional information:					



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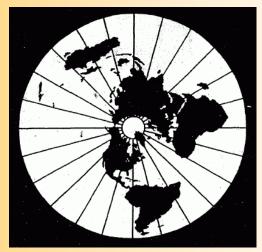


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Starting Now:
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EVERY DAY AT 12 NOON FOR ONE FULL MINUTE

THE GOAL: To have EVERY PERSON ON EARTH performing this event

Synchronized Intention is the Key

- With an alarm, a bell, a note or any other method that works for you remind yourself when it is noon in your time zone.
 - Acquire the active participation of your company, your school, community, city, state and nation.
- Involve radio and television have them broadcast the PEACE CLOCK name, slogan and logo accompanied by one minute of silence every day.
 - Above all approach all interactions with others in peaceful, constructive and creative ways.
 - Copy and share this information with as many people as you can.

PDF Fliers:

- Arabic: 和平默禱 Dutch: VREDESKLOK
- English: PEACE CLOCK French: UNE HORLOGE POUR LA PAIX
- German: FRIEDENS UHR Hebrew: שעון השלום
- Hungarian: BÉKEÓRA Italian: OROLOGIO DI PACE
- Japanese: ピース クロック Korean: 우리의 삶에 평화가 깃들길
- Pharsee: زمان نمای صلح ZEGAR POKOJU
- Portuguese: Hora da Paz Romanian: CEASUL PĂCII
- Russian: ЧАСЫ МИРА Spanish: UN RELOJ POR LA PAZ
- Swahili: SAA YA AMANI http://peaceclock.org/

