



Interfaith Inspirer

An Interfaith Center for Spiritual Growth News Publication
VOL. X, NO. 06 June 2014



Forgiveness by Rev. David T. Bell

Forgiveness is one of the most important tools in raising one's consciousness. It is a critical necessity in moving out of the past and dwelling in the present moment. Many live outside the present moment, either reliving past woundings, resentments and traumas, or fretting about future problems that have not yet arisen. In truth, there is only the eternal moment of now. If one is reliving the past or fretting about the future, then one cannot be in the present moment. Life literally passes by without notice.

In addition to taking one out of the moment, unforgiveness has the effect of reliving, often in painful detail, all of the previous wounds and losses. This actually creates a negative energy, which directly influences the body's immune system as well as the endocrine system. Harboring old grievances can actually make a body sick. Toxic energy and negative emotions are the direct cause of dis-ease. That is, the sense of not being at ease, as well as the actual causal vector of disease. The best question to ask at this point is, "why would you do that do yourself?" If one is skillful and interested in spiritual growth the answer is obvious. You wouldn't!

Many have not learned of the connection between resentment and disease. Many have been taught that there are "unforgivable sins." Such is not the case. In *A Course in Miracles*, the modern communication of spirituality and psychology, we are told "forgiveness

is our only function." The *Course* also says that there is no sin. Hanging on to old wounds is practically the worst idea ever. It takes away your peace, and has the real possibility of causing disease. Forgiveness, then, is something you do for yourself. It is never about the other. It is a tool to restore your peace, tranquility and health.

One source of resistance to forgiveness is the notion that it sends a message that harm is ok. Forgiveness in no way condones what was done. It simply is an acknowledgment that the forgiver is ready to move beyond resentment and to understand that everyone is always doing the best that they can in any circumstance. Does this mean that you must like the person forgiven? Not at all. There is no requirement that you should take an abuser to lunch. In fact, it is perfectly reasonable to say "STOP IT." Allowing further harm to take place is not a loving thing to do. However, anger and resentment only harm the holder of those emotions. Some quotes from wise ones follow.

"To be wronged is nothing, unless you continue to remember it."

~ Confucius

"Resentment is like drinking poison and then hoping it will kill your enemies."

~ Nelson Mandela



Ministerial Miscellany

By Dave Bell



Dear Friends,

If you have ever wished that you could travel to Brazil to experience the healing energies at the Casa de Don Ignacio, better known as John of God, you will have the opportunity to immerse yourself in the deep healing and loving energy of some of the same entities, without the cost of travel. On Saturday, June 7, from 10:00 am to noon, Barbara Brodsky will be incorporating the Mother, and other entities who share their love and healing energies with everyone present. After the session, participants will be offered blessed soup which helps the energy take effect and participants to be grounded. We always are in need of volunteers to serve as meditators and as ushers. If you are interested, let me know by email. There is no cost, and love offerings are gratefully accepted.

The interspiritual meditation class will begin on Saturday June 14th. It will be held from 10:00 am till 11:30 am on six Saturdays spread over an eight week time frame. There will be no class on June 21st and July 5th. We will spend some time each week talking about the technique followed by some time sitting in meditation, and then some time to reflect on people's experience. There will be a course pack distributed and you may decide to purchase the text, "Interspiritual Meditation" by Ed Bastian. Tuition for all six sessions is \$50. Sign up sheet will be available at the greeting table.

My recovery from hip surgery ran into a glitch on May 4. I was attending the Water Hill music festival when my new hip dislocated. It was pretty scary. An ambulance ride, a knockout drug cocktail and some good old fashioned manipulation got it back in position. Michael Weiss and Lisa Pappas were saviors by driving my car home for me. Craig Harvey was an angel, bringing a walker to my house before I even got home. Folks who I didn't know made sure I was ok till the ambulance arrived. Huge thank yous to everyone for love and support. I am making great progress and will be as good as new, shortly. Glad that Spring has finally arrived.

Blessings,

David

Forgiveness	pg. 1	Message from the board	pg. 10
Ministerial Miscellany	pg. 2	Caring Committee	pg. 11
CMM	pg. 2	Service flyer	pg. 12
Volunteers	pg. 3	Advertisements	pg. 13
Calendar	pg. 4	World Peace Clock	pg. 14
Peggy's Profiles	pg. 5		
The Elephants Know	pg. 6		
Weird and Wacky	pg. 7		
Café 704	pg. 8		
Youthful Spirits	pg. 9		



*Community
Member
of the Month*

Terrific Tommy

Congrats to Tommy for being our special CMM for this month. His creativity and support of our children's youth education program at the Center, including being part of the nursery volunteer group, must be acknowledged and cheered on.

He also volunteers to help at Alpha House serving food on special Saturdays, and he helps with the Center's yard sales as well as other fundraising events for us. Presently, he is helping us with some marketing items by finding a logo for us that is really cool and you will soon see it.

Oh, and I should not forget to tell you that he is a member of the Caring Committee and currently the 'pro-tem' secretary while Marilyn Alf is gone.

Outside of the Center, he volunteers for the Humane Society, and has helped his loving mother Heide, one of our fearless leaders in the youth education at the Center, with classes she has taught at the Hope Center in Adrian for mentally, and cognitively impaired adults.

Tommy is an honor student at Britton High School, finishing off his 10th grade year. Today, as I write this, the 26th of May, it is his sweet 16th birthday which means he gets his driver's license this week. A Big Ol' Whooopee for Tommy.

Tommy has a deep interest in Biology and will be starting a dual-enrollment program in the fall, going to Siena Heights University in Adrian in the afternoons, and wants to volunteer at Hidden Lake Gardens.

Thanks Tommy for being you. We delight in the pleasure of watching you grow into the amazing young man that you will unfold into.

A Message from Pat Spriggel

Warm weather is finally here - and we all seem to be VERY appreciative!

What I have for you this month are inspiring reflections from our own Interfaith volunteers. And, believe me, it's a joy to read them!

As always, we say "thank you" to all who volunteer their time and talents. The questions I asked are the following: Why do you volunteer at Interfaith? 2) What do you receive from it? 3) What would you say to someone thinking about volunteering? (I have summarized some of the answers.)

Volunteer Diane Gledhill - She does MANY jobs! including cleaning/decorating for events, is on the caring committee, the Board, "Ann Arbor laughs" and many more. 1) I enjoy helping the greater society in whatever way I can. I feel it is part of being a member of society, or a form of paying it forward. 2) I get a sense of community involvement, or connection. It's a great way to meet people. Volunteering is also a great way to learn new skills, for free. I've been able to learn a lot working at the "sound board" - or assisting with Alpha House provides opportunities to learn cooking skills. This is why "Christmas in Action" is one of my favorite volunteer opportunities, as I get to learn home skills. 3) Advice? Find something you're really interested in, and research ways you can get involved. If you need help finding volunteer opportunities, please see Pat Spriggel or myself, and we can get you matched up. Volunteering is giving your most precious resource - TIME in making a better world.

Volunteer Margo Hill - Many may not recognize her name, but she has led a group on Eckhart Tolle for many years, on Tuesdays from 10:30 to noon. 1) I do it because I passionately love studying with a group of like-minded people. I chose to do this at Interfaith because I really like what Interfaith stands for - acceptance of all spiritual paths, and philosophies, and non-judgmental open-mindedness. 2) I receive a tremendous sense of gratitude

and fulfillment that I get to do this. 3) I would say to someone - GO FOR IT! - if your heart is in it. It's all about extending Love, and that cannot but align you with who you really are, and therefore will give you a sense of well-being, at the very least!

Volunteer Nora Reilly - who helps with decorating the altar, laundering tablecloths, helping set up and clean up for potlucks. 1) I want to give something back to my Interfaith family, for all it's done for me. 2) I've found that volunteering my time and talents is the best (and only, really) way for me to truly feel a part of the community. 3) I would remind anyone that it is a marvelous way to connect with other people, and to really get to know them.

Volunteer Marice Clark - she sings, leads meditations, helps with clean-up, gardens, and creates beautiful altars, etc. 1) I volunteer because it brings me joy to give back to this organization that gives so much. The people who make up Interfaith are caring and kind. 2) The Sunday school team has helped to teach and reinforce spiritual-based, guiding principles to the children in my life. Volunteers helped clean my home when I was overwhelmed, and watched my home when I was on vacation. The website and newsletters keep me informed and inspired. Volunteers keep programs going - like healing circles, discussion groups, Spirit Cinema, Cafe 704 - you have a vibrant, creative community that energizes my desire to help where I can.

Isn't it great to hear these positive messages? Every volunteer brings their uniqueness to the table - and this is why Interfaith is such a special community! (More next month.)

Namaste, Pat Spriggel,
Volunteer Coordinator.



Image from:
stuorg.iastate.edu/

Mark your calendars!

CAFE 704 CONCERT SERIES
Saturdays
8:00 p.m.—10:30 p.m.

June 14: The Russell Scott Project with Dr. Alexander Riegel
July 12: Spirit Singing Band
August 9: Jim Cooney and Friends
September 13: Scott McWhinney
October No Café in October, see alternative below
November 8: Lisa Pappas & Michael Weiss
December 13: Bliss

PEACE GENERATOR
June 6

MISCELLANEOUS EVENTS:

Every Tuesday
7:00 p.m.—8:30 p.m.
Reiki Share with Malcolm Shaffner

Interspiritual Meditation Class, six Saturdays, beginning June 14 10-11:30 a.m.
Facilitator: Dave Bell
Cost: \$50

October 4
Special Musical Fundraiser for ICSG

The Service begins at 10:45 a.m.		Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7	
<i>Made in the Image and Likeness</i> R: TBA M: TBA MU: Katie Geddes Potluck	6:45 p.m. ACIM 7 p.m. Great Balanced View Video Meeting	10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Community Gathering 7—8:30 p.m. Reiki	7:15 p.m. Speaking Circle <i>Mark Orr</i>	Noon—1:30 p.m. ACIM 6:30—8:30 p.m. Science of mind <i>Melanie Fuscaldo</i>	Peace Generator 7-9p.m. <i>Dawn Swartz Tony LaJeunesse</i>	8:30 a.m. AA 10 a.m. Remembering Wholeness, Barbara Brodsky 7:30 p.m. Drum for Wellness	
8	9	10	11	12	13	14	
<i>Needlessness</i> R: Ahna C. M: TBA MU: Curtis Glatter Board meeting	6:45 p.m. ACIM 7 p.m. Great Balanced View Video Meeting	10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Community Gathering 7—8:30 p.m. Reiki <i>Paul Jurgensen</i>	7:15 p.m. Speaking Circle <i>Dana Aras</i>	Noon—1:30 p.m. ACIM		8:30 a.m. AA 10 a.m. Meditation Class 8 p.m. Café 704	
15	16	17	18	19	20	21	
<i>Non-Duality</i> R: TBA M: TBA MU: Eleni Kelakos	6:45 p.m. ACIM 7 p.m. Great Balanced View Video Meeting	10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Community Gathering 7—8:30 p.m. Reiki	7-9 p.m. Shamanic Journey 7:15 p.m. Speaking Circle	Noon—1:30 p.m. ACIM 6:30—8:30 p.m. Science of mind		8:30 a.m. AA 10 a.m. Meditation Class 8 p.m. Spiritual Cinema: “About Men”	
22	23	24	25	26	27	28	
<i>Alternative Service with Lori Fithian</i> CC meeting	6:45 p.m. ACIM 7 p.m. Great Balanced View Video Meeting	10:30 a.m. The Power of Now Discussion Group 5:30 p.m. Community Gathering 7—8:30 p.m. Reiki <i>Annie Kopko</i>	8:30-10 p.m. Urantia book study group 7:15 p.m. Speaking Circle	Noon—1:30 p.m. ACIM		8:30 a.m. AA 10 a.m. Meditation Class	
29	30	<i>The topic of the service is in bold/italic</i> R indicates the reader M indicates the meditator MU indicates the musician.		<div>Birthdays are indicated in <i>bold/italic</i> <i>Happy Birthday!</i></div> <div></div>		<div>If you prefer a black and white copy for your own printing purposes, please let Heide know at heide.kaminski@interfaithspirit.org</div>	<div>Board meeting this month is on June 8</div> <div>The newsletter submission deadline is June 22</div>
<i>Nothing Matters</i> R: TBA M: TBA MU: Interfaith Drumming QCC 1-3 p.m.							





The River By Pat Spriggel

I am no longer flesh and bone, but spirit,
as I step into a fast-running river.

I am one with the surface of the water,
reaching across the width,
feeling the bobbing of each ripple
cycling out further and further
until I mesh with the grassy bank.

I am being massaged through

the

bubbling and tingling of small waves,
rushing over logs and stones,
being one with the texture of water
and the rhythm of the fish
swimming alongside.

I hear the silence
as I pass in the shadows of birds and branches.
I smell the mosses and mud
as a river perfume.

Stepping out
I recognize that this bit of osmosis
transforms my world
into what is truly beautiful.

Thank you, River



Image from: [durengopetsitting](http://durengopetsitting.com)

Peggy's Profiles Epona Queen of Horses

If you find yourself
on Mackinac Island for
the Lilac Festival this
June, you'll be able to
enjoy their Feast of
Epona and the Blessing
of the Animals. This
celebration in honor of
the ancient Gallic

Queen of Horses is particularly appropriate for
Mackinac, where horses have been the main form of
transportation for more than 100 years.

Epona is usually shown with a horse and
dog, her two sacred animals. She protects all
equines wild and domestic, dogs and oxen, as well as
other animals who serve humankind. She was
deeply involved in the evolution of horses from
small three-toed animals to today's familiar forms.

[Her favorite horse ancestors are Eohippus (Dawn
Horse) and Merychippus (Grazing Horse).]

Epona is also considered to be the Fairy
Queen of Fairy Horses. Horses are just as impor-
tant to the fae people and cultures as they are to hu-
mans, and the fae have spent millennia breeding
exquisite miniature magical horses. These steeds
have been described by a few lucky humans who
have encountered fairy riders and processions in the
Irish countryside.

Epona symbolizes the most positive charac-
teristics that are most often associated with horses,
such as independence, vitality and intuitive under-
standing. Her spirit is of the earth, and her heart-
beat is the sound of wild horses galloping across the
prairies. Today, more than ever before, she and her
"horse children" are eager to show us how to be
more emotionally, physically and mentally aware as
we become more comfortable with our authentic
selves.





Image from [peaceseeds](http://peaceseeds.com)

Caring Committee Contact List

Marilyn Alf, Chair (out of town) sd2aa@hotmail.com, 734-761-6698
 Heide Kaminski, interim chair mommyk@tc3net.com, 517-423-9001
 Tommy Kaminski, interim secretary mommyk@tc3net.com 517-423-9001
 Judy Bell dabellsj@comcast.net, 734-994-0018
 Annie Kopko revannickopko@gmail.com, 734-358-1328



www.baysidewest.com/wp-content/uploads

Malcolm Shaffner mshaffne@gmail.com, 734-709-4205
 Connie Snow cwons@aol.com, 734-663-7212
 Jack Richards handymanjack45@gmail.com 734-757-5178
 Andy Walker walkerandy@gmail.com, 734-788-8119
 Kellie Love kellie.love@interfaithspirit.org
 Diane Gledhill diane82103@yahoo.com
 Dana Aras arasdana@aol.com 734-994-3933

*Subject: SOMETHING IN THE UNIVERSE IS
 GREATER & DEEPER THAN HUMAN
 INTELLIGENCE*

Submitted by Bette Robison

The Elephants Knew

**And some will say there is no God,
 try and tell that to the elephants. . .**

**THE ELEPHANT'S JOURNEY
 TO PAY RESPECT,
 BUT HOW DID THEY KNOW?**



Lawrence Anthony, a legend in South Africa and author of three books including the bestseller, *The Elephant Whisperer*.

He bravely rescued wildlife and rehabilitated elephants all over the globe from human atrocities, including the courageous rescue of Baghdad Zoo animals during US invasion in 2003.

On March 7, 2012 Lawrence Anthony died. He is remembered and missed by his wife, two sons, two grandsons, and numerous elephants. Two days after his passing, the wild elephants showed up at his

home led by two large matriarchs. Separate wild herds arrived in droves to say goodbye to their beloved 'man-friend'.

A total of 31 elephants had patiently walked over 12 miles to get to his South African House.



Witnessing this spectacle, humans were obviously in awe not only because of the supreme intelligence and precise timing that these elephants sensed about Lawrence's passing, but also because of the profound memory and emotion the beloved animals evoked in such an organized way: **Walking slowly, for days**, making their way in a solemn one-by-one queue from their habitat to his house. Lawrence's wife, Francoise, was especially touched, knowing that the elephants had not been to **his house prior to that day for well over three years!** But yet they knew where they were going. The elephants obviously wanted to pay their deep respects, honoring their friend who'd saved their lives - so much respect that **they stayed for two days two nights without eating anything. Then one morning, they left, making their long journey back home.**

**SOMETHING IN THE UNIVERSE IS GREATER
 AND DEEPER THAN HUMAN INTELLIGENCE.**



June, 2014 Bizarre and Unique Holidays

Month:

- Aquarium Month
- Dairy Month
- Gay Pride Month
- National Adopt a Cat Month
- National Fresh Fruit and Vegetables Month

Weekly Events:

- Week 1 Fishing Week
- Week 2 Email Week

June, 2014 Daily Holidays, Special and Wacky Days:

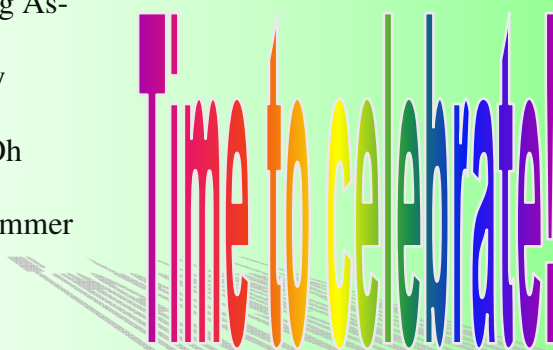
1 Dare Day
 4 Hug Your Cat Day
 5 World Environment Day
 6 National Gardening Exercise Day - Get out and exercise with your plants.
 8 Best Friends Day
 12 Red Rose Day
 14 Flag Day
 15 Father's Day - third Sunday
 15 Smile Power Day
 16 Fresh Veggies Day
 TBD Nursing Assistants Day - First day of National Nursing Assistants Week
 17 Eat Your Vegetables Day
 18 Go Fishing Day
 18 National Splurge Day - Oh yeah!!
 21 Finally Summer Day- Summer Solstice
 26 Beautician's Day
 26 Forgiveness Day

29 Hug Holiday
 30 Meteor Day
holidayinsights.com/moreholidays/june.htm

June 2014 Interfaith Holidays

4-5 Shavuot * - Jewish
 8 Pentecost - All Christians
 9 Saint Columba of Iona - Christian
 14 Lailat al Bara'ah * ** - Islam
 15 Trinity Sunday - Christian
 All Saints - Orthodox Christian
 16 Guru Arjan Dev martyrdom - Sikh
 19 New Church Day - Swedenborgian Christian
 Corpus Christi - Catholic Christian
 21 Solstice Litha * - Wicca/Pagan northern hemisphere
 Yule * - Wicca/Pagan southern hemisphere
 27 Sacred Heart of Jesus - Catholic Christian
 28 Ramadan Begins * ** - Islam
 29 Saints Peter and Paul - Christian

www.interfaithcalendar.org/2014.htm



Sunday Celebration Services
 are held at 10:45 a.m. at
 704 Airport Blvd.,
 (off S. State Street) near I 94



MISSION STATEMENT

Spiritual seekers joining in community to attract others of like mind, creating an atmosphere and structure to foster and stimulate our individual and collective spiritual growth.

CONTRIBUTORS WANTED!

We would love to have your input in the newsletter: spiritual moments, movie/book reviews, exciting announcements, poems, etc.

We try to have the newsletter ready for final editing by the third Sunday of each month. Please send contributions to Heide at mommyk@tc3net.com with "Interfaith submission" in the subject line. If you do not mention Interfaith, your email might get kicked right into the recycle bin by my spam filter.

If you cannot email your contribution, you may give it to Heide on Sunday.

To receive the online newsletter, go to <http://lists.interfaithspirit.org/listinfo.cgi/interfaithinspiner-interfaithinspiner.org> to subscribe.

Want to hear from us throughout the week? Receive or send email through Interfaith Yahoo by going to <http://groups.yahoo.com/group/InterfaithSpirit/>

Namaste from your newsletter team:
 Heide, Esther, Deane and Steve.

BOARD OF TRUSTEES

Judy Sauer Chair
 Jeanne Adwani, secretary
 Diane Gledhill, member
 Bob Hopkins, member
 Lindsay Passmore, member
 Pat Root, member
 Sally Searls, member

Board email address is board@interfaithspirit.org

STAFF

David Bell, Minister
 Delyth Balmer, Administrator and Associate Minister
 Annie Kopko, Associate Minister
 Laura Massaro, Music Director
 Heide Kaminski and Kellie Love, Youth Education Directors

NEWSLETTER/WEBSTAFF

Heide Kaminski, Editor-in-Chief
 Esther Reilly and Deane Erts, Proofreaders
 Steve Lyskawa, Webmaster

NEWSLETTER ADDRESS

Heide AW Kaminski
heide.kaminski@interfaithspirit.org



Café 704

The Russell-Scott Project
and Dr. Alexander Riegel
Present
The Holy Longing –

Café 704

Saturday, June 14, 2014

8:00 pm – 10:00 pm. Doors open at 7:30 pm.

Donation: \$8/person or \$15/per couple



In tandem, Dr. Riegel and the Russell-Scott Project present an evening of reading the mystic poets set to various melodic background pieces. Dr. Alexander Riegel is the founder and Spiritual Director of *Return to the Mystic*, a local interspiritual community based in Farmington Hills, MI, and *Mystic Poet Circle*, an online community for working with the mystic poets. The Russell-Scott Project is a duo that creates music that blends jazz or other newer music with classical pieces.

Café 704 is a live music performance series at the Interfaith Center for Spiritual Growth, 704 Airport Blvd., Ann Arbor, MI 48108. The cafe is in a converted warehouse behind Motel 6. www.cafe704.org



Youthful Spirits



Hello all!

Summer seems to be creeping in slowly! We are happy to welcome it! May was marvelous, discussing mother's day, Buddha and our special visit from some Jewish youth from Zinn House.

June will be joyous.... On potluck Sunday, we will prepare a dish made with dairy as part of our exploration into Shavuot (the Jewish festival celebrating the harvest and when Moses received the 10 commandments). We will also celebrate friendship by celebrating Best Friends Day on June 8th. On June 15th, we will celebrate the wonderful father figures in our life and at ICSG. On June 22nd we will be welcoming Summer by talking about the summer solstice and forgiveness day (on 6/26). For the last Sunday of the month, we will discuss Ramadan which begins on 6/28 and ends 7/28. A time when "Muslims are called upon to use this month to re-evaluate their lives in light of Islamic guidance. We are to make peace with those who have wronged us, strengthen ties with family and friends, do away with bad habits -- essentially to clean up our lives, our thoughts, and our feelings." Forgiveness will be a theme throughout the month as we talk about friendship, fathers, forgiveness day. Also, in preparation for Ramadan we will discuss the Islamic holiday of Lailat al Bara'ah, the "night of forgiveness" on 6/14. For the older spirits, we plan to watch a movie called, "The Big Question, A movie

about forgiveness", The film explores some extreme cases of forgiveness, very moving...

We want to say THANK YOU to Ahna

Cleveland, Tommy Kaminski, and Maureen McMahon for their help with the "sweet, little ones." We look forward to playing with you again in the future. We also want to send another BIG THANKS to Pat Root for your continued support! We happily welcome Sarah Nunnally to the team with open arms and appreciate what she and others do to support our growing youth program.

We look forward to sharing our jubilant enthusiasm with you this June!

*Love, Light, and Laughter
Kellie, Heide, and the "sweet,
little ones" volunteer Angels*



Dearest Community Members

At the March, 2014 Annual Meeting, several people made passionate comments about Center finances. The purpose of this letter from your Board of Trustees is to remain transparent about financial issues and invite you to respond, interact, and share your feelings and thoughts with us as we step together into a strengthened community.

Those Annual Meeting comments reflected the hard work of last year's Board in response to the revelation that the Interfaith Center spending was close to draining its cash reserves. The Board was also newly aware that ICSG's regular expenses had exceeded our income for several years – and the Center had in fact **relied on those reserves to make up the difference**.

By way of explanation -- for several years, our regular operational expenses exceeded our income. But the Center occasionally received special (large) donations beyond members' regular contributions. These funds comprised our "reserves" and ultimately made it possible to pay our bills. However, those special donations did not continue, our Sunday donations declined, and some expenses increased. That made it necessary to use "reserve" funds to pay bills. With the help of Kevin Gilson, a volunteer consultant from within our community, last year's Board looked seriously at the financial reality. Their first step was to request the creation of the first-ever budget, which was drafted by the Finance Committee (which includes Dave and Delyth) and revised with Board input.

The 2014-2015 Board has approved the budget (which we call the *Spending Plan*), *marking a big step toward greater financial responsibility. We are excited about articulating a vision about how the Center is to allocate money as our income grows. We have a lot of optimism, realism, and energy around supporting and co-creating ICSG's dynamic future. We're also excited to benefit from your wisdom, experience, and participation. In the meantime, we want to highlight for you some major spending changes.*

Major Cuts in Spending for 2014

One spending change is that the Center will not be tithing part of its income to other spiritual groups. We began this practice several years ago, as it is a belief held dear by many of us that tithing brings us into greater alignment with our spiritual values, and benefits both tither and recipient. But since our present income does not meet our basic expenses, we have decided, for now, to not tithe outside the community.

The Spending Plan also eliminates funding of the Caring Committee from Sunday morning offerings. The Committee formed initially to provide meals, rides, and other support for members who were sick

or otherwise incapacitated. These are certainly services we intend to continue with your loving assistance, and a basket for donations for the Committee is still passed on potluck Sundays and placed out in the community room.

Finally, the Spending Plan decreases payments to guest speakers and eliminates the choir master salary. There were not easy decisions. But we believe these changes, though difficult, establish a plan that will move our finances onto solid ground. It is difficult to imagine further cuts. However, the Spending Plan is a "living document" that can be amended as our income changes.

A graph of monthly revenue and expenditures is posted outside the sanctuary each Sunday. We invite you to take a few moments to look at it. We are considering ways to help the community understand that the Sunday gifts and offerings comprise over 75% of our revenue. Consistent, generous Sunday tithes and offerings provide the means for a loving, stable home for our individual and collective spiritual growth.

Our goal is to be responsible servants to our community, safeguarding the Center's mission to provide a loving, accepting community for diverse seekers to discover, nurture, and celebrate the precious gifts of the Divine within our lives. We hope to see you on Sunday, June 29, at the next Quarterly Conversation in Community, for more conversation about our future. We're eager to hear your thoughts and ideas.

We are grateful to the Finance Committee for their contributions to this process, and for the love and support from the community.

Your Board of Trustees:

Jeanne Adwani, Diane Gledhill, Bob Hopkins, Lindsay Passmore, Pat Root, Judy Sauer, Sally Searls

Interspiritual meditation class

The interspiritual meditation class will begin on Saturday June 14th. It will be held from 10:00 am till 11:30 am on six Saturdays spread over an eight week time frame. There will be no class on June 21st and July 5th. We will spend some time each week talking about the technique followed by some time sitting in meditation, and then some time to reflect on people's experience. There will be a course pack distributed and you may decide to purchase the text, "Interspiritual Meditation" by Ed Bastian. Tuition for all six sessions is \$50. Sign up sheet will be available at the greeting table.

The Caring Committee



*Marilyn
Chair*



*Heide
Secretary*



*Joyce
Treasurer*



*Delyth
Liaison*



Judy

*If you
have a ser-
vice to of-
fer, please
contact
[Marilyn](#)*



Malcolm



Andy



Diane



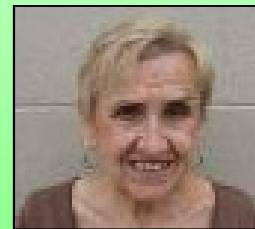
*Annie
Liaison*



*Tommy
Youth Ed rep*



Jack



Dana



Connie



Kellie



Interfaith Caring Committee Survey

We are looking for your participation and support of fellow Interfaith members in crisis in any way that is appropriate for you. If you are called on by a caring committee member to support a particular need, you always have the opportunity to decline if it doesn't work for you at that time. Please fill out this survey as completely as you are able. All gifts, skills, and talents are appreciated. Thank you for taking the time!

Name: _____ City/Part of town you live or work in: _____

Phone: _____ e-mail: _____

Best way to contact you: _____ Best times to contact you: _____

Check all areas that you are willing to participate in and specify any limitations...

___ Driver (Interfaith/appointments) ___ Craft Teaching (type) ___ Counseling (type)

___ Medical Equipment loan (type) ___ Meal Prep ___ Consulting (type)

___ Child Care ___ Errands ___ Cleaning ___ Yardwork ___ Snow Shoveling

___ Healing/energy work ___ Household Donations ___ Clothing Donations

___ Caregiver Break ___ Send Cards ___ Computer Help ___ Healing Music

___ Fun Companionship ___ Pet Care ___ Massage ___ Money Donation

___ Listening ___ Prayers ___ Respite Care ___ Join Caring Committee

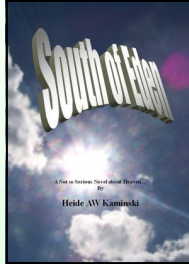
Other _____

Limitations and additional information:

I currently have need of (be specific):



Help Support Your Interfaith Family Businesses!



Now available on
Amazon.com
\$14.49
ISBN 1452061262 Paperback
and
\$9.99
ASIN: B0047DWAFO Kindle

Love's Green Clean
Zak & Kellie Love
People, Pet & Planet Friendly
Conscious Cleaners

Zak Cell: 248-843-8659
Kellie Cell: 248-843-8725
Office 810-208-0478
lovesgreenclean@gmail.com
838 Westwood Dr.
Fenton, MI 48430
Residential and Commercial Cleaning

Amy Advey, MSW, LMSW
Psychotherapy & Sex Therapy
Individuals & Couples

(734) 585-4746 p
(734) 531-0156 f
info@amyadvey.com

2030 Packard St., Suite B
Ann Arbor, MI 48104

Melanie Fuscaldo, LPC, NCC
Career, Life & Spiritual Coach

Live your dreams and
enhance your joy!

FREE initial consultation

1945 Pauline, Suite 10
Ann Arbor, MI 48103

(734) 668-2733 www.melaniefuscaldo.com



Vital Spirit Enterprises

Creating Very
Special Environments
for your peace of mind and
easy living

Guitar/Piano Lessons

Craig Brann

- Bachelor of Arts
- Music and Music Education
- Classical/Rock/Blues/Country
- Songwriting
- Suzuki 4 Kids

Discover Music!
Try it out with a
free lesson.

(734) 929-0632 <>
cbrann.guitar@gmail.com

Admit One
Free Lesson

★★★★★
Guitar
Or
Piano

Mac Assistance
from **Nicholas**
Ann Arbor's Neighborhood Mac hanic
(734) 945-1246 See what I can offer you at:
AppleNicholas.com



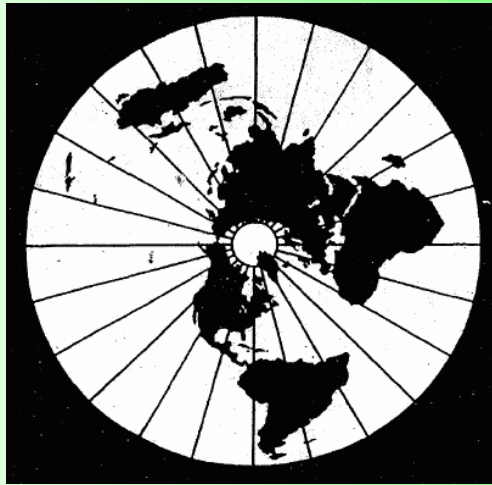
A-2 Handyman
Jack Richards

- drywall repair
- plumbing and electric
- carpentry repairs
- roofs to basements
- basic repairs

Insured, Reliable -35 years in Ann Arbor
Well referenced, low rates
(734) 757-5178
handymanjack45@gmail.com

VERSATILE SKILLS **JACK OF ALL TRADES**

**Peace in Our Lifetime
"The Peace Clock"**



Swedish: **FREDSKLOCKAN** Starting Now:
Wherever you are, perform a silent meditation for world peace
EVERY DAY AT 12 NOON FOR ONE FULL MINUTE

THE GOAL: To have EVERY PERSON ON EARTH performing this event

Synchronized Intention is the Key

- With an alarm, a bell, a note or any other method that works for you - remind yourself when it is noon in your time zone.
 - Acquire the active participation of your company, your school, community, city, state and nation.
- Involve radio and television - have them broadcast the PEACE CLOCK name, slogan and logo accompanied by one minute of silence every day.
 - Above all - approach all interactions with others in peaceful, constructive and creative ways.
 - Copy and share this information with as many people as you can.

PDF Fliers:

- Arabic: ساعة السلام Chinese: 和平默禱 Dutch: VREDESKLOK
- English: PEACE CLOCK French: UNE HORLOGE POUR LA PAIX
- German: FRIEDENS UHR Hebrew: שעון השלום
- Hungarian: BÉKEÓRA Italian: OROLOGIO DI PACE
- Japanese: ピース クロック Korean: 우리의 삶에 평화가 깃들길
- Pharsee: زمان نماي صلح Polish: ZEGAR POKOJU
- Portuguese: Hora da Paz Romanian: CEASUL PĂCII
- Russian: ЧАСЫ МИРА Spanish: UN RELOJ POR LA PAZ
- Swahili: SAA YA AMANI <http://peaceclock.org/>

