



Interfaith Inspirer

An Interfaith Center for Spiritual Growth News Publication

VOL. XIII, NO. 11, November 2017



Oracle Writing

By
Lauren Tatarsky

One of the ways in which I feel inspired to write is by taking my favorite quotes and expanding on their message, the way that I experience and understand the message. The project has developed into a kind of oracle card experience for me, seeing them as a message, intention, or practice for the day. When Heide asked me to share some writing for the month, I thought I would share some of this project with you. Perhaps you'd like to read one for each day, or each week, and let it become a spiritual practice for you. I hope you enjoy!

"Let yourself be silently drawn by the strange pull of what you really love. It will not lead you astray." –Rumi

What is it that makes your heart flutter? When do you feel the spark in your soul? Do you listen to it when you feel it, do you breathe into it and let it grow until it's loud enough for you to follow, each day and each moment? Or do you shy away for fear of where it might lead? These flutters and sparks are the ways our souls speak to us. They are messages from our inner guidance and they are trying to call us into being. We might be afraid to listen, for fear that the message will tell us that we have big changes to make. There might be a sense that this

spark is threatening or destructive to the life we have built up to this point. Sometimes this is true. Sometimes when we listen to the strange pull of what we really love, it requires us to leave old patterns, relationships, and structures. And sometimes it just allows us to deepen and enrich our lives in this moment. It is up to you to trust this strange pull, to listen to the flutter in your heart. Rumi's message is true, it will not lead you astray. Follow it. Let it be your guide. Trust that it will take you exactly where you are meant to go.

"There is a crack, a crack in everything. That's how the light gets in." –Leonard Cohen

In Japan there is an ancient art called kintsugi. It is the art of repairing broken items by fusing them together with gold. The lesson of kintsugi is that in our brokenness, we become even more valuable. Our imperfections and challenges are part of our story, part of our souls, and part of who we are. Being vulnerable and allowing our cracks to be visible actually brings more light into our lives. With our cracks, we are far wiser and far more real and this is what we all crave, to be real with one another. You are allowed to be imperfect. In fact, you absolutely must be imperfect because you absolutely must be human. You are allowed to make mistakes, even big ones. You are allowed say the wrong thing and do the wrong thing. We are not here to get it all right. We are here to show up in

all our beauty and all our mess. Hold yourself lightly and give yourself a lot of room for the gold to fill in, for the light to get in.

"Let your grief be as full of joy as it is of sorrow. Let it be proof of how much you loved, how deeply you've allowed life to live in you, how wide the river of your heart has become. Instead of turning away from love so as not to invite loss, love fully, and learn to grieve." –Elizabeth Lesser
Love and loss are two sides of the same coin. When we chose to love, we chose to risk our hearts. It is not an easy choice. The fear of loss runs deep, especially when we've known the pain of loss in our past. But a life without love loses its meaning, so we tenderly guide ourselves back towards love, instead of turning away. It is through deep grief that we can crawl our way out, stitch up our broken hearts, and open up to love again. Deep grief is a heart-opening emotion. It will clear the path. There is never a time where we forget the loss of someone we loved, so it is okay to grieve often throughout your life. Make space for your grief. Allow it to rise up in you and move through you whenever it shows up. Make it a spiritual practice. Light candles, wrap yourself in blankets, and let yourself weep until there are no tears left. And from that tender-hearted place, let yourself open to new love. There is room in your heart for love, grief, and more love. Don't turn yourself away.

Ministerial Miscellany

By Lauren Tatarsky

Hello Interfaith Family,

It continues to be a true honor for me to serve you as your Senior Minister. I am enjoying getting to know you all more deeply and sharing in the great work that is happening here. As we navigate these trying times together, I am always so grateful to gather in our community and experience beautiful music, share powerful words, and connect with our inner most being, Spirit, and one another. Thank you for being such a wonderful part of my own personal journey and for making this center the loving and enlightening space that it is.

In other news, I wanted to let you know about some big and exciting things that are on the horizon here at the Interfaith Center for Spiritual Growth!

ICSG Annual Benefit Concert and Raffle! Come join us the evening of December 9th for an exciting night of music and community at our biggest fundraiser of the year!! We will have between 8 and 10 local bands and musicians and a raffle of beautiful items and fabulous local services to treat yourself or to share with family and friends as holiday gifts. We will be selling raffle tickets in advance, so keep your eyes and ears out for that in the coming weeks. Spread the word! Share widely! Invite your co-workers and family and friends! The more the merrier for this special event. And don't forget your dancing shoes!

ICSG Visioning! The ICSG Co-creation team, with the support of an expert advisor, have been hard at work developing a visioning process for our center. Similar to the work of the Ministerial Search Committee, this group is creating a plan for us to gather YOUR wisdom and ideas and dreams and use them to inform our next steps as a center. This work is nothing without you, so please join us. The first meeting is Nov. 18th from 10:15a-2:00p (flyers with details are on the welcome table). We look forward to hearing your vision for the future of our unique and wonderful community!

Looking forward to continuing to share with you all in the coming months.

With Love,

Lauren



*Community
Member
of the Month*

Admirable

Alice



By Johanna Nader

This month we honor Mary Alice Truitt. Mary Alice is enthusiastic in her pursuit of spiritual integrity. She lives strongly in faith one day at a time. Mary Alice spent her early years in her Grandparent's home in Saline. There, she was exposed to a plethora of esoteric theories, mystical experiences, and metaphysical literature. Her concept of the Divine is that it exists everywhere and in everything. Mary Alice believes there are many ways to look at faith and spiritual practices; everyone has a way and a path that brings them to the Divine, they may now just be waking up to this possibility.

The Monday night ACIM study group is what brought her to the Center five years ago. She says she is beyond grateful to have found a space where she could remember how to be open to the multitude of interpretations of Divine experience. The Center has helped her heal from complex childhood traumas; it nourished her commitment to spiritual pursuit while engulfed in graduate studies at the University of Michigan for the last four years.

Mary Alice feels that Spirit has brought her to this point in the Center's history to assist and facilitate the co-creation of its future. Her non-profit education and spiritual quest have brought her to commit to the future the Interfaith Center for Spiritual Growth.

Mary Alice is a Co-Chair of the Board of Directors and Chair of the Co-Creation Team. This team was created to facilitate the co-creation of the visioning for the long-range future of the Center.

Mary Alice has a Master's degree in Public Policy as well as many years of experience working with nonprofit organizations. She says she "wants to help people who want to help people. There are many ways to do this, including just being present." She used to think this meant raising funds for organizations that provide emotionally intense services; but she has learned from the Center that help comes in many forms. Mary Alice still visits her grandparents every week for dinner and mystical, metaphysical discussions. We are so blessed to have Mary Alice with us to help create with us our future as a spiritual center.

Oracle Writing	pg. 1	Interfaith Roundtable	pg. 10
Ministerial Misc. & CMM	pg. 2	Faces of the CC	pg. 11
Message from the CC	pg. 3	Service Flyer	pg. 12
Calendar	pg. 4	Interfaith Entrepreneurs	pg. 13
Board Min.	pg. 5	World Peace Clock	pg. 14
Peggy and Rob	pg. 6		
Imprint	pg. 7		
Café 704	pg. 8		
Youthful Spirits	pg. 9		

VIDEO PROJECT

In honor of Dave Bell's retirement, the creation of a video by Patti Dallas, a new resident of Ann Arbor, is completed, which includes interviews with Dave and our new senior minister, Lauren Tatarsky. There are also clips from past services, comments from community members, and music.

Note from Delyth: "We are truly blessed to have Patti show up in our midst and offer her videography talent to us for this project. Patti is willing to accept whatever funds are collected through the sale of her music recordings and the sale of the DVDs as remuneration for her work. I thoroughly enjoyed viewing the DVD."

DVDs are now available for \$20!

Message from the Caring Committee

Each and everyone of you can turn to the Caring Committee when you have a need— and many of you have. We always do our best to help you or lead you in the direction where you can find help that is outside of our committee's ability range. Now it is our turn to ask YOU for assistance. We are a small group and just can't do it all...

Currently, we are seeking some volunteers:

- We need someone to take over the coordination of people who need transportation and people who are willing to provide transportation. We have a system in place and training can be provided. Preferably, you will join the CC and attend our one-a-month meetings (generally 4th Sunday of each month, immediately following the service).
- We need people who are willing to coordinate the annual Thanksgiving and Christmas dinners. You do not need to be a member of the CC.
- We are looking for individuals who will assist for a one-time current need of spending some time helping a member of our community with the task of downsizing—meaning organizing items into "keep," "sell," "give away," and "throw away" boxes.

Please contact Marilyn Alf or any member of the CC for details.

Namaste, the Caring Committee

A decorative border made of small pumpkin icons surrounding the text.

Thanksgiving Dinner
Our annual Thanksgiving Dinner
sponsored by the Caring Committee
Will take place on Thanksgiving Day at 1 p.m.
Turkey provided by the CC
Please bring a dish to share
Feel free to sign up to help set-up,
serve, and/or clean up
See you then!
Happy Thanksgiving!

A photograph of a roasted turkey on a platter.

Sunday Celebration Services
are held at 10:45 a.m. at
704 Airport Blvd.,
(off S. State Street) near I 94



MISSION STATEMENT

*Spiritual seekers joining in
community to attract others of
like mind, creating an atmos-
phere and structure to foster
and stimulate our individual
and collective spiritual growth.*

Mark your calendars!

CAFE 704 CONCERT SERIES

Saturdays

November: Shekinah and Friends

PEACE
GENERATOR
AUGUST 18



**The Service
begins at
10:45 a.m.**

Mon

Tue

Wed

Thu

Fri

Sat

*The speaker/ topic
are in bold/italic*

R indicates the
reader

M indicates the
meditator

MU indicates the
musician.

The newslet-
ter submis-
sion
deadline is
November 19

Birthdays are
indicated in
bold/italic
**Happy
Birthday!**

1

6:30-8:30 p.m.
Creative Writing
Workshop

Diane Horn

2

Noon—1:30 p.m.
ACIM
6:30—8:30 p.m.
Science of Mind

7:15-8:30 p.m.
Speaking Circle

3

7-9 p.m. Healing
Energy Session
with Gregory
Weathers

4

8:30 a.m. AA
**7:30 p.m. Drum
and Dance Jam**

*Sally Searls
Holly McNamara*

5

**Rev. Lauren:
Divine Inspi-
ration**

R: Anne,arie H.
M: Brett K.
MU: Shekinah
Potluck

Laurel Emrys

6

10-noon Dynamic
Transformation

6:45 p.m. ACIM

7 p.m. Great
Balanced View
Video Meeting

Carol Perault

7

10:30 a.m. The
Power of Now
Discussion Group

5:30 p.m. Com-
munity Gathering/
Potluck and Reiki
Share

8

6:30-8:30 p.m.
Creative Writing
Workshop

Cathy DeLauter

9

Noon—1:30 p.m.
ACIM

7:15-8:30 p.m.
Speaking Circle

10

7-9 p.m. Healing
Energy Session
with Gregory
Weathers

Andy Gowman

11

8:30 a.m. AA
8 p.m. Café 704

12

**Rev. Lauren:
Wounded
Healer**

R: Mary Alice T.
M: TBA
MU: One Voice

13

10-noon Dynamic
Transformation

6:45 p.m. ACIM

7 p.m. Great
Balanced View
Video Meeting

14

10:30 a.m. The
Power of Now
Discussion Group

5:30 p.m. Com-
munity Gathering/
Potluck and Reiki
Share

15

6:30-8:30 p.m.
Creative Writing
Workshop

Bob Hopkins

16

Noon—1:30 p.m.
ACIM

6:30—8:30 p.m.
Science of Mind

7:15-8:30 p.m.
Speaking Circle

17

7-9 p.m. Healing
Energy Session
with Gregory
Weathers

Peace Generator



18

8:30 a.m. AA
8 p.m. Spiritual
Cinema

19

**Rev. Lauren:
The Gift of
Gratitude**

R: Craig H.
M: Brett K.
MU: Dancers
for Life

Rod Rodriguez

20

10-noon Dynamic
Transformation

6:45 p.m. ACIM

7 p.m. Great
Balanced View
Video Meeting

21

10:30 a.m. The
Power of Now
Discussion Group

5:30 p.m. Com-
munity Gathering/
Potluck and Reiki
Share
*Anna Marie
Heinrich*

22

6:30-8:30 p.m.
Creative Writing
Workshop

Joy Pendleton

23

Noon—1:30 p.m.
ACIM

7:30 p.m. Urantia
Book Study
7:15-8:30 p.m.
Speaking Circle

24

7-9 p.m. Healing
Energy Session
with Gregory
Weathers

Nancy Ogilvie

25

8:30 a.m. AA

26

Rev. Delyth
R: TBA
M: Joy P.
MU: Jill
Halpern

CC meeting

Al Carter

27

10-noon Dynamic
Transformation

6:45 p.m. ACIM

7 p.m. Great
Balanced View
Video Meeting

28

10:30 a.m. The
Power of Now
Discussion Group

5:30 p.m. Com-
munity Gathering/
Potluck and Reiki
Share

29

6:30-8:30 p.m.
Creative Writing
Workshop

Larry Robison

30

Noon—1:30 p.m.
ACIM

7:15-8:30 p.m.
Speaking Circle

Board
meeting this
month is on
October

October Board Minutes By Tony Nader

Present: Lauren, Mary Alice, Delyth, Pat,
Tony, Ray, Kevin Gilson, Annie
Absent: Steve, Lindsay, Marlena

Lauren

Her key events of focus are the Benefit, Community Visioning, and 20th Anniversary of ICSG. She is very interested in how we promote the Benefit. One of her concerns is how do we create focus with all that we're doing at the Center. Edie Lewis is working with her to continue Uncomfortable Conversations about Race and Racism. Plans for expanding LGBTQ awareness is still in the works but may have to wait until next year.

Mary Alice

She reported on the Visioning event, she handed out info on Positive Questions and Appreciative Inquiry. She is holding a meeting next week.

Delyth

The first two weeks of October hit 48% of our monthly goal and there are five weeks in October. The appeal letter will be going out soon, signed by Lauren. Kickshaw theater is good to go; they start Jan. 23. She is concerned about website maintenance because updating events in the calendar is important. We need this done by the end of October. [we need a website volunteer]

Upcoming Events

QCC - Oct 29, Community Visioning - Nov 11;
Benefit - Dec 9

Leadership Team Meeting Report from Kevin Gilson:

Roaring 20's Program – Sally Searls is looking for volunteers to help with creative planning and logistics. A proposed event schedule for 2018 was presented with activities listed for each month. The schedule is not

yet finalized. The kickoff will be the New Year's Party on December 31/January 1. Sound Technician Committee – needs: new music equipment and more technician volunteers
Jill was pleased that the benefit for new equipment resulted in \$632 to be used for new microphones (to minimize the feedback issues) and stands, as well as other equipment. She noted that Scott McWhinney leaves his personal equipment at the Center for our use without compensation. Some of it needs replacement. She also presented a schedule of Technicians to ensure that each Sunday is covered.
Greeters Committee – Randall needs more volunteers to greet arrivals for Sunday Celebration Service.

Café 704 – Al: Al reported that there are now 3 openings for acts for the 2018 café dates. The Name the Dogs raffle will take place in December with a 50/50 raffle.



Here is a beautiful 2018 Interfaith Calendar for yourself or for you to use as a holiday gift. We have had these for sale for the last few years, and here they are again. Beautifully made, with references to hundreds of sacred holidays, they can serve as a good reminder of what other faith traditions are celebrating throughout the year. You can order them by contacting us at gbrides@umich.edu. \$15 each.



Blow, Wind, Blow, Blow All
My Troubles Away*

By Rob Fagerlund

Wind is something that has always fascinated me. Like the Spirit, we have never seen it, only the results of its presence. I have seen (only on television, thank God) dark hurricanes that are only visible because of the dirt and debris they have captured and brought along. I have seen leaves dance individually in place, suspended on a massive tree. I have seen squirrels with their backs to the wind and the outer level of fur on their tails resisting futilely. I have seen huge clouds rushing wildly in the storm. I have seen small clouds delicately change shape against a blue sky. I have seen powerful waves on the ocean crash mightily against the shore. I have seen lovely ripples on a pond on a summer's eve.

I have seen and heard Crows before a storm, flying quickly and cawing loudly, making sure everyone knows what's coming. (They are never wrong.) I have seen Vultures, flying so beautifully on the current, using the breezes so deftly that they don't even need to flap their wings. The most subtle, barely visible motion of their wing can turn them and send them veering across the sky.

I have seen people rushing against the wind, one hand on their hats or skirts. I have felt it against my face, in winter with a bite, and in summer like a cool drink of water.

I have watched a child chase after the bubbles he has blown, and heard his delighted laugh.

But I have never seen the wind.

And I have never even heard the wind. When the wind blows against your house, is it your house or the wind that is making the noise? I know that's a little like asking if a tree falls in a forest and there is no one around to hear it does it still make a noise. Yet as I whistle the old Fats Domino song Blow, Wind, Blow, I can't help but wonder what is making the sound – the air, or my lips?

But anyway, I have never seen the wind.

And I have never seen Spirit.

I have, however, seen dark hurricanes...leaves...a massive tree...squirrels...clouds...sky...waves...ocean...ripples on a pond...etc.

For me, I know the wind is there. And like the Spirit, it is always there.

For me, I know the Spirit is there. And like the wind, the Spirit is always there.

The title of a song by the late great Antoine "Fats" Domino & Dave Bartholomew

**HEART WOMAN: Inner
Knowing and Integrity**

By Peggy Lubahn

This "Heart Woman" is filled to bursting with the radiance of universal love and light from within. She stands firm in heart essence and represents the highest and best in each of us.

This card requests that you, whether man or woman, connect

with this woman of heart and your own inner knowing and core integrity. How might you more fully embrace life's potential and live wholly from your heart? What needs to come to the surface in order for you to be able to live your personal truth?

There's no need to fear this process! It will help you release feelings of inadequacy and realize that by the original integrity of your soul, you are a powerful being of manifestation. Choose to connect with your inner knowing and the reality of your divinity, and let your light shine out into the world!

This brilliance is fundamental to all beings. As you let your gifts shine, you also give other people permission to do the same. As you are liberated from the worry of not being good enough, your presence will liberate others from that ancient burden. Allowing your light to be a beacon of support and encouragement in someone else's darkness might help to free them from the shadow and dullness that holds so many in a prison of self-doubt.

Stand fully in your own inner knowing and trust the integrity of your heart!

*The deck: Sacred Geometry
Cards for the Visionary Path by
Francene Hart*

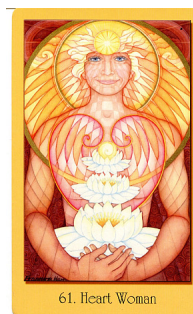




Image from peaceseeds

Caring Committee Contact List

Marilyn Alf, Chair sd2aa@hotmail.com,

734-761-6698

Heide Kaminski, secretary and co-chair,

mommyk@tc3net.com,

517-423-9001

Kellie Love, co-chair

kellie.love@interfaithspirit.org,

248-343-8725

Tommy Kaminski, tally keeper, 517-423-9001

Judy Bell, dabellsj@comcast.net,

734-994-0018

Annie Kopko revanniekopko@gmail.com,

734-358-1328

Delyth Balmer, delyth.balmer@interfaithspirit.org,

734-657-5384

Jack Richards, handymanjack45@gmail.com,

734-489-5703

Beth Rockwell, rocksnotes@aol.com

Idgie Patterson, bdgidg@gmail.com

Jan Peacock, jpea80@comcast.net,

734-660-8411

Mike O'Shea, mwposhea@yahoo.com

586-770-2904

Khristian Speelman, ksmithspeelman@gmail.com

Sue Booker

CONTRIBUTORS WANTED!

We would love to have your input in the newsletter: spiritual moments, movie/book reviews, exciting announcements, poems, etc.

We try to have the newsletter ready for final editing by the third Sunday of each month. Please send contributions to Heide at mommyk@tc3net.com with "Interfaith submission" in the subject line. If you do not mention Interfaith, your email might get kicked right into the recycle bin by my spam filter.

If you cannot email your contribution, you may give it to Heide on Sunday.

To receive the online newsletter, go to <http://lists.interfaithspirit.org/listinfo.cgi/interfaithinspiner-interfaithinspiner.org> to subscribe.

Want to hear from us throughout the week? Receive or send email through Interfaith Yahoo by going to

<http://groups.yahoo.com/group/InterfaithSpirit/>

Namaste from your newsletter team: Heide, Esther, and Lindsay.

BOARD OF TRUSTEES

Pat Root, Chair

Mary Alice Truitt, Co-chair

Tony Nader, secretary

Marlena Studer, member

Lindsay Passmore, member

Ray Fix, member

Steve Orlowski, member

Board email address is

board@interfaithspirit.org

STAFF

Lauren Tatarsky, Minister

Delyth Balmer, Administrator and Associate Minister

Annie Kopko, Associate Minister

Alaura Massaro, Music Director

Dawn Swartz, Choir Director

Heide Kaminski and Kellie Love, Youth Education Directors

Tommy Kaminski, Nursery

NEWSLETTER/WEBSTAFF

Heide Kaminski, Editor-in-Chief

Esther Reilly, Proofreader

Lindsay Passmore, Steve Lyskawa, Webmasters

NEWSLETTER ADDRESS

Heide AW Kaminski

heide.kaminski@interfaithspirit.org



Cafe 704

Jim
Cooney



Tim
Berla



Gary
Williamson



Griff
Griffin



**Café 704
Coffeehouse**
featuring:

Shekinah E.
& Friends

**Saturday,
NOV. 11, 2017**
8:00 P.M. (doors: 7:30)

Café 704 is located within
InterfaithCenterforSpiritualGrowth
704 Airport Blvd., Ann Arbor 48108
Suggested donations @ door (\$8).
Snacks available at intermission.
Full details & map linked at:
cafe704.org



Invited Artist for 11-11, Shekinah Errington, will return to the Café 704 stage with four of her bandmates and their shared bands (*also featuring: a cameo by Karl Diez*). Shekinah E. is a vocalist, and will play a bit of mandolin, accordion, and percussion in this eclectic show. The artists will perform both originals & covers, in styles ranging from jazz to country, to folk-&-pop-rock. For more info on Shekinah E. & her invited artists, see the following publicly accessible fanpages:
<https://www.facebook.com/Shekinah-E-139579786080722/>
<https://www.facebook.com/Old-Friends-373068529424061/>
<https://www.facebook.com/IsoscelesTrio/>

Griff 'n Shek



Old Friends



Isosceles



Youthful Spirits



*Love, Light, and Laughter
Heide, Kellie, Tommy, Dawn, and the Youthful Spirits*



**Interfaith Round Table
of Washtenaw County**

23rd Annual

Interfaith Thanksgiving Celebration



Interfaith Round Table Supporting Congregations

*Ann Arbor Friends Meeting
Baha'i Spiritual Assembly
Beth Israel Congregation
Bethlehem United Church of Christ
Blue Ocean Faith
Chinmaya Mission
Church of Jesus Christ of Latter-day
Saints
Church of Scientology
Dixboro United Methodist Church
First Baptist Church
First Church of Christ, Scientist
First Congregational Church
First Presbyterian Church
First United Methodist Church
Lord of Light Lutheran Church
King of Kings Lutheran Church
Muslim Community Association
Shalom Community Church
St. Andrew's Episcopal Church
St. Clare's Episcopal Church
Trinity Lutheran Church
Unity on Campus Ministry
Zen Buddhist Temple
Zion Lutheran Church*

irtwc.org

**Sunday
November 19th
7 pm**

**6 pm - Beth Israel Open House
with Rabbi Dobrusin**

**Beth Israel Congregation
2000 Washtenaw Ave
Ann Arbor, MI 48104**

In Gratitude For Our Sacred Diversity

Join us as we give thanks with readings, music, and meditations from a wide variety of faith traditions around the theme of "In Gratitude For Our Sacred Diversity." Refreshments following the celebration. Donations accepted for non-perishable food or turkey money to help those in need in our community. 2018 Interfaith Calendars also available.

**For more information, call Rev. George Lambrides
at 734-424-1535 or email gbrides@umich.edu.**

The Caring Committee



*Marilyn,
Chair*



*Heide and Kellie,
Vice Co-chairs*



*Tommy, record
keeper*



Khristian



Annie



*Delyth,
Liaison*



Idgie



Beth



Judy



Michael



Jack



Jan

If you have a service to offer, please contact [Marilyn](#)



Interfaith Caring Committee Survey

We are looking for your participation and support of fellow Interfaith members in crisis in any way that is appropriate for you. If you are called on by a caring committee member to support a particular need, you always have the opportunity to decline if it doesn't work for you at that time. Please fill out this survey as completely as you are able. All gifts, skills, and talents are appreciated. Thank you for taking the time!

Name: _____ City/Part of town you live or work in: _____

Phone: _____ e-mail: _____

Best way to contact you: _____ Best times to contact you: _____

Check all areas that you are willing to participate in and specify any limitations...

___ Driver (Interfaith/appointments) ___ Craft Teaching (type) ___ Counseling (type)

___ Medical Equipment loan (type) ___ Meal Prep ___ Consulting (type)

___ Child Care ___ Errands ___ Cleaning ___ Yardwork ___ Snow Shoveling

___ Healing/energy work ___ Household Donations ___ Clothing Donations

___ Caregiver Break ___ Send Cards ___ Computer Help ___ Healing Music

___ Fun Companionship ___ Pet Care ___ Massage ___ Money Donation

___ Listening ___ Prayers ___ Respite Care ___ Join Caring Committee

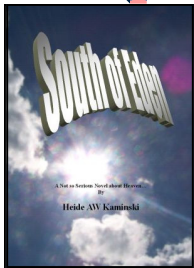
Other _____

Limitations and additional information:

I currently have need of (be specific):



Help Support Your Interfaith Family Businesses!



Now available on
Amazon.com
\$14.49
ISBN 1452061262
Paperback
and
\$9.99
ASIN: B0047DWAFO
Kindle



Melanie Fuscaldo, LPC, NCC
Career, Life & Spiritual Coach


Live your dreams and
enhance your joy!

FREE initial consultation

1945 Pauline, Suite 10
Ann Arbor, MI 48103

(734) 668-2733 www.melaniefuscaldo.com

Zak & Kellie Love
People, Pet & Planet Friendly
Conscious Cleaners

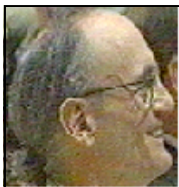


Love's Green Clean


Zak Cell: 248-843-8659
Kellie Cell: 248-843-8725
Office 810-208-0478

lovesgreenclean@gmail.com
838 Westwood Dr.
Penton, MI 48430

Residential and Commercial Cleaning



Mac Assistance
from **Nicholas**
Ann Arbor's Neighborhood Mac hanic
(734) 945-1246 See what I can offer you at:
AppleNicholas.com



Vital Spirit Enterprises
Creating Very
Special Environments
for your peace of mind
and easy living

"You name it,
we'll organize it!"

Valoree Sprentall
www.valoreesprentall.com
734-340-6245 home
734-604-9890 cell

Craig Brann

Guitar/Piano Lessons

- Bachelor of Arts
- Music and Music Education
- Classical/Rock/Blues/Country
- Songwriting
- Suzuki 4 Kids


Admit One
Free Lesson

Discover Music!
Try it out with a
free lesson.

(734) 929-0632 <>
cbrann.guitar@gmail.com

Guitar Or Piano

A-2 Handyman
Jack Richards



- drywall repair
- plumbing and electric
- carpentry repairs
- roofs to basements
- basic repairs

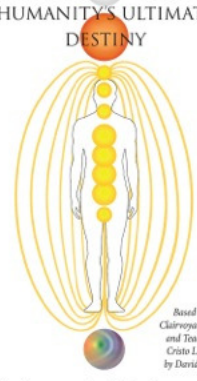
Insured, Reliable - 35 years in Ann Arbor
Well referenced, low rates
(734) 757-5178
handymanjack45@gmail.com

VERSATILE SKILLS **JACK OF ALL TRADES**



SHOP HERE FIRST!
Flying Dragon Thrift Store
Owners: Heide and Tommy
Look us up on FaceBook,
or call/text Heide at
517 673 1888 to find out if we have what you
are looking for. We have clothes, furniture,
gadgets, toys, books, cool crafts, and what-
nots you can't resist. MUST SEE! Trip to
Tecumseh is worth it!

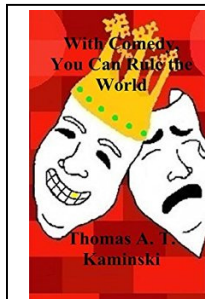
David Winfree's New Book
THE EVOLUTION OF THE
HUMAN ENERGY FIELD AND
HUMANITY'S ULTIMATE
DESTINY



Based on the
Clairvoyant Insights
and Teachings of
Gratia L. Bowers
by David Winfree

Available at: www.davidwinfree.com/book

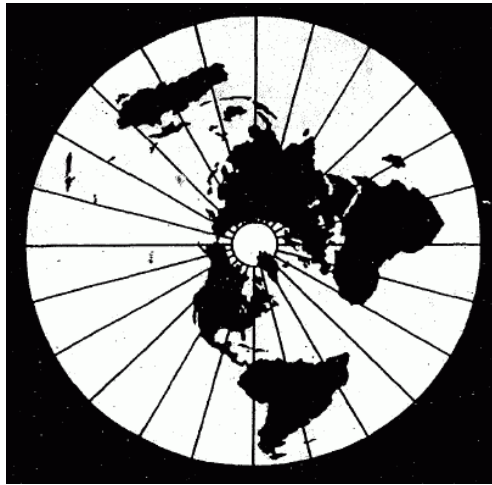
**Your
ad
right
here**



Written by our very own formerly Youthful Spirit, now adult member of the Center, as well as the nursery worker for two years, this book is a hoot to read!
Available on Amazon: amazon.com/Comedy-Rule-World-Fantasy
Or you can get a signed copy at the Center!



**Peace in Our Lifetime
"The Peace Clock"**



Swedish: **FREDSKLOCKAN** Starting Now:
Wherever you are, perform a silent meditation for world peace
EVERY DAY AT 12 NOON FOR ONE FULL MINUTE

THE GOAL: To have EVERY PERSON ON EARTH performing this event

Synchronized Intention is the Key

- With an alarm, a bell, a note or any other method that works for you - remind yourself when it is noon in your time zone.
 - Acquire the active participation of your company, your school, community, city, state and nation.
- Involve radio and television - have them broadcast the PEACE CLOCK name, slogan and logo accompanied by one minute of silence every day.
 - Above all - approach all interactions with others in peaceful, constructive and creative ways.
 - Copy and share this information with as many people as you can.

PDF Fliers:

- Arabic: ساعة السلام Chinese: 和平默禱 Dutch: VREDESKLOK
- English: PEACE CLOCK French: UNE HORLOGE POUR LA PAIX
- German: FRIEDENS UHR Hebrew: שעון השלום
- Hungarian: BÉKEÓRA Italian: OROLOGIO DI PACE
- Japanese: ピース クロック Korean: 우리의 삶에 평화가 깃들길
- Pharsee: زمان نماي صلح Polish: ZEGAR POKOJU
- Portuguese: Hora da Paz Romanian: CEASUL PĂCII
- Russian: ЧАСЫ МИРА Spanish: UN RELOJ POR LA PAZ
- Swahili: SAA YA AMANI <http://peaceclock.org/>

